



# MBBC

**More Bicycling = Better Community!**

**Mount Baker Bicycle Club Newsletter, Vol 26, Number 7, August 2017**

*MBBC's Signature Ride is this month!*

**August 27, 2017**

**ChuckanutClassic.org**

Register to ride, or  
help out by volunteering!  
Many volunteering  
opportunities available!

**CHUCKANUT CLASSIC**

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**This month's contributors:**

Kim Brown, Dave Dardano,  
Eileen Kadesh,  
Scott Klimo, Bill McCourt,  
John Okan, Carol Spano.  
Thanks All!



*the club online:*

**mtbakerbikeclub.org**  
**chuckanutclassic.org**  
*and our social sites:*

facebook.com/  
mountbakerbicycleclub

facebook.com/  
chuckanutclassic

twitter.com/mtbakerbike

flickr.com/  
mtbakerbikeclub/

**It's time for the Chuckanut Classic!** After a year of planning by our new Event Director, John Okan, the Chuckanut Classic committee seeks your help to volunteer in August to make sure we present a successful ride. If you're not planning to ride in the Classic, perhaps you can help. We need people to mark the routes (Dan-Henry indicators on the roads) the week before the 27th. On the 27th, SAG drivers are needed, plus bike riders to lead and assist with the family ride. There are other opportunities as well. Contact Carol Spano: wildiscalling@gmail.com, to discuss how you can help the MBBC and our beneficiary

Our-TreeHouse put on a great event!



## **8TH ANNUAL BILL'S HILLS RIDE!**

It's back for the 8th year! Early Sunday morning, Aug13th, 2017 Bill's Hills will begin at Marine Park: just west of 6th and Harris in Fairhaven. Meet at 6:30, ride leaves at 6:45am.

Bill McCourt's route of 10,000+ ft of climbing in just over 100 miles around our beloved Bellingham is truly a classic. The ride is open to Mount Baker Bicycle Club members, and if you're not yet a member, you can sign up at the beginning of the ride. For the price of a \$20 membership, you can ride one of – if not *the* – most challenging centuries

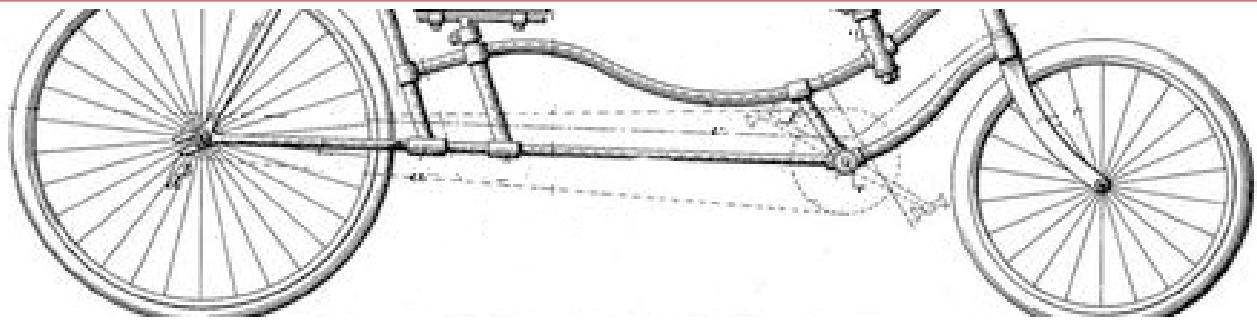
in the Northwest. With fully stocked rest stops and great routes, this is the cheapest organized century you will ever do!

The routes are extremely challenging. There are three "loops" of approximately 30- 40 miles with 3,000 to 4,000 feet of climbing each. Just think Sehome Hill, California Street, King Mountain, Emerald Lake, Squalicum Mountain and – well you get the idea – just about every known hill in the Bellingham area. Ride one loop or ride them all, it is up to you. More info: Bill McCourt: bmccourt@outlook.com, and more details on mtbakerbikeclub.org/events.



**Breaking news!** The MBBC mobile app is now available for iOS and Android. Search for **MBBC** on the Apple Store or Google Play, or go to:

- <https://play.google.com/store/apps/details?id=com.longkruse.mbbc>
- <https://itunes.apple.com/us/app/mbbc/id1146195949>



## WEEKLY AND GROUP RIDES: SUMMER EDITION

**Sunday Edison Social Ride** starts from Edison Elementary School parking lot. 30-40 miles, 10-14 mph, route varies. 10 am start time. For additional info: Alfred Arkley arkley@comcast.net or 360-527-8638

**Sunday Rabbit Ride:** 32mi road ride, south on Chuckanut, back via Colony and Lake Samish. All welcome; come prepared to push yourself. Pace varies by individual. Small similarly-paced groups leave from Fairhaven Bike. Those who ride slower than 16 mph, be ready to ride by 7:45 am (summer start time) Faster groups leave every 5 minutes thereafter, johnh@fairhavenbike.com 733-4433 fairhavenbike.com/about/sunday-rabbit-ride-pg355.htm



**Tuesday Ferndale Social Ride:** starts from Pioneer Park in Ferndale, 30-40 miles, 13-16 mph route varies. Start time 9am (switches back to 10am start in September). To check time and other info: Bob Parker rmp-4724@hotmail.com or 360-671-6910

**Tuesday Fanatik MTB Summer Rides:** 2-3 hour MTB ride on Galbraith, every Tuesday evening through August. Start at Fanatik Bike Shop (1812 N State Street), meet at 5:45 pm then pedal through Whatcom Falls Park up to Birch Street. No-drop ride, open to all levels (but at a minimum you should be comfortable riding up the Ridge Trail and down SST). info: warranty@fanatikbike.com or 360-756-0504

**Tuesday "Hot Laps"** 30-40 miles, race pace. Training ride departs from Kulshan Cycles at 6pm to a practice road race course. Summer months only.

**Tuesday Evening Summer Ride:** Start at WCC northeast parking lot. Meet 5:45pm leave at 6pm. Riders group-up by ability and average speed. (14-16 mph, 16-18 mph, 18+). 15-20 miles. Ride focus on the skills necessary to ride in groups. We will concentrate on safe riding practices, pace-line skills, how to overtake other riders and pass them in a safe manner, and how to deal with traffic.info: bikebeham@gmail.com

**Wednesday Group Workout Ride:** Meet 5:45pm, leave 6pm from parking lot across from Boundary Bay Brewery on Railroad Ave. Split into fast and very-fast groups for 25-30-mile road ride. Info: t.ryan.2009@gmail.com

**Thursday South Social Ride** starts from Edison Elementary School parking lot. 30-40 miles, 10-14 mph, route varies. 10 am start time Info: Alfred Arkley: arkley@comcast.net or 360-527-8638

**Thursday Going Up The County Ride** 16-18 mph pace, 20 miles. Start: Riverside Park in Everson. A ride for you county folk in Everson, Nooksack, Deming. info: Rick Jacoby rickjacoby7@gmail.com

**Saturday Donut Ride:** 24 – 45 miles, race pace, departs from Kulshan Cycles, 7am summer-season start time. Goes to Ferndale and return, or if you wish continue to Birch Bay and return. Every week of the year!!

**Saturday Recumbent Ride:** Second Saturday of the month at 10 am. Everyone welcome, including single riders and electric-assist bikes. Leisurely-paced 14 mile intown course begins at Kulshan Cycles. Weather-dependent. Robert Parker at rmp-4724@hotmail.com or 360-671-6910



**Welcome new members**

Elizabeth Brackett

Brian Estes

Michael Hrybyk

Peggy Jones (*welcome back!*)

Brian Kennemer

Cynthia Macklin

Sonny Meehan (*welcome back!*)

Christopher Taylor

***We're glad to have you in the MBBC!***

# EVENTS IN 2017

## Classes & Training

**Bellingham REI** Cycling maintenance classes: check the monthly calendar at [rei.com/stores/bellingham.html](http://rei.com/stores/bellingham.html).

**August 13:** Hands-on Bike Maintenance: Drivetrain

**August 20:** Hands-on Bike Maintenance: Fix a Flat

**September 10:** Hands-on Bike Maintenance: Drivetrain

**September 13:** Women's Hands-on Maintenance: Fix a Flat

**Bellingham Training & Tennis Club** (formerly Fairhaven Fitness) announces its new cycling studio! Drop-in classes: 10 for \$150. See [BeTrainingTennis.com](http://BeTrainingTennis.com) or 360.733.5050

**•ride•THIS•FALL**

at•Bellingham•Training•Tennis•Club•s•

**All•NEW•"ride"•CYCLE•STUDIO**

**Cycle•Camps•and•Drop•in•**

**Classes•start•SEPTEMBER•5•**

**Try•a•class•FREE•with•this•pass**

360-733-5050  
[BeTrainingTennis.com](http://BeTrainingTennis.com)



## Races

**August 6:** Bellingham Youth Triathlon - [cob.org/servicesrecreation/races/Pages/bellingham-youth-triathlon.aspx](http://cob.org/servicesrecreation/races/Pages/bellingham-youth-triathlon.aspx)

**Sept 16:** Bellingham Traverse  
[recreationnorthwest.org/bellingham-traverse](http://recreationnorthwest.org/bellingham-traverse)

## Gatherings, Rides Events

**Aug 5 - MakeShift summer party at the HUB**, including cycling scavenger hunt. [facebook.com/events/753104231525692/](https://facebook.com/events/753104231525692/)

**Aug 16 - Whatcom County Bike/Pedestrian committee meeting** invites MBBC members to come discuss which local roads have the greatest need for bicycle improvements. 5:30 pm, details Eileen Kadesh ([kadeshe@gmail.com](mailto:kadeshe@gmail.com)). Contact Carol Spano if you'd like to attend or to suggest roads for an MBBC list to send to the meeting. Carol is: [wildscalling@gmail.com](mailto:wildscalling@gmail.com)

**Aug 18-20 Gigantic Bicycle Fest** [giganticbicyclefestival.org](http://giganticbicyclefestival.org)  
Pacific Northwest Bicycle Celebration. Weekend of music, hand-built bicycles, art, film, speakers, workshops, and many rides of different distances and skill levels. Centennial Fields Park, Snoqualmie, WA 98065 [giganticbicyclefestival.org](http://giganticbicyclefestival.org)

**Sept 7 - Let's get Serious about preventing Bike Theft.**

Bellingham Police and Public Works departments are holding an information/discussion session about the Project 529 Bicycle Registration Program, to facilitate a community-wide effort to address bike theft in Bellingham. September 7, 7pm, Bellingham Police Department training room. 505 Grand Avenue  
Contact Kim if you want to attend:  
[kimbrown@cob.org](mailto:kimbrown@cob.org)



## 2017 RIDES

### August 2017

- 3-7** Climate Ride Pacific Northwest (Seattle, Victoria, Islands, etc) [climateride.org/events/pacific-northwest](http://climateride.org/events/pacific-northwest)
- 5** NPSBA Hidden Gem Ride: Skagit County
- 5** Tour de Lavender (Sequim) [tourdelavender.wordpress.com](http://tourdelavender.wordpress.com)
- 6** Ride the Hurricane - [portangeles.org/pages/RideTheHurricane](http://portangeles.org/pages/RideTheHurricane)
- 11-13** Obliteride (Seattle) [obliteride.org](http://obliteride.org)
- 12** CF Cycle for Life (Tri Cities) [fightcf.cff.org](http://fightcf.cff.org)
- 12-13** Sunshine Coast MTB trail challenge (Halfmoon Bay BC)
- 13** Bill's Hills of Bellingham (MBBC ride) [mtbakerbikeclub.org/events](http://mtbakerbikeclub.org/events)
- 18-19** RSVP (Seattle-B'ham-Vancouver BC) [cascade.org/rsvp](http://cascade.org/rsvp)
- 19** Tour de Whidbey [whidbeyhealth.org/giving/tour-de-whidbey](http://whidbeyhealth.org/giving/tour-de-whidbey)
- 19** Tour de Lentil (Pullman) [lentilfest.com/activities/100k-bike-ride/](http://lentilfest.com/activities/100k-bike-ride/)
- 19** Crater Lake Century (Klamath Falls) [craterlakecentury.com](http://craterlakecentury.com)
- 20** Tour de Victoria (Victoria BC) [tourdevictoria.com](http://tourdevictoria.com)
- 20** Portland Century (Portland OR) [portlandcentury.com](http://portlandcentury.com)
- 26-27** Courage Classic [courageclassic.org](http://courageclassic.org)
- 27** Chuckanut Classic (Bellingham) [chuckanutclassic.org](http://chuckanutclassic.org)
- 27** Two County Double (Olympia) [capitalbicycleclub.org/2County/](http://capitalbicycleclub.org/2County/)
- 28** High Pass Challenge (Packwood) [cascade.org/hpc](http://cascade.org/hpc)

### September 2017

- 3** Great Northwest Fall Tour (Newport WA) [gnwft.homestead.com](http://gnwft.homestead.com)
- 9** Gran Fondo Whistler (Whistler BC) [granfondowhistler.com/](http://granfondowhistler.com/)
- 9** NPSBA Hidden Gem Ride: Whatcom County
- 9** Passport2Pain (Vashon Island) [passport2pain.org](http://passport2pain.org)
- 9** Ride the Rim #1 (Crater Lake, OR) [ridetherim2015.com](http://ridetherim2015.com)
- 10-11** Bike MS: Deception Pass Classic (Mt Vernon)  
[bikewas.nationalmssociety.org/site/TR?fr\\_id=28273](http://bikewas.nationalmssociety.org/site/TR?fr_id=28273)
- 10** Spokefest (Spokane) [spokefest.org](http://spokefest.org)
- 11-16** WaCanId Ride (Selkirk Loop) [wacanid.org](http://wacanid.org)
- 16** Ride the Rim #2 (Crater Lake, OR) [ridetherim2015.com](http://ridetherim2015.com)
- 17** Cycle the WAVE (Seattle) [thewavefoundation.org/cycle-the-wave](http://thewavefoundation.org/cycle-the-wave)
- 23** Bike-n-Brew (Friday Harbor) [fridayharborbike-n-brew.org](http://fridayharborbike-n-brew.org)
- 23** Coeur D'Fondo (Coeur D'Alene ID) [cdagranfondo.com](http://cdagranfondo.com)
- 23** Gran Fondo (Winthrop WA) [rideviciouscycle.com/events](http://rideviciouscycle.com/events)
- 24** Kitsap Color Classic (Kingston) [cascade.org/kitsap-color-classic](http://cascade.org/kitsap-color-classic)
- 24** MEC Century Victoria (Victoria BC)  
[events.mec.ca/event/173601/mec-victoria-fall-century-ride-2017](http://events.mec.ca/event/173601/mec-victoria-fall-century-ride-2017)
- 30** Reach The Beach (Westport, WA Coast) [reachthebeach.org](http://reachthebeach.org)

### October 2017

- 7** Manastash Metric Century (Ellensburg) [drier-ride.org](http://drier-ride.org)

### November 2017

- 24** Black Friday Ride (MBBC Ride - Bellingham)

### December 2017

- 18 or 20** Lighted Neighborhoods Ride (MBBC Ride - Bellingham)

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**Bellingham**  
WASHINGTON



# *A training getaway:* CYCLING SANTA FE

Of the 50 states, I hadn't been to North Dakota, Oklahoma, Alabama, Mississippi or New Mexico. I'm sure the first four are great but I've long hankered to visit New Mexico and Santa Fe. The opportunity to do so presented itself because of a rough start to 2017. January kicked off with shoulder surgery, followed by six weeks in a sling. No sooner did the sling come off than bronchitis set in. By April I was ready to get back on the bike but the wettest March in Bellingham history (rain 29 of 31 days) continued into April and the miles were hard to come by. There I was with a month to go until racing the Bellingham Ski to Sea cyclocross leg over Memorial Day weekend and in serious need of uninterrupted training to avoid unconscionable embarrassment.

Reviewing potential destinations, I learned that the average high temperature in Phoenix in May is a blistering 93 degrees, that Hawaiian roads aren't fantastic and tourist drivers don't always pay attention while on them and that California...actually, California is great but I lived there for several years, had already visited twice in 2017 and was looking for something different. Then I checked out Santa Fe. Alaska Air offers non-stop flights from Seattle to Albuquerque, only an hour drive away. Accommodation options are extensive and reasonably priced. Elevation - 7,200'. Average high temperature in May - 74°. Rain in mid-May? Typically little to none. I further learned the Santa Fe Century would be held on May 22nd, coinciding with the Outdoor Beer & Bike Festival over the same weekend. Sold! Arrive the 12th, ride for nine days, get acclimated and do the Century.

Santa Fe itself? They wear cowboy hats and drive pick-up trucks, along with Range Rovers, Porsche Cayennes and BMW X5s. Santa Fe seems to have a barbell socio-economic structure with a lot of people at either end of the wealth spectrum and fewer in the middle, although the significant tourist numbers make it difficult to say for sure from anecdotal observation. Walking around Santa Fe Plaza it's almost as common to hear Spanish as English but I also heard people speaking German, Italian, Chinese and Thai. Tourism, jewelry and art fuel the local economy, while Santa Fe is also the state capital. Meteorologically, May brings warm days and chilly nights. In the afternoons, even with the temperature a balmy 73°, the sun scorches courtesy of the altitude. Of course, it can also snow, like it did one day during my trip.

There's no shortage of great restaurants, many of which feature "New Mexican" cuisine. I contemplated how much that referred to the geography versus a Nuevo style of cooking (It's the former). Regardless, green

chili is an essential ingredient and it's delicious. Check out Café Pasqual but be sure to make a reservation. And if you're travelling alone or there are just two of you, consider booking the communal table. Everybody sits down and introduces themselves and by the end of dinner you've made new friends or at least had an interesting couple of hours. Like many places, there's a growing craft beer scene. Sombreros off to La Cumbre and the 2nd Street Brewery for their excellent cervezas but that barely scratches the surface of the craft offerings.



The cycling? It could hardly have been better and I only experienced half the scene by sticking to the road, missing out on a vast network of trails and single-track sprinkled around the environs and in the nearby Santa Fe National Forest. In fact, Santa Fe is probably more of a mountain biking mecca given that Singlettracks named it to its Top Ten Destinations list in 2013. That will have to wait for the next trip - thanks shoulder surgery!

Back to the road - I arrived late Friday night and started Saturday morning by assembling my Donkelope bike. Built by Greg Heath in Bellingham it features titanium couplers on the top and down tubes, allowing it to be disassembled and packed into a regulation-sized case. I've assembled the bike a number of times now and 45 minutes after starting, was ready to roll, kicking off with a moderately-paced 30-mile loop to the north and west of the plaza. I was surprised how quickly town turned to ranches and rural areas. The other surprise was the slow progress up hills given the elevation compared to my sea level life.

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*continued on p.5*

# CYCLING SANTA FE *by Scott Klimo*

*continued from p.4*

In the past, a cyclist new to a town would typically head to the local bike shop, speaking with the staff to learn about good rides or check with the local cycling club. That's certainly possible and the guys at Melo Velo and Spin Docs couldn't have been friendlier or more helpful. Today, however, we have additional resources and I mostly used the Strava activity log to plan rides. Strava is a social app for cyclists, runners and swimmers that allows you to track your athletic activities, while keeping up with your friends' activities. Through the activity log I could filter rides by distance and elevation gain then review the maps to identify promising routes. Given Santa Fe's modest population (70,000) most roads were lightly trafficked and I often rode miles without seeing a car. Santa Fe also has extensive bike lanes, and shoulders were wide on all but the most isolated roads. Light traffic and a reasonably mild climate also allows for good road surface conditions, although chip seal is favored in many areas.

Saturday's initiation ride was followed by a 60-mile loop on Sunday. Monday, for reasons that remain unclear, I decided to attack the premier climb in the area up to the Santa Fe Ski Area. A mere 16 miles takes the rider from Santa Fe's 7,200' elevation to 10,400', enjoying the occasional 18% grade along the way. Remember the plan to get acclimated? That doesn't happen in a week, even less so in three days and definitely not at 10,000'!

Over the next week I enjoyed a variety of rides, racking up another 200 miles before the big enchilada – the Santa Fe Century. The scenery provided a stunning departure from the Evergreen State given the disparity between a coastal temperate rain forest and the high desert. Unlike the soaring fir, cedar and oak of Washington that often have one cycling through a tunnel of green, New Mexican vistas stretched into the distance, dotted with low, compact vegetation, evolved to conserve water in the dryness. The road was often visible for miles ahead, which can be discouraging with the wind on your nose.

Throughout the week I had been surprised by how few cyclists I saw but for the Century, they came out of the adobe. Even former New Mexico governor and presidential candidate Gary Johnson was there. (The announcement of his attendance was met with indifferent and, for the announcer, awkward silence.) I was number 1242 and, along with my cycling compatriots was happy the day dawned clear and calm with temperatures forecast to peak in the mid-70's. The first 23 miles of the ride are mostly a descent that passes quickly. At the first rest stop, cool weather gear can be dropped off to collect at the end of the ride. The rapid pace of the first stage soon gives way to a series of climbs, including Heartbreak Hill, featuring a mid-teens grade for some distance. By mile 41 you've reclaimed all of the altitude lost in the first section of the ride and embark on an almost uninterrupted 20-mile descent. A bit of climbing over the next ten miles takes you to a sharper ten-mile descent. For those not doing the math in your heads, we're now at mile 81 and the next 17 miles are up, gaining 1,300' of elevation before a slight, very welcome descent takes you into the finish line. 103 miles and 4,600' of climbing is a decent day when you're doing it all above 6,500'. The post-ride beer was beyond refreshing.

After a relaxing and productive week, Santa Fe earned a solid five-star rating. Apart from the cycling and cuisine, there's also the Georgia O'Keefe Museum, the Canyon Road art district, Los Alamos and Taos within easy driving distance for a day trip. Any non-cyclists will certainly have plenty to do. I'm going back but next time I'm getting a mountain bike as well!



Scott Klimo lives in Bellingham, WA where he rides road, mountain and cyclocross bikes. He is the Chief Investment Officer for Bellingham-based Saturna Capital.





# MBBC ADMINISTRATION

## Mount Baker Bicycle Club Board of Directors and Officers:

Hilary Higgins - President  
John Okan - Vice President  
Jennifer Longstaff - Secretary/Membership  
Dina Soda -Treasurer  
Bill McCourt, Greg Rehm, Tim Ryan - at large

## Project leaders:

Chuckanut Classic: John Okan and committee  
Chuckanut Classic marketing: Trent Vigor  
Volunteer Coordinator: Carol Spano  
Ride Leader Coordinator: Dave Dardano  
Website Maintenance: Jennifer Longstaff  
Graphic Design: Tim Ryan  
Bike to Work Day Stations: Mary Cole (Everson),  
Ian McCurdy (Bellingham)



## Club Bike Jerseys

The official MBBC bike jersey is available in two styles: a colorful (1) short-sleeved 3/4 zip, available in men's and women's club cut sizes (2) long-sleeved full zip thermal in men's and women's race cut. Jerseys may be ordered directly from Voler.com. [voler.com/browse/collections/details/li/MtBakerBicycleClub](http://voler.com/browse/collections/details/li/MtBakerBicycleClub). MBBC members: discount code available on website Member Center: see *Member Offers* menu item.

## Contacts:

Information-- [bikebeham@gmail.com](mailto:bikebeham@gmail.com)  
Chuckanut Classic -- [chuckanut@mtbakerbikeclub.org](mailto:chuckanut@mtbakerbikeclub.org)  
Newsletter -- [news@mtbakerbikeclub.org](mailto:news@mtbakerbikeclub.org)

## Contribute to the MBBC newsletter submission guidelines:

Articles, editorials, photographs, and artwork are welcome for inclusion in the newsletter. Anything related to bicycling will be considered; please discuss ideas with the editor ([news@mtbakerbikeclub.org](mailto:news@mtbakerbikeclub.org)) in advance to reserve newsletter space or if you have questions. Final materials are due the last Friday before the last full week of every month, though earlier submissions are appreciated. Text can be submitted in any common format, for example: plain text, HTML, MS Word, PDF. Please use JPG, PNG, or TIFF format for photos, and ensure they are at least 250 ppi. Articles may be edited for grammar, spelling, and space considerations.

Please notify the MBBC of upcoming cycling events for inclusion in the events list/calendar. Provide details plus contact information.

Classified ads are a MBBC member privilege and are printed as space is available.

individual and corporate membership forms may be downloaded at: [mtbakerbikeclub.org/membership](http://mtbakerbikeclub.org/membership)

## MBBC Membership Form for 2017

☐ New Member    ☐ Renewing Member    ☐ This is a change of address

Last name: \_\_\_\_\_ First name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Postal Code: \_\_\_\_\_

E-mail: \_\_\_\_\_

Contact telephone number: \_\_\_\_\_

Associate member: \_\_\_\_\_  
(An associate member is any person living at the same address as the individual member)

I would like to receive my newsletter via (choose one): ☐ on-line or ☐ printed & mailed

Would you like to help? Volunteers are our most valuable resource.

Please check any of the boxes that appeal to you and we will be in touch:

- |  |  |                                     |
|--|--|-------------------------------------|
| <input type="checkbox"/> Board Member      | <input type="checkbox"/> Ride Leader                 | <input type="checkbox"/> Newsletter |
| <input type="checkbox"/> Chuckanut Classic | <input type="checkbox"/> Bike to Work and School Day |                                     |
| <input type="checkbox"/> Special Events    | <input type="checkbox"/> Website Calendar            | <input type="checkbox"/> Education  |

MBBC memberships are valid January-December of each year. Renewals due every January.

## Membership type:

Individual: \$20 \_\_\_\_\_  
Family/Associate: \$30 \_\_\_\_\_  
Additional Donation: \_\_\_\_\_  
(donations support community bicycling programs)  
**Total enclosed:** \$ \_\_\_\_\_

Please enclose a check payable to:  
Mt. Baker Bicycle Club

Mail to: Mount.Baker Bicycle Club  
attention: membership  
Post Office Box 2702  
Bellingham, Washington 98227

## North Puget Sound Bike Alliance

# THIRD "HIDDEN GEM" RIDE AUGUST 5

The Skagit Bicycle Club invites MBBC members as well as those in the other North Puget Sound Bike Alliance clubs to join them on August 5th for the third "Hidden Gem" ride in the 2017 four-clubs series.

**Join us in Burlington on Saturday, August 5th, 10:00 a.m. for the Skagit County Hidden Gems Ride.**

We will have three options:

- social paced 17 mile (10-12 mph average), a flat easy ride.
- moderate paced 37 mile (12-15 mph) with rolling hills.
- brisk-paced 43 mile course (15-17+ mph) with some steep climbs.

Each route takes in some rural roads and scenic views in the Skagit Valley and beyond.

Meet in the parking lot area between PetSmart, Home Depot and Whidbey Coffee in the shopping center at 1969 Marketplace Dr. in Burlington. Gather at 9:45am and we'll plan to leave at 10am.

The medium and long routes will stop at the Woolley Market in Sedro Woolley for refueling mid-ride. We'll gather back in Burlington for food and beverage after all the rides.

The 17-mile social ride is a great opportunity for our members who have been asking for slower and shorter rides. Join Skagit Club members as well as those from the MBBC, Whidbey, and Snohomish clubs and pick a ride at your preferred speed and difficulty level. The weather is looking to be hot, so bring extra water and slather on the sunscreen!

The 3 route maps, including their elevation profiles, can be found online on the Skagit club's RideWithGPS. Get all the details on the event listing on the MBBC online calendar: [mtbakerbikeclub.org/calendar](http://mtbakerbikeclub.org/calendar). See listing on August 5th.



## July Hidden Gem ►

*July's Hidden Gem ride in Snohomish County, hosted by the B.I.K.E.S. Club, was well-attended by members from all 4 clubs. After the ride, we gathered for lunch and beers to celebrate the NPSBA and our new 2017 friendships. Here are representatives from our 4 clubs after the ride: (l-r) Matt from Whidbey Island, Marshall from Skagit, Hilary from MBBC, and Kristin from Snohomish club.*



## MBBC's Hidden Gem Ride in September

The final Hidden Gem of 2017 will be presented on September 9th by the MBBC and is being organized by Rick Jacoby. Three routes will start from 4th and Front Street in Lynden, and will head north. There will again be 3 rides: a casual 12-mile ride, a moderate 25-miler and a faster 45-mile ride. The 25 and 45 mile rides will ride along Boundary Road, the US/Canada border. The 45 mile ride will also zip through the metropolis of Sumas!

Our Hidden Gem will begin at 10am from 4th and Front Street, but arrive early to grab some coffee and a pastry from Avenue Bread in the Waples Building first!

Route maps are uploaded to the MBBC website. Go to the events calendar at [mtbakerbikeclub.org/calendar](http://mtbakerbikeclub.org/calendar) and click on the ride description listed on September 9th.



<i>Sunday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>
		<b>August 1</b> Tues Summer Ride Ferndale social ride Fanatik MTB ride	<b>2</b> Wed Workout Rides	<b>3</b> Up the County Ride Edison social ride Climate Ride begins	<b>4</b>	<b>5</b> Donut Ride Tour de Lavender Hidden Gem Ride MakeShift at HUB
<b>6</b> Rabbit Ride Edison social ride Ride the Hurricane	<b>7</b>	<b>8</b> Tues Summer Ride Ferndale social ride Fanatik MTB ride	<b>9</b> Wed Workout Rides	<b>10</b> Up the County Ride Edison social ride	<b>11</b> Obliteride begins	<b>12</b> Donut Ride Recumbent Ride Sunshine Coast MTB CF Cycle for Life
<b>13</b> Rabbit Ride Edison social ride <b>Bill's Hills!</b> REI bike maint class	<b>14</b>	<b>15</b> Tues Summer Ride Ferndale social ride Fanatik MTB ride	<b>16</b> Wed Workout Rides Bike-Ped Meeting	<b>17</b> Up the County Ride Edison social ride	<b>18</b> Gigantic Bike Fest begins RSVP day 1	<b>19</b> Donut Ride RSVP day 2 <b>Tour de Whidbey</b> Tour de Lentic Crater Lake Century
<b>20</b> Rabbit Ride Edison social ride REI bike maint class Tour de Victoria Portland Century	<b>21</b> MBBC September Newsletter Deadline	<b>22</b> Tues Summer Ride Ferndale social ride Fanatik MTB ride	<b>23</b> Wed Workout Rides	<b>24</b> Up the County Ride Edison social ride	<b>25</b>	<b>26</b> Donut Ride Courage Classic begins
<b>27</b> Rabbit Ride Edison social ride <b>Chuckanut Classic</b>	<b>28</b> High Pass Challenge	<b>29</b> Tues Summer Ride Ferndale social ride Fanatik MTB ride	<b>30</b> Wed Workout Rides	<b>31</b> Up the County Ride Edison social ride	<b>Sept 1</b>	<b>2</b> Donut Ride



**Mount Baker Bicycle Club**  
Post Office Box 2702  
Bellingham, Washington 98227



Welcome to Bellingham  
Now Get on Your Bike!  
[www.mtbakerbikeclub.org](http://www.mtbakerbikeclub.org)

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