



# MBBC

**More Bicycling = Better Community!**

**Mount Baker Bicycle Club Newsletter, Volume 23, Number 4, May 2014**

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This month's contributors:  
Mary Anderson, Mary Cole,  
Scott Kowal, Kae Moe, Phred  
Morin, Andy Walker.  
Thanks All!



*the club online:*


[www.mtbakerbikeclub.org](http://www.mtbakerbikeclub.org)  
[www.chuckanutcentury.org](http://www.chuckanutcentury.org)

*and our social sites:*

 [facebook.com/  
mountbakerbicycleclub](https://www.facebook.com/mountbakerbicycleclub)

 [sports.groups.yahoo.com/  
group/MtBakerBicycleClub](https://sports.groups.yahoo.com/group/MtBakerBicycleClub)

 [twitter.com/mtbakerbike](https://twitter.com/mtbakerbike)

 [flickr.com/  
mtbakerbikeclub/](https://www.flickr.com/mtbakerbikeclub/)



Welcome the longer days and the spring weather by riding your bike during National Bike Month, especially on Bike to Work & School Day with the rest of Whatcom County!

Here's what you have to look forward to on Friday, May 16 starting at 6:30 am:

## **Receive Cheers (and maybe some cowbell ringing) at a Celebration Station**

Pick a route to work that passes one of the many Celebration Stations. Stop for treats, cheers, to be counted, and to fill out raffle entries for prizes. See map at [biketoworkandschoolday.org](http://biketoworkandschoolday.org). Stations open at 6:30am and remain open until 9am. Some will stay open until 10am if the volunteers are being entertained by lots of cyclists, so be sure to stop by! There are stations out in the county as well, including Blaine, Ferndale, Lynden, and the Everson/Nooksack station being organized by MBBC's own Mary Cole.

## **Annual Pancake Breakfast at The Hub**

Friends and members of The Hub Community Bike Shop will be flipping pancakes for passing cyclists in their annual celebration! Stop by as you

ride past on the South Bay Trail. 7am until the syrup runs out.

## **Test Your Skill (or watch others testing theirs) at the City Hall Tricycle Race**

Noon at the Bellingham City Hall. Round up your team and enter the annual hilarious contest of humor and tricycling skill at the 13th annual event sponsored by the City of Bellingham.

## **Wrap Up the Day's Celebration at Boundary Bay Brewery**

Join the rest of the day's bicycle commuters at Boundary Bay Brewery after 5pm.

## **The Mount Baker Bicycle Club is again a sponsor of Bike to Work & School Day**

The MBBC board has instructed everybodyBike to purchase \$500-worth of children's bicycle helmets in time for Bike to School Day. This is a donation from the MBBC's general fund this year.



# WEEKLY AND GROUP RIDES



**MBBC CLUB RIDES** - participants are asked to sign a waiver and try out the ride -- then join the club after deciding if this is a ride you'll be attending regularly.

**Tuesday Evening Ride: "Ramp-Up"** NEW starting location this year: WCC northeast parking lot north of Kellogg and Eliza. Meet 5:45pm leave at 6pm. Distance and speed of the "ramp-up" group will initially average 15 to 17 mph, distance 15-20 miles. Ride focus on the skills necessary to ride in groups. We will concentrate on safe riding practices, paceline skills, how to overtake other riders and pass them in a safe manner, and how to deal with traffic. information: Doug Schoonover 410-6431 or chuckanutcentury@mtbakerbikeclub.org. A faster, more skilled group will ride a different route and average 18+ mph.

**Wednesday Group Workout Ride:** Race/Training Pace, 30 mile distance, meet at 5:45 pm, leave at 6pm from Boundary Bay Brewery at Railroad Avenue. Ride separates into fast (18+ mph) and very fast (21+ mph) groups. A moderate group (15-17 mph) leaves a bit earlier. Gather at brewery afterward (7:30p). information: Tim via email: t.ryan.2009@gmail.com

**Thursday "Going Up the County" Ride** 14-17 mph pace, 20 miles, April - September. Gather at 6pm at Immanuel Lutheran Church parking lot, 1/2 mile N of Mt. Baker Hwy on Hwy 9/Lawrence Road. This is a convenient ride for all you county folk in Everson, Nooksack, Deming... Led by John Okan and Rick Jacoby. more information: Joka001@Luthersem.edu or 360-393-2435

## OTHER LOCAL GROUP RIDES

**Sunday Edison Social Ride** starts from Edison Elementary School parking lot. 30-40 miles, 10-14 mph, route varies. 10 am start time. For additional info: Alfred Arkley arkley@comcast.net or 360-527-8638

**Sunday Rabbit Ride:** 32mi road ride, South on Chuckanut, back via Colony and Lake Samish. All welcome; come prepared to push yourself. Pace varies by individual. Small similarly-paced groups leave from Fairhaven Bike & Ski. Those who estimate a 2-or-more-hour ride time leave at 8am. Faster groups leave at 8:15 and fastest at 8:30 am. Info: John Hauter, johnh@fairhavenbike.com 733-4433.

**Tuesday Ferndale Social Ride:** starts from Pioneer Park in Ferndale, 30-40 miles, 13-16 mph route varies. Start time either 9am or 10am. To check time and other info: Bob Parker rmp-4724@hotmail.com or 360-671-6910

**Tuesday Hot Laps** 30-40 miles, race pace. Training ride departs from Kulshan Cycles at 6pm to a practice road race course. Summer months only.

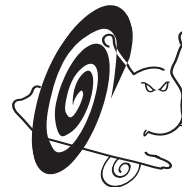
**Thursday South Social Ride** starts from Edison Elementary School parking lot. 30-40 miles, 10-14 mph, route varies. 10 am start time. Info: Alfred Arkley: arkley@comcast.net or 360-527-8638

**Saturday Donut Ride:** 24 - 45 miles, race pace, departs from Kulshan Cycles, beginning March 1st will be back to the 7am start time. Goes to Ferndale and return, or if you wish continue to Birch Bay and return. Every week of the year!!

**Saturday Recumbent Ride:** Second Saturday of the month at 10 am. 14 mile intown course begins at Kulshan Cycles. Weather-dependent. Robert Parker at rmp-4724@hotmail.com or 360-671-6910

## THE LONG SLOG GROUP RIDE IS BACK FOR 2014

The 2014 **Long Slog** rides will start on May 18. Meet at 9am at Boulevard Park, near the bike racks behind Woods Coffee for the kickoff to 2014!



This is a group ride for slower, but serious, riders who want to build strength and endurance. Pace averages 11-14 mph, and distance begins with ~30 miles in May, increasing by 10-15 miles monthly to reach a goal of about 70-80 miles by the end of the summer. A goal we'll also work toward is forming a group to ride together and encourage each other on the Tour de Whatcom (July 26) and the Chuckanut Century (September 14).

Ride leaders are Jennifer Longstaff and Phred Morin. We'll try to hold a slog ride every week throughout the summer, but there may be weeks when a leader is unavailable (vacations and summertime commitments) so watch the MBBC website Rides Page for weekly details. Most rides will begin Sunday mornings at 9am but we may change the start day/time due to weather or ride leader commitments. We hope to add some new and interesting routes this year - to add new county roads to everyone's ride repertoire!

The MBBC first ran this ride in 2013 and have had riders of varying speeds join us. We sometimes get spread out, given that one of the ride leaders is often the slowest in the group (\*ahem\*). So we'll make water stops and re-group-ups approximately every 10 miles, and route maps will be handed out at the start. Bring an energy bar(s) and/or drink to sustain you through a long day, plus money for optional coffeeshop stop back in Bellingham after the ride. For additional info: email mbbcnewsletter @ mtbakerbikeclub.org or call 360-961-6684.



# BIKE RIDES AND EVENTS IN 2014

## May is National Bike Month

National Bike Month - May 1-31

National Bike Challenge - May 1 - Sept 30

[bikeleague.org/content/national-bike-challenge](http://bikeleague.org/content/national-bike-challenge)

Procession of the Species parade - May 3, 3:30 pm [bpots.org/](http://bpots.org/)

### Bike to Work and School Day - May 16

Volunteer to help make this year's Bike Day the best ever!

Info: Mary Anderson 671-BIKE or [Mary@everybodyBIKE.com](mailto:Mary@everybodyBIKE.com)

[www.biketoworkandschoolday.org/](http://www.biketoworkandschoolday.org/) (see p. 1)

Adaptive Cycles Expo - May 17, 11am-2pm Civic Fields Track

## Classes & Training



**CYCLE MOLES**  
Outside Clinics!

2 hours each | 10am - 12pm

**Group Ride 101 | May 3**  
Learn safe techniques and conquer your fear of riding in a group

**Hill Climbing 101 | May 17**  
Training tips and drills for stronger hill climbing

Register online!

Bellingham Tennis Club  
800 McKenzie Ave.  
Bellingham, WA 98225  
360.733.5050  
[www.cyclemoles.com](http://www.cyclemoles.com)

**Bellingham REI** Cycling related classes: check the monthly calendar at [rei.com/stores/bellingham.html](http://rei.com/stores/bellingham.html).

May 4 & June 22: Roadside Bike Repair

May 6 & June 23: Bike Maintenance Basics

May 11: Hands On: Drive Train

May 20: Bike Commuter Basics

June 4: Overnight Bike Touring

**everybodyBike** Cycling safety and confidence classes: check the classes list at [everybodybike.com/classes/](http://everybodybike.com/classes/)

## Races

**May 4:** WMBC Enduro of Subdued Excitement  
[wmbcmtb.org/enduro-of-subdued-excitement/](http://wmbcmtb.org/enduro-of-subdued-excitement/)

**May 25:** Ski to Sea [skitosea.com](http://skitosea.com)

**June 21:** Kulshan Quest  
[recreationnorthwest.org/quest-adventure-races/kulshan-quest/](http://recreationnorthwest.org/quest-adventure-races/kulshan-quest/)

**June 28:** Lake Padden Triathlon  
[www.cob.org/services/recreation/races/padden-triathlon.aspx](http://www.cob.org/services/recreation/races/padden-triathlon.aspx)

As of May 1st, some annual rides don't have their 2014 information updated yet. Check back every month as new rides are added and dates are finalized.

## 2014 Rides

### May

- 3** Camano Climb (Camano Island) [arlingtonvelosport.com](http://arlingtonvelosport.com)
- 3** Ride around Clark County (Vancouver WA) [vbc-usa.com/racc](http://vbc-usa.com/racc)
- 4** Seattle Bike 'n Brews *sold out*
- 4** May Day Metric (Federal Way) [maydaymetric.net](http://maydaymetric.net)
- 10** Skagit Spring Classic (Burlington) [skagitspringclassic.org/](http://skagitspringclassic.org/)
- 10** Tour de Cure (Redmond) [main.diabetes.org/seattletourdecure/](http://main.diabetes.org/seattletourdecure/)
- 10** Living the Dream Ride (Snohomish) [livingthedreamride.org/](http://livingthedreamride.org/)
- 11** MEC Victoria, Metric Century; Half (Victoria BC) [events.mec.ca/](http://events.mec.ca/)
- 17** Reach the Beach (Portland, OR) [reachthebeach.org/](http://reachthebeach.org/)
- 18** Your Canyon For A Day Bike Tour (Yakima River Canyon)  
[crimestoppersyakco.org/custom.aspx?p=2](http://crimestoppersyakco.org/custom.aspx?p=2)
- 26** Seven Hills of Kirkland (Kirkland WA) [7hillskirkland.com/](http://7hillskirkland.com/)
- 31** Flying Wheels (Redmond) [cascade.org/ride/major-rides](http://cascade.org/ride/major-rides)

### June

- 1** Summer Rides Series begins (Bellingham) [everybodyBIKE.com](http://everybodyBIKE.com)
- 7** High Tide Ride (Anacortes) [hightideride.com](http://hightideride.com)
- 14** RALS - Lake Samish, Bellingham [cyclemoles.com](http://cyclemoles.com)
- 15** Bill's Hills of Bellingham - MBBC Ride - [mtbakerbikeclub.org](http://mtbakerbikeclub.org)
- 28** Red-Bell 100 (Redmond to Bham) [cascade.org/ride/major-rides](http://cascade.org/ride/major-rides)

### July

- 12-13** Seattle to Portland [cascade.org/ride/major-rides](http://cascade.org/ride/major-rides)
- 16-20** RedSpoke (Redmond to Spokane) [redspoke.org](http://redspoke.org)
- 26** Tour de Whatcom (Bellingham) [tourdewhatcom.com](http://tourdewhatcom.com)
- 27** Tour de Kitsap (Silverdale) [westsoundcycling.com](http://westsoundcycling.com)
- 31** Ride Around Mount Rainier in One Day - RAMROD  
[redmondcyclingclub.org/](http://redmondcyclingclub.org/)

### August

- 2 - 3** Tour de Lavender (Kingston/Sequim) [tourdelavender.com](http://tourdelavender.com)
- 3 - 9** Ride Around Washington (LaConner to Ilwaco) [cascade.org](http://cascade.org)
- 3** Ride the Hurricane (Port Angeles) [www.portangeles.org](http://www.portangeles.org)
- 9** O'Donnell's Tour de Poker (Everett) [bicyclepokerrun.com](http://bicyclepokerrun.com)
- 15-16** RSVP 1 (Seattle to Vancouver BC) [cascade.org](http://cascade.org)
- 16-17** RSVP 2 (Seattle to Vancouver BC) [cascade.org](http://cascade.org)
- 24 TBD** Woods to Woods Coffee Classic  
(Bellingham, Lynden, Ferndale) [everybodyBike.com](http://everybodyBike.com)

### September

- 6 - 7** MS 150 Bike Ride (Mt Vernon) [nationalmssociety.org](http://nationalmssociety.org)
- 14** Chuckanut Century (Bellingham) [chuckanutcentury.org](http://chuckanutcentury.org)
- 14** Retro Ride & Concours d'Elegance (La Conner)
- 20** Tour de Whidbey (Oak Harbor) [whidbeygen.org/wgh-foundation/](http://whidbeygen.org/wgh-foundation/)
- 21** Kitsap Color Classic (Kingston) [cascade.org/ride/major-rides](http://cascade.org/ride/major-rides)



continued on p. 5



# May is National Bike Month!

## May 3 – Bellingham's Annual Procession of the Species Parade.

Line up behind the Library downtown on Lottie Street at 3:30, Ending celebration at Maritime Heritage Park. Decorate your bike as an animal, fish or bird! [bpots.org](http://bpots.org)

**May 8 – Kulshan Cycles Ladies' Night** - in combination with a pre-event at Vinostrology this year. See details below or at [kulshancycles.com](http://kulshancycles.com). The MBBC will have a table at the Kulshan event from 7-9pm. MBBC women are invited to the event and also to help at the table. Talk to other local women about the cycling you enjoy and meet some new summer cycling buddies! If you'd like to join us working the table, drop a line to [bikebeh@gmail.com](mailto:bikebeh@gmail.com) and we'll see you on May 8th.

**May 16 – Bike to Work/School Day** - see p. 1 and [biketoworkandschoolday.org](http://biketoworkandschoolday.org) for more information. **everybodyBIKE still needs volunteers** for some of the celebration stations, especially those in Lynden and Ferndale. The MBBC has plenty of members in those cities - it's great fun to encourage your neighbors to ride by helping at a celebration station! [mary@everybodybike.com](mailto:mary@everybodybike.com) or call 360-676-6974.

everybody  **BIKE**

**May 17 – Adaptive Cycles Expo** Civic Field Track, 11am-2pm. Celebrate National Bike Month and see that cycling is for *everyone*! The Outdoors for All Foundation is bringing a small fleet of adaptive cycles to accommodate people of all abilities. "Have a go" on these unique machines which include handcycles for riders with limited or no leg movement; 3 and 4 wheel cycles for those who need more stability; and tandems for those who want a guide while cycling. See cycles for kids and adults. The Outdoors for All staff is skilled at advising and selecting the right type of cycle to meet anyone's needs. This event is co-sponsored by St. Joseph Hospital Center for Rehabilitation Medicine. All are welcome - free admission!



**SMART TRIPS**



**KULSHAN CYCLES**



AND **vinostrology**

**LADIES NIGHT**

**THURSDAY, MAY 8TH**

Join us for a night of woman-centric cycling fun!  
All are welcome, no matter your interest or skill level.

**5 - 7 VINOSTROLOGY 120 W HOLLY**  
Ladies' specials on wine and small plates.  
Sign Up for the 13th Sign Wine Club and get a 20% discount on the 1st month of membership!

**7 - 9 KULSHAN CYCLES 100 E CHESTNUT**  
Enjoy refreshments & prizes while learning about woman-specific products and local cycling events. We will be auctioning off a Trek Allant WSD and select clothing and accessories will be 20% off.

**LADIES ONLY PLEASE**



## 2014 EVENTS

*continued from p. 3*

**June 29:** Bellingham Kids' Traverse

[recreationnorthwest.org/bellingham-kids-traverse](http://recreationnorthwest.org/bellingham-kids-traverse)

**TBD:** Padden Mountain Pedal [facebook.com/PaddenMtnPedal](https://facebook.com/PaddenMtnPedal)

**August 3:** Bellingham Youth Triathlon

[www.cob.org/services/recreation/races/bellingham-youth-triathlon.aspx](http://www.cob.org/services/recreation/races/bellingham-youth-triathlon.aspx)

**Sept 20:** Bellingham Traverse

[recreationnorthwest.org/bellingham-traverse](http://recreationnorthwest.org/bellingham-traverse)

### Gatherings

**Pedaler's Fair** (Seattle): May 3 [pedalersfair.com](http://pedalersfair.com)

**Kulshan Ladies' Night** (Bellingham): May 8 [kulshancycles.com](http://kulshancycles.com)

**Gigantic Bicycle Festival** (Snoqualmie): Aug 22-24

[giganticbicyclevfestival.org](http://giganticbicyclevfestival.org)

### Trail and Track Work Parties

- Whatcom Mountain Bike Coalition (WMBC)

[wmbcmtb.org/trail-days/](http://wmbcmtb.org/trail-days/)

May 10 - Larrabee - sponsored by BikeSport

June 7 - National Trail day – Blanchard

- Bellingham Parks Dept. 360-778-7105 and

[cob.org/government/public/Volunteer/parks/schedule.aspx](http://cob.org/government/public/Volunteer/parks/schedule.aspx)

May 10; 10 am -noon Lake Padden

May 17; 10 am-noon Memorial Park

May 31; 9am-11am Whatcom Creek Trail

- Bellingham BMX - course work - [bellinghambmx.com](http://bellinghambmx.com)

## ORGANIZED RIDES IN MAY

**May 3 Camano Climb** (Camano Island)

[arlingtonvelosport.com](http://arlingtonvelosport.com)

**May 10 Skagit Spring Classic** (Burlington start)

[skagitspringclassic.org](http://skagitspringclassic.org) "the cookie ride"

**May 26 Seven Hills of Kirkland** (Kirkland)

[7hillskirkland.org](http://7hillskirkland.org)

**May 31 Flying Wheels** (Redmond) [cascade.org/](http://cascade.org/flying-wheels-summer-century)

[flying-wheels-summer-century](http://flying-wheels-summer-century)

Carpools often form for trips to the out-of-town rides. The carpool meetup is the Sehome Starbucks, with plan to depart an hour before the ride start time. The carpool to the Camano Climb will depart at 7am May 3rd. Check the MBBC Yahoo listserv group (see left column, p. 1) for information or confirmation about carpools to other rides.

## SUMMER RIDES ARE BACK FOR 2014!

everybodyBIKE's Summer Rides are easy guided social outings on two wheels. Roll with friends and meet new friends while discovering the county's backroads and hidden bikeways. Summer Rides each feature a different theme and cover easy routes of approx seven miles. (The grand finale on August 24 features an optional self-guided tour to all 14 Woods Coffee locations - a 60 mile day!)

The 2014 rides are every other Sunday, June through August.

The first ride is June 1st and meets at the Public Market on Cornwall at 1pm.





### Welcome new members

Annie Kiesau  
 Carter Kiesau  
 Sheila Kluck  
 Baden Kowal  
 Savannah Kowal  
 Scott Kowal  
 Tassie Orem Kowal  
 Bruce Preszler  
 Andy Rowson  
 Claus Stoiber  
 Alex Walker  
 Andy Walker  
 Ryan Walker  
 Stacy Walker

***We're glad to have you in the MBBC!***

## MBBC ADMINISTRATION

### Mount Baker Bicycle Club Board of Directors and Officers:

(position open) - President  
 Scott Dorough - Vice President  
 Jennifer Longstaff - Secretary/Membership  
 Brian Christensen - Treasurer  
 Eric Stromerson - Rides Coordinator  
 Hilary Higgins, Bill McCourt, Patti Mullin, Tim Ryan  
 -- at large

### Committees:

Chuckanut Century: Doug Schoonover  
 Media; Bellingham Marathon Escorts: Greg Rehm  
 Media; NW Tandem Rally 2015: Jennifer Longstaff  
 Graphic Design: Tim Ryan

### Contacts:

Information-- bikebeh@gmail.com  
 Chuckanut Century -- (360 410-6431)  
 chuckanutcentury@mtbakerbikeclub.org  
 Newsletter -- mbbcnewsletter@mtbakerbikeclub.org  
 Tandem Rally 2015 - director2015@nwtr.org

### Contribute to the MBBC newsletter submission guidelines:

Articles, editorials, photographs, and artwork are welcome for inclusion in the newsletter. Anything related to bicycling will be considered; please discuss ideas with the editor (mbbcnewsletter@mtbakerbikeclub.org) in advance to reserve newsletter space or if you have questions. Final materials are due the last Friday before the last full week of every month, though earlier submissions are appreciated. Text can be submitted in any common format, for example: plain text, HTML, MS Word, etc. Please use JPG, PNG, or TIFF format for photos, and ensure they are at least 250 ppi. Articles may be edited for grammar, spelling, and space considerations.

Please notify the MBBC of upcoming cycling events for inclusion in the events list/calendar. Provide details plus contact information.

Classified ads are a MBBC member privilege and are printed as space is available.

## MBBC Membership Form

☐ New Member    ☐ Renewing Member    ☐ This is a change of address

see member benefits and download membership form  
 at: [mtbakerbikeclub.org/membership](http://mtbakerbikeclub.org/membership)

Last name: \_\_\_\_\_ First name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Postal Code: \_\_\_\_\_

E-mail: \_\_\_\_\_

Contact telephone number: \_\_\_\_\_

Associate member: \_\_\_\_\_

(An associate member is any person living at the same address as the individual member)

I would like to receive my newsletter via (choose one): ☐ on-line or ☐ printed & mailed

Would you like to help? Volunteers are our most valuable resource.

Please check any of the boxes that appeal to you and we will be in touch:

- ☐ Board Member    ☐ Ride Leader    ☐ Newsletter  
☐ Chuckanut Century    ☐ Bike to Work and School Day  
☐ Special Events    ☐ Tandem Rally 2015    ☐ Education  
☐ I can provide discounts on \_\_\_\_\_

### Membership type:

Individual: \$15 \_\_\_\_\_  
 Family/Associate: \$25 \_\_\_\_\_  
 Additional Donation: \_\_\_\_\_  
 (donations support community bicycling programs)  
**Total enclosed:** \$ \_\_\_\_\_

Please enclose a check payable to:  
 Mt. Baker Bicycle Club

Mail to: Mt. Baker Bicycle Club  
 attention: membership  
 Post Office Box 2702  
 Bellingham, Washington 98227



Welcome to a new local bike shop

## BIKESPORT OPENS IN BELLINGHAM

The former Fountain Galleria building on Meridian Street now houses Bellingham's newest bike shop: **Bikesport**. Andy and Stacy Walker partnered with Scott Kowal and Tassie Orem Kowal to open the shop, which offers bicycle sales, supplies, and multiple services. The shop opened its doors on March 14, and part of the owners' goal was to revitalize the building, a longtime pharmacy and toy shop in the Fountain district.

The Kowals opened a first branch of Bikesport in Ballard several years ago. With the experience gained from a retail bike shop, they were able to "come home" to Bellingham and expand Bikesport here. All four owners are local residents. The Walkers own the building and plan to sublease a portion to what will hopefully be a complementary business, perhaps a coffeeshop.

In addition to sales (Cannondale, Jamis, Santa Cruz, GT and Nirve brands are offered), and its full service department, Bikesport offers some additional unique services. Local triathlete Maureen "Mo" Trainor is involved with the business, heading up a separate triathlon department that offers gear including wetsuits and time-trial bikes. Mo contributes her triathlon expertise by conducting training classes as well as advising new and experienced triathletes who visit the store.

The Ballard Bikesport has a partnership with the trademarked **BikeFit** system (Kirkland-based bikefit.com) and now Bikesport brings BikeFit to Bellingham for the first time. Offering a "casual" as well as "pro-fit," BikeFit's goal

▼ Wetsuits and Time Trial bikes highlight the Triathlon department



is for elimination of discomfort by correct bike fitting and adjustments.

When researching the opening of a Bellingham Bikesport, Scott noted the different emphasis between Seattle and Bellingham bicyclists. He has noticed in the Ballard store, that 60% of the customers are bike commuters. Meanwhile, Bellingham has a higher percentage of mountain bike riders. Scott and Andy are striving to create a non-intimidating bike shop environment, appealing to everyone from children just getting started to adult racers, whether they be mountain, cyclocross, or road.



Extensive Childrens' area ▲

Andy notes that the children's market is particularly important. He wants to create an atmosphere where people can come in with the most basic questions. The store also has an inside runway area so children can try out a bike.

Bikesport has gotten involved in the Bellingham community immediately, signing on as sponsor of the Shuksan Velo Club racing team, and will host the WMBC Trail Day on May 10. Scott is looking forward to settling into a new shop in his home town, and envisions a store where "everyone is family." "We want to be the *Cheers* of cycling," he says.



▲ Full Service Department

<i>Sunday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>
				<b>May 1</b> Up-County Ride Edison Social Ride	<b>2</b>	<b>3</b> Donut Ride Camano Climb Ride Around Clark Col Procession of the Species Parade Pedaler's Fair
<b>4</b> Rabbit Ride Edison Social Ride May Day Metric Seattle Bike&Brews WMBC EnduroRace REI class: Roadside Bike Repair	<b>5</b>	<b>6</b> Tues Ramp-Up Ride Ferndale social ride REI class: Bike Maintenanc Basics	<b>7</b> Wed Group Ride	<b>8</b> Up-County Ride Edison Social Ride Kulshan Ladies' Night	<b>9</b>	<b>10</b> Donut Ride Recumbent Ride Skagit Spring Classic Tour de Cure Living the Dream Ride WMBC Trail Day Parks Dept Trail work
<b>11</b> <i>Mother's Day</i> Rabbit Ride Edison Social Ride REI class: Drivetrain	<b>12</b>	<b>13</b> Tues Ramp-Up Ride Ferndale social ride	<b>14</b> Wed Group Ride	<b>15</b> Up-County Ride Edison Social Ride	<b>16</b>  <b>Bike to Work &amp; School Day</b>	<b>17</b> Donut Ride Parks Dept Trail work Reach The Beach Adaptive Cycles Expo
<b>18</b> Rabbit Ride Edison Social Ride Your Canyon for a Day Tour Long Slog Ride	<b>19</b>	<b>20</b> Tues Ramp-Up Ferndale social ride REI class: Bike Commute Basics	<b>21</b> Wed Group Ride	<b>22</b> Up-County Ride Edison Social Ride	<b>23</b> MBBC June Newsletter Deadline	<b>24</b> Donut Ride
<b>25</b> Ski to Sea Rabbit Ride Edison Social Ride Long Slog Ride	<b>26</b> <i>Memorial Day</i> 7 Hills of Kirkland	<b>27</b> Tues Ramp-Up Ride Ferndale social ride	<b>28</b> Wed Group Ride	<b>29</b> Up-County Ride Edison Social Ride	<b>30</b>	<b>31</b> Donut Ride Flying Wheels Parks Dept Trail work



**Mount Baker Bicycle Club**  
Post Office Box 2702  
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