



MBBC

More Bicycling = Better Community!

Mount Baker Bicycle Club Newsletter, Vol 25 No 7, August 2016

Let's Ride during our favorite summer month of

August

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This month's contributors:
Hilary Higgins, Bill McCourt,
Kathy Salisbury, Doug
Schoonover, Eric Stromerson,
Jerry Ziegler. Thanks All!,



the club online:

mtbakerbikeclub.org
chuckanutclassic.org

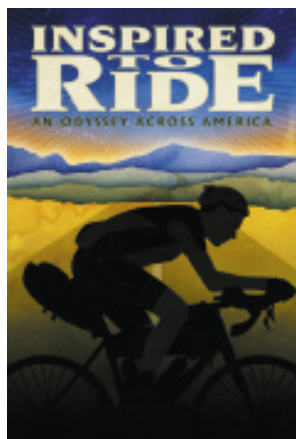
and our social sites:



Chuckanut Classic - the MBBC's signature ride! Coming up on **August 28th**: sign up now! *see p. 5*

Bill's Hills - Club-sponsored epic century ride in Bellingham! **August 7th**. *see p. 5*

Inspired to Ride - an odyssey across America - film at the Pickford, **August 16th**: 6:30 and 8:45 pm. *see p. 7* Supports the MBBC!



Lopez Island Ride - Family-friendly MBBC fun ride in the San Juan Islands: **August 13th**. *see p. 4*

Summer Ride - Easy guided ride around Lynden - **August 7th** - *see p. 4*

Fanatik

Women's Ride

- Annual Bike-to-Beer Cruiser and Scavenger Hunt - **August 31st** - *see p. 3*

Tour de Whidbey - MBBC members get \$10 rebate at registration! **August 20th** - *see p. 3*

AUGUST CALENDAR IS PACKED!

We hope to see you for some or all of the many events coming up!

See details on p. 3, 4, 5, and 7 of this newsletter and on mtbakerbikeclub.org.



SUMMER RIDES



WEEKLY AND GROUP RIDES: SPRING/SUMMER EDITION

Sunday Edison Social Ride starts from Edison Elementary School parking lot. 30-40 miles, 10-14 mph, route varies. 10 am start time. For additional info: Alfred Arkley arkley@comcast.net or 360-527-8638

Sunday Rabbit Ride: 32mi road ride, south on Chuckanut, back via Colony and Lake Samish. All welcome; come prepared to push yourself. Pace varies by individual. Small similarly-paced groups leave from Fairhaven Bike. Those who ride slower than 16 mph, be ready to ride by 7:45am (summer start time). Faster groups leave every 5 minutes thereafter. John Hauter, johnh@fairhavenbike.com 733-4433 fairhavenbike.com/about/sunday-rabbit-ride-pg355.htm



Sunday Long-Slog Ride (MBBC ride): for riders who want to build strength and endurance. Pace has increased to 14-16 mph, distance now over 50 miles. Meet 9am at the bike racks behind Boulevard Park Woods Coffee. Info: news@mtbakerbikeclub.org or 961-6684

Tuesday Ferndale Social Ride: starts from Pioneer Park in Ferndale, 30-40 miles, 13-16 mph route varies. Start time 10am. To check time and other info: Bob Parker rmp-4724@hotmail.com or 360-671-6910

Tuesday "Hot Laps" 30-40 miles, race pace. Training ride departs from Kulshan Cycles at 6pm to a practice road race course. Summer months only.

Tuesday Evening Ride (MBBC ride): Start at WCC northeast parking lot. Meet 5:45pm leave at 6pm. Initially riders will be group by ability and average speed. (14-16

mph, 16-18 mph, 18+). 15-20 miles. Ride focus on the skills necessary to ride in groups. We will concentrate on safe riding practices, pace-line skills, how to overtake other riders and pass them in a safe manner, and how to deal with traffic. Info: Doug Schoonover 410-6431

Wednesday Group Road Ride (MBBC ride): Meet 5:45pm, leave 6pm from parking lot across from Boundary Bay Brewery on Railroad Ave. Split into moderate (14-16 mph) and fast (18+) groups for 25-30-mile road ride. Info: t.ryan.2009@gmail.com

Wednesday Fast Road Ride: Leave 6pm from parking lot across from Boundary Bay Brewery. Race-pace 20+ mph, separate from the MBBC ride above.

Thursday South Social Ride starts from Edison Elementary School parking lot. 30-40 miles, 10-14 mph, route varies. 10 am start Info: arkley@comcast.net, 360-527-8638

Thursday Up County Ride (MBBC Ride): 16-18 mph pace, 20 miles. 6pm at Immanuel Lutheran Church, 1/2 mile N of Mt Baker Hwy on Hwy 9/Lawrence Rd. A ride for you county folk in Everson, Nooksack, Deming. Info: Joka001@Luthersem.edu, 360-393-2435 or 360-325-3777.

Saturday Donut Ride: 24 – 45 miles, race pace, departs from Kulshan Cycles, 7am summer-season start time. Goes to Ferndale and return, or if you wish continue to Birch Bay and return. Every week of the year!!

Saturday Recumbent Ride: Second Saturday of the month at 10 am. 14 mile intown course begins at Kulshan Cycles. Weather-dependent. Robert Parker at rmp-4724@hotmail.com or 360-671-6910



REQUEST FROM CITY OF BELLINGHAM: WEDNESDAY NIGHT RIDE-GATHERING ETIQUETTE

The city has asked us to share a message about the Wednesday Night Rides to/from the Depot Market on Railroad. Be aware of cars navigating in and out of the parking lot while cyclists are gathering for the ride. We sometimes congregate in the traffic lanes and there have been complaints to the city that cyclists are unwilling and resistant to letting cars pass. Consider gathering in the back most area next to the concrete wall to minimize blocking vehicles!

The Depot is a great resource for us all and it is to our advantage to be good stewards. Please encourage other riders to be considerate as well as you get together on Wednesdays before and after the great summer evening rides! As Mike McQuaide says: "Be a bike ambassador. Disprove the notion held by some drivers that 'all riders are chuckleheads.'"

EVENTS IN 2016

MBBC CLUB RIDES IN 2016

List of remaining club rides for 2016. Mark your calendar and watch for details each month.

Aug 7: Bill's Hills - 100 miles and 10,000 ft of climbing within Bellingham. Bill McCourt, ride coordinator

Aug 13 MBBC Lopez Island ride, family friendly, casual ride, Eric Stromerson ride coordinator

Sept 10-11 – MBBC goes to ride Hurricane Ridge, Hilary Higgins ride/trip coordinator

November 25: day-after-Thanksgiving Ride

December 14 Winter Lighted Neighborhoods Ride

Classes & Training

Bellingham REI Cycling maintenance classes: check the monthly calendar at rei.com/stores/bellingham.html.

August 14, Aug 21 - Hands-On Maint: Drive Train

August 15 - Bike Maintenance Basics, Level 1

Rides Events

Fanatik Women's Rides 2016 Series

see *Fanatik Women's Rides* on Facebook and the event calendar at EvergreenMTB.org

August 17: Tolt MacDonald MTB Ride, Carnation

August 18: Some Like it Sweet: Bellingham

August 31: Beer Cruiser: Bellingham

Sustainable Connections annual Whatcom County

Farm Tour: do it by bike! **September 10th, 10am-5pm**
sustainableconnections.org/Food and Farming Home/
whatcom-county-farm-tour-1

The MBBC is working with Sustainable Connections to create a bike route and hopefully a guided 25 or 50 mile ride to see many of the farms on the tour! Check the MBBC website and watch for updates in September!

Races

August 7: Bellingham Youth Triathlon - cob.org/services/recreation/races/Pages/bellingham-youth-triathlon.aspx

Sept 17: Bellingham Traverse
recreationnorthwest.org/bellingham-traverse

Sept 24: Big-Hurt Port Angeles - 4 legs, 1 event. bighurtpa.com

May - October BMX racing, Fridays and Saturdays; practice track open Tuesday & Thursdays. bellinghambmx.com

Gatherings

Inspired to Ride film showing at the Pickford -

August 16, 6:30pm and 8:45pm (see p. 7 for details)

pickfordfilmcenter.org/programs/pickford/inspired-to-ride. These film showings are sponsored by the MBBC and a percentage of ticket sales will be donated back to the club. Plan to attend one of the showings and bring your friends!

Anacortes Open Streets - August 28, 11am to 3pm Open Streets is a celebration of a car-free downtown, open to all for walking, cycling, skating... Commercial Ave (from 10th St to the Port) will become a park for the afternoon. Featuring a Classic Bicycle Show at 4th and Commercial. Jeff Groman and Bob Freeman will be bringing a sample of their vast collection of classic bikes, and speaking on history of bikes and racing. Come by after the Chuckanut Classic!

information: Jerry Ziegler: jerry.ziegler@hotmail.com 253-906-797 or Steve Jahn: stevedianjahn@gmail.com 425-830-4981

2016 RIDES

August 2016

6 Tour de Lavender (Sequim) tourdelavender.wordpress.com

6 & 7 Portland Century (Portland OR) portlandcentury.com

6-7 Sunshine Coast MTB trail challenge (Halfmoon Bay BC)

7 Bill's Hills of Bellingham (MBBC ride) mtbakerbikeclub.org

7 Summer Rides Series (Lynden) mtbakerbikeclub.org/summer

7 Ride the Hurricane - portangeles.org/pages/RideTheHurricane

12-14 Obliteride (Seattle) obliteride.org

12-13 RSVP 1 (Seattle-B'ham) cascade.org/ride-major-rides/rsvp

13 MBBC Club Ride (Lopez Island)

13-14 RSVP 2 (Seattle-B'ham) cascade.org/ride-major-rides/rsvp

20 Tour de Whidbey (Whidbey Island) Discount for MBBC members
whidbeyhealth.org/giving/tour-de-whidbey

20 Crater Lake Century (Klamath Falls OR) craterlakecentury.com/

21 Tour de Victoria (Victoria BC) tourdevictoria.com

28 Chuckanut Classic (Bellingham) chuckanutclassic.org

29 High Pass Challenge (Packwood) cascade.org/hpc

September 2016

4 Woods2Woods Summer Ride (Bellingham) mtbakerbikeclub.org

10-11 MBBC Club Ride (Hurricane Ridge)

10-11 MS 150 (Mt Vernon) bikewas.nationalmssociety.org/

17 Fall Flannel Frolic (La Conner) www.fall-flannel.com/

18 Cycle the WAVE (Seattle) cyclethewave.org

25 Kitsap Color Classic (Kingston) cascade.org/kitsap-color-classic

October 2016

1 Manastash Metric Century (Ellensburg) drier-ride.org

November 2016

25 Day-after-Thanksgiving Ride (MBBC Ride - Bellingham)

December 2016

14 Lighted Neighborhoods Ride - (MBBC Ride - Bellingham)

Want to become an outstanding Indoor Cycling Instructor?

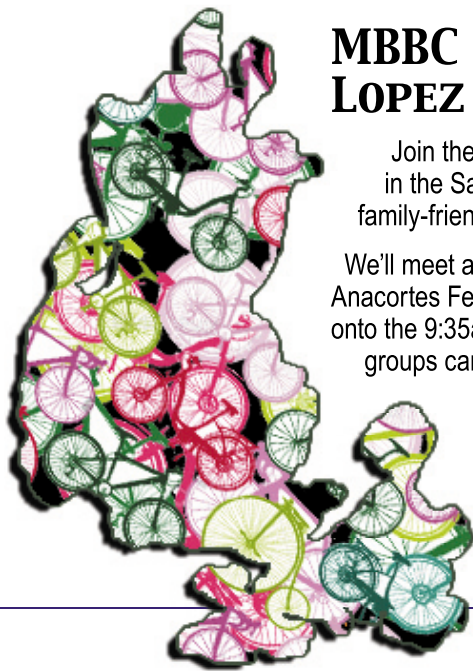
We are now accepting applications for positions in our

- Indoor Cycling Programs
- Cycle Moles
- Healthy Knees Cycling

Training includes a full day workshop and certification as a Healthy Knees Coach Cycling Specialist. Please submit a cover letter with your cycling experience, times/days you'd be available to teach, and resume to:
Robin@bellinghamtennis.com

800 McKenzie Ave. Bellingham, WA 98225



MBBC FAMILY-FRIENDLY RIDE ON LOPEZ ISLAND: AUGUST 13

Join the MBBC on a summer ride around Lopez Island (the "flat one" in the San Juans) on Saturday, August 13. Ride an easy 12-14 mph family-friendly pace on a no-drop ride to celebrate a beautiful summer day.

We'll meet at the Sehome Starbucks (near REI) at 7:30 am to carpool to the Anacortes Ferry. We will park at the ferry terminal and board with our bikes onto the 9:35am ferry to Lopez. We'll do the Tour de Lopez routes: different groups can take their choice of the 10, 18, or 31-mile routes. We'll regroup at Lopez Village for lunch then will catch the 2:40 pm ferry back to Anacortes.

Map: lopezisland.com/tourroutemap.htm

Questions: Eric Stromerson, 360-224-0763 or ericbs63@aol.com

SUMMER RIDES are back!

We roll at 1pm
First Sunday of the month

The **MBBC/Smart Trips Summer Rides** are social rides covering easy, fun routes of around seven miles. Each ride has a different theme with goodies along the way. Children welcome with supervising adult. Those under 5 y/o must be attached to an adult's bike (Tag-along, attached bike seat, trailer...) Rides will be on paved road shoulders as well as trails.



Rides will be led by Smart Trips leaders. MBBC riders are needed to help sweep and to assist slower riders if needed. Average riding speed is slower than 9 mph, so be prepared to be patient. If you can help with a ride please arrive at the start at 12:45 pm and introduce yourself to the Smart Trips leaders.

Updated details: mtbakerbikeclub.org/summer

August 7: Breeze Through Lynden

Bike to Fresh Breeze Organic Dairy farm to meet cows and the farmers who love them. Learn about Organic farming and why it makes a difference. You'll be fueled along by delicious Whatcom County chocolate milk. Finish with a jaunt through Lynden and stop at the newly remodeled Waples Building, home of the Inn at Lynden. Ride meets at City Bible Church North Sound, 1986 Main Street, Lynden. 1pm, August 7. Note: there are two loops on this ride: the first is a seven-mile loop to the dairy farm, the second is a five-mile loop into Lynden. Meet at 1pm for the farm portion, and at 2pm we will return to City Bible Church to begin the second loop. Ride both or just one.

September 4: 2016 finale: Woods 2 Woods

Choose from a self-guided tour of all 15 Whatcom County Woods Coffee shops (the Giant Redwood Challenge – approx 70 miles) or join us on a social-paced guided tour of a few of the Bellingham shops. On either ride, you'll enjoy coffee and pastries at several locations. Social ride meets at 1pm at Woods Coffee's Barkley Village location. Giant-Redwood Challenge official start: 9am at Boulevard Park Woods Coffee location – though you may start from any Whatcom County Woods that you choose.



SIGN UP NOW FOR THE CHUCKANUT CLASSIC!

Coming up on the last Sunday in August, we're confident of a beautiful day and a great ride. Join us and ride one of the most scenic rides in Washington. With many routes offered you can pick your distance ranging from 25, 50, 62, 100, or the double metric century of 124 miles (200km). If you'd rather bring the family on a shorter guided ride, in 2016 we are offering a new family-friendly 10 mile jaunt with treats, fun bike course stop from RRAD, and other surprises.

Members of the MBBC as well as the Skagit Bike Club and Whidbey Island Bike Club get a \$10 cash rebate off the \$65 signup price - collect yours when you arrive at registration on August 28th! The distance rides all include a burger or beer at Boundary Bay Brewery after the ride, a tech T-shirt (guaranteed for early registrations), and fully stocked rest stops and road support. 10-mile family riders receive a commemorative medal. Everyone is welcome for the post-ride party in the Boundary Bay outdoor garden, featuring entertainment from 2-5pm by James Higgins and the Daft Rascals.

Sign up online at CCNBikes.com; see details at ChuckanutClassic.org (MtBakerBikeClub.org/chuckanut). Additional questions: chuckanut@mtbakerbikeclub.org



A ride for OurTreeHouse our-treehouse.org



BILL'S HILLS THE SEVENTH EDITION IS ON: AUGUST 7TH!

Early Sunday morning, August 7th, 2016 Bill's Hills will begin at Marine Park: just west of 6th and Harris in Fairhaven. Meet at 6:30, ride leaves at 6:45am.

(Note earlier start time this year!)

Bill McCourt's route of 10,000+ ft of climbing in just over 100 miles around our beloved Bellingham is truly a classic. The ride is open to Mount Baker Bicycle Club members, and if you're not yet a member, don't worry, you can sign up at the beginning of the ride. For the price of a \$20 membership, you can ride one of – if not **the** – most challenging centuries in the Northwest. With fully stocked rest stops and great routes, this is the cheapest organized century you will ever do!

The routes are extremely challenging. There are three "loops" of approximately 30-40 miles with 3,000 to 4,000 feet of climbing each. Just think Sehome Hill, California Street, King Mountain, Emerald Lake, Squalicum Mountain and – well you get the idea – just about every known hill in the Bellingham area. Ride one loop or ride them all, it is up to you. In 2015, twenty riders began and more than half finished the full challenge before the 7pm end time.

Past Bill's Hills riders have had comments such as:

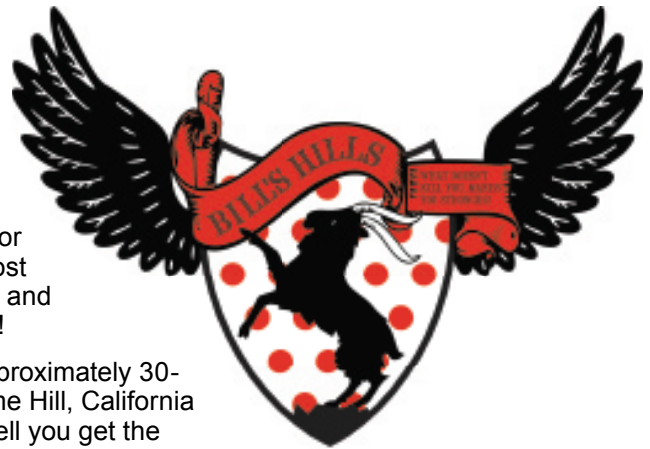
- Bill's Hills is a boot camp for your cycling self. But instead of taking weeks to accomplish, it is done in a single day!
- The very idea of this ride is an exercise in self-inflicted humiliation.
- I thought no one would choose to go the whole route but I had underestimated just how much fun this crazy ride (and crazy riders) would be.

To read some reviews from prior years, look at past newsletters at mtbakerbikeclub.org/newsletter-archive.

- (1) Greg Rehm's review on p. 7 of the July 2011 newsletter.
- (2) Tim Ryan's review on p. 1 of the June 2014 newsletter.

There will be a drawing for Boundary Bay Brewery gift cards and a Chuckanut Classic entry. Those finishing the entire course will receive a beverage certificate for Boundary Bay which will likely be used to rehydrate after the ride.

If you're interested (think of the bragging rights!) we'll see you at 6:30am on Sunday August 7th at Marine Park. For more information contact Bill McCourt: 360-201-9524 or bmccourt@outlook.com.



MBBC ADMINISTRATION

Mount Baker Bicycle Club Board of Directors and Officers:

Hilary Higgins - President
John Okan - Vice President
Jennifer Longstaff - Secretary/Membership
Kathy Steele - Treasurer
Eric Stromerson - Rides Coordinator
Bill McCourt, Greg Rehm, Tim Ryan, Joe Wiederhold
- at large

Project leaders:

Chuckanut Classic: Doug Schoonover and committee
Ride Leader Coordinator: Greg Rehm
New Year's Day Ride: Mark Wheatley
Summer Rides: Jennifer Longstaff
Ciclovía Whatcom: Joe Wiederhold
Newsletter-Bagel Procurer: Cathie Gerlicher
Graphic Design: Tim Ryan
Website: Michael Richard
Bike to Work Day Stations: Pam Fonda, Mary Cole



Club Bike Jerseys

The official MBBC bike jersey is available in two styles: a colorful (1) short-sleeved 3/4 zip, available in men's and women's club cut sizes (2) long-sleeved full zip thermal in men's and women's race cut. Jerseys may be ordered directly from Voler.com. voler.com/browse/collections/details/li/MtBakerBicycleClub. MBBC members: check your email for discount code.

Contacts:

Information-- bikebeh@gmail.com
Chuckanut Classic -- (360 410-6431)
chuckanut@mtbakerbikeclub.org
Newsletter -- news@mtbakerbikeclub.org

Contribute to the MBBC newsletter submission guidelines:

Articles, editorials, photographs, and artwork are welcome for inclusion in the newsletter. Anything related to bicycling will be considered; please discuss ideas with the editor (news@mtbakerbikeclub.org) in advance to reserve newsletter space or if you have questions. Final materials are due the last Friday before the last full week of every month, though earlier submissions are appreciated. Text can be submitted in any common format, for example: plain text, HTML, MS Word, PDF. Please use JPG, PNG, or TIFF format for photos, and ensure they are at least 250 ppi. Articles may be edited for grammar, spelling, and space considerations.

Please notify the MBBC of upcoming cycling events for inclusion in the events list/calendar. Provide details plus contact information.

Classified ads are a MBBC member privilege and are printed as space is available.

individual and corporate membership forms may be downloaded at: mtbakerbikeclub.org/join-the-club/
join the club online: ccnbikes.com/#!/events/mount-baker-bicycle-club

MBBC Membership Form for 2016

☐ New Member ☐ Renewing Member ☐ This is a change of address

Last name: _____ First name: _____

Address: _____

City: _____ State: _____ Postal Code: _____

E-mail: _____

Contact telephone number: _____

Associate member: _____

(An associate member is any person living at the same address as the individual member)

I would like to receive my newsletter via (choose one): ☐ on-line or ☐ printed & mailed

Would you like to help? Volunteers are our most valuable resource.

Please check any of the boxes that appeal to you and we will be in touch:

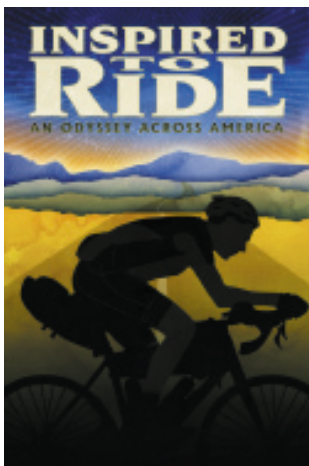
- ☐ Board Member ☐ Ride Leader ☐ Newsletter
☐ Chuckanut Classic ☐ Bike to Work and School Day
☐ Special Events ☐ Summer Rides ☐ Education
☐ I can provide discounts on _____

Membership type:

Individual: \$20 _____
Family/Associate: \$30 _____
Additional Donation: _____
(donations support community bicycling programs)
Total enclosed: \$ _____

Please enclose a check payable to:
Mt. Baker Bicycle Club

Mail to: Mount.Baker Bicycle Club
attention: membership
Post Office Box 2702
Bellingham, Washington 98227



PICKFORD Film CENTER

***Inspired to Ride* film showing at the Pickford Film Center**

August 16, 6:30pm and 8:45pm

This cycling documentary is being presented by the MBBC, with a portion of ticket sales are benefiting the club.

Synopsis: On June 7, 2014, forty-five cyclists from around the world set out on the inaugural Trans Am Bike Race, following the famed TransAmerica Trail. Their mission is to cover 4,233 miles in one enormous stage race, traversing through ten states in a transcontinental adventure of epic proportions. Inspired To Ride follows closely the journey of a handful of these cyclists as they prepare, compete and experience what riding 300 miles a day feels like with only a few hours sleep. These racers will rely solely on their fitness, meticulously chosen gear and

mental fortitude to get them to the finish. There are no support teams, no follow vehicles and no prize money waiting at the end. They will endure agonizing climbs in the Rockies, driving winds in the Great Plains and sawtooth switchbacks in the Appalachians all for a pat on the back, bragging rights and a cold beer when its all over. Some are out to win, while others are simply trying to finish.

pickfordfilmcenter.org/programs/pickford/inspired-to-ride trailer: watch.inspiredtoride.it

Plan to attend one of the showings and bring your friends! We'll see you at the movies!

YOUR MBBC BOARD IN 2016

The MBBC is privileged to have an active board of directors, several of whom have begun their service to the club in 2016:

Vice President **John Okan** lives in the Welcome Valley with his spouse Liza and their two daughters. He co-leads the Going Up the County ride on Thursday evenings during summer, out of Immanuel Lutheran, where he serves as pastor. John enjoys road riding with the club, MTBing various trails around the county and in BC and casual rides with the family.

Treasurer **Kathy Steele** lives in Everson and is the Business and IT Administrator at Bellingham's Bay City Supply. She and her husband Jim enjoy leisure cycling, including the MBBC's Tuesday night rides, occasional guided trips around Everson, and monthly full-moon rides in summer and winter.

At-Large member **Greg Rehm** lives in Bellingham and is an IT instructor at Bellingham Technical College. He arranged this year's Ride Leader Training and is serving as ride leader coordinator for Tuesday night's summer rides. He and wife Erin can be seen cruising around town on their tandem as well as on club rides on their single bikes.

At-large member **Joe Wiederhold** moved to Bellingham from White Salmon, WA in 2013 to be nearer his kids and grandkids. He lived in the Columbia River gorge for the previous 30 years. Joe has worked with the Anacortes Chamber of Commerce on that city's "Open Streets" projects. He hopes to introduce the idea to Lynden and hopefully Bellingham in the future. He likes all types of riding: road, trail, mtb, and he rides "at a consistent, not fast" pace. Since his retirement he tries to ride his bike every day.

John, Kathy, Greg, and Joe join board members Hilary Higgins, Jennifer Longstaff, Eric Stromerson, Tim Ryan, and Bill McCourt, and all board members volunteer their time for cycling advocacy and activities for club members and the community. Please contact a board member with suggestions, questions, and most importantly, if you would like to volunteer to lead or work on a local cycling project!

Board members can be reached by sending an email to bikebeh@gmail.com (Hilary's email - she'll pass it along to the group!)



Welcome new members

Terry Carlson

Matt Curry

Amy Ellsworth

Natalie Fleischer

Brett Greenwood

Eli Jacoby

Roberto Mahoney

Scott Rzemien

Gary Schaecher

Hilary Williamson

We're glad to have you in the MBBC!

<i>Sunday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>
	August 1	2 Hot Laps Ferndale social ride Tuesday Evening Ride	3 Wed Group Ride	4 Edison Social Ride Up-County Ride	5	6 Donut Ride Tour de Lavender Portland Century
7 Bill's Hills Slog Ride Rabbit Ride Bellingham Youth Tri SmmerRide Lynden Ride the Hurricane	8	9 Hot Laps Ferndale social ride Tuesday Evening Ride	10 Wed Group Ride	11 Edison Social Ride Up-County Ride	12 Obliteride Day 1 RSVP1	13 Donut Ride Recumbent Ride RSVP2 MBBC Lopez Ride
14 Slog Ride Rabbit Ride Edison Social Ride REI Bike Maint class	15 REI Bike Maint class	16 Hot Laps Ferndale social ride Tues Evening Ride Pickford: Bike Movie	17 Wed Group Ride Fanatik Women's Ride	18 Edison Social Ride Up-County Ride Fanatik Women's Ride	19 MBBC September Newsletter Deadline	20 Donut Ride Tour de Whidbey Crater Lake Century
21 Slog Ride Rabbit Ride Edison Social Ride Tour de Victoria REI Bike Maint class	22	23 Hot Laps Ferndale social ride Tuesday Evening Ride	24 Wed Group Ride	25 Up-County Ride Edison Social Ride	26	27 Donut Ride BC Ride to Conquer Cancer day 1
28 Rabbit Ride Chuckanut Classic! Edison Social Ride Anacortes Open Streets	29 High Pass Challenge	30 Hot Laps Ferndale social ride Tuesday Evening Ride	31 Wed Group Ride Fanatik: Bike to Beer Cruiser	September 1 Up-County Ride Edison Social Ride	2	3 Donut Ride



Mount Baker Bicycle Club

Post Office Box 2702
Bellingham, Washington 98227

nuu  muu



Welcome to Bellingham
Now Get on Your Bike!
www.mtbakerbikeclub.org

If you are a club member and wish to receive a printed version of the newsletter rather than online, please inform news@mtbakerbikeclub.org. Club members are entitled to a printed/mailed version sent to a US address..