



MBBC

More Bicycling = Better Community!

Mount Baker Bicycle Club Newsletter, Vol 22 No 10, Dec 2013/Jan 2014

**Happy
Holidays**



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This month's contributors:
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Riley Grant, Susan Horst,
Marie Kimball, Patti Mullin,
Doug Schoonover, Mark
Wheatley. Thanks All!




the club online:

www.mtbakerbikeclub.org


www.chuckanutcentury.org

and our social sites:

 [facebook.com/
mountbakerbicycleclub](https://www.facebook.com/mountbakerbicycleclub)

 [sports.groups.yahoo.com/
group/MtBakerBicycleClub](https://groups.yahoo.com/group/MtBakerBicycleClub)

 twitter.com/mtbakerbike

 [flickr.com/
mtbakerbikeclub/](https://www.flickr.com/photos/mtbakerbikeclub/)

Gear Up for MBBC's annual Celebration Rides!

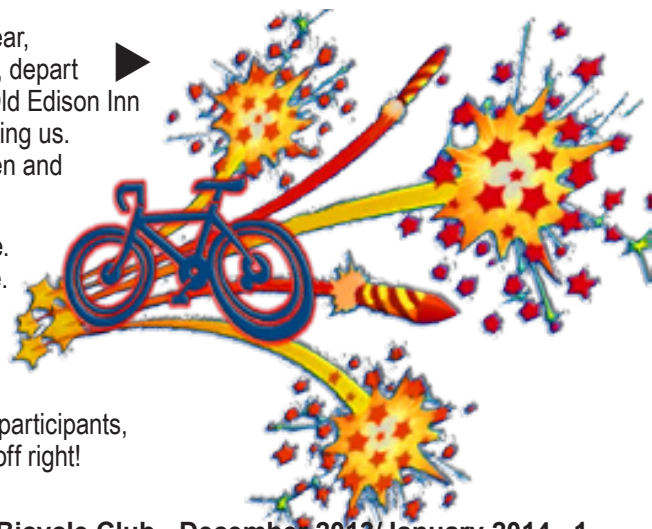


◀ **Lighted
Neighborhoods Night Ride,**
Wednesday December 18.
We'll spread some cheer
together via two wheels,
listen to holiday tunes and
see some great decorative
yard lights. Put your lights
on, decorate yourself and
your bike, and be jolly with
the MBBC! Depart 6pm from
Depot Market.

New Year's Day Ride - Pedal in the new year,
Wednesday, January 1, 2014! Meet: 10 am, depart
before 10:30 from Fairhaven Park for The Old Edison Inn
where owners John and Lynn will be expecting us.
We can leave our bicycles in the beer garden and
enjoy the warmth inside.

Nobody will be left behind on this group ride.
We pedal 13.8 miles along Chuckanut Drive.
Return the same way or via Colony Road
and Lake Samish, or even Bow Hill Road
and Old Highway 99.

Each year this ride attracts more and more participants,
regardless of weather. Start your new year off right!
Questions? MarkWheatley@msn.com.



WEEKLY AND GROUP RIDES

the "put your mitts on, it's winter" edition



Sunday Edison Social Ride starts from Edison Elementary School parking lot. 30-40 miles, 10-14 mph, route varies. 10 am start time. For additional info: Alfred Arkley arkley@comcast.net or 360-527-8638

Sunday Rabbit Ride: 32mi road ride, South on Chuckanut, back via Colony and Lake Samish. All welcome; come prepared to push yourself. Pace varies by individual. Small similarly-paced groups leave from Fairhaven Bike & Ski beginning at 8:30 am. Faster riders leave between 8:45-9:00. Info: John Hauter, johnh@fairhavenbike.com 733-4433.

Tuesday Ferndale Social Ride: starts from Pioneer Park in Ferndale, 30-40 miles, 13-16 mph route varies. Start time either 9am or 10am. To check time and other info: Bob Parker rmp-4724@hotmail.com or 360-671-6910

Wednesday Group Workout Ride: Winter ride is a fast trail ride with lights. 20 mile distance, meet at 5:45 pm, leave at 6pm from Boundary Bay Brewery at Railroad Avenue. Trail-capable bikes. Gather at brewery afterward (7:30p). bikebham@yahoo.com for info. In Spring/Summer this ride is a fast road ride.

Thursday South Social Ride starts from Edison Elementary School parking lot. 30-40 miles, 10-14 mph, route varies. 10 am start time. Info: Alfred Arkley: arkley@comcast.net or 360-527-8638

Saturday Donut Ride: 24 – 45 miles, race pace, departs from Kulshan Cycles, 7:30 am Oct thru Feb/Mar and 7 am March thru Sept. Goes to Ferndale and return, or if you wish continue to Birch Bay and return. Every week of the year!!

Saturday Recumbent Ride: Second Saturday of the month at 10 am. 14 mile intown course begins at Kulshan Cycles. Weather-dependent. Robert Parker at rmp-4724@hotmail.com or 360-671-6910

See below for races, gatherings, advocacy, and events coming up to take us into **2014**:

Cascade Cross Cyclocross races to finish up the season:

December 14: Zombie Xmas Cross

January 11 - Anti-Nationals

January 25 - Fun+alley race & party

details: cascadecross.com

Saturdays throughout fall and winter: Trail Work

Parties - led by the Bellingham Parks Dept.

December 7: Maritime Heritage Park

December 14 - Hanna Creek Riparian Restoration

for details, and for more information in January, see

cob.org/government/public/volunteer/parks/schedule.aspx

Talking Fitness!

Saturday **January 4th**, MBBC Sponsor/Member Robin Robertson will give a talk at Village Books beginning at 12:00pm called "How to Succeed with your Fitness Resolution". She would love to see some friendly faces from the MBBC in the audience!

RE Sources presents the Winter Travel Slide Series:

RE Sources will present the remaining Travel Slide Series shows in 2014. Next up is **January 15**, 7pm at the Old Federal Building, 104 West Magnolia, in the Old Court Room (second floor).

Hear the stories and see the pictures from the adventures of Emily and Connor, who cycled across the continent from Bellingham to Boston last summer. Next, Sarah will share her stories of traveling solo by bike to Baja, Mexico. Information: Riley Grant at ReSources, 733-8307

upcoming travel slide shows in 2014:

January 15 - Bellingham to Boston; Baja Mexico

February 19 - Bicycling across Iowa; Bicycling Tuscany

March 19 - Bicycling around Crater Lake; Colorado cycling

Second Bike Master Plan Open House

The second Bellingham Bicycle Master Plan Open House is Thursday, **January 16**, 2013, 5:30-8:30pm at Whatcom Middle School.

This open house will show the work done since the first (April 2013) open house in which the Master Plan process was explained. New work is based on public input gathered during and since that meeting. Draft documents will be available for public review. Check cob.org/services/planning/transportation/bike-master-planning.aspx or contact Kim Brown: kimbrown@cob.org



6 Indoor Cycling Videos to help you get more power to your pedals.

+ Bonus Bike Fit & Comfort Tips

+ Bonus Guide to Indoor Cycling (with 12 workouts)

Regular price: \$79. Limited Time Special Price:
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You don't want to miss this one!

MBBC ANNUAL MEMBERS' RECEPTION

Sunday, January 12, 2014; 5-9 pm; 709 Orchard Pl, Bellingham (Orchard Drive Jeckyl & Hyde)

Join your MBBC Board for the annual *start-the-new-year* members' meeting and reception, Sunday January 12. This year's reception will be held in a new location: the Jeckyl & Hyde restaurant at 709 Orchard Pl (jhdeli.com, corner of Orchard Drive, off Meridian). Join the party between 5 and 9pm for food, beverages, and to meet other club members and potential members.

Activities include:

Membership Drive and Renewal Party

Starting in January 2014, MBBC memberships are all based on the calendar year: January through December. Memberships purchased along with a Chuckanut Century registration (September) are valid through the entire following year.



Several MBBC members have already renewed for 2014. All other 2014 membership renewals are due in January. Plan to come to the reception, renew your membership, and get your 2014 Membership Card. Know anyone who's thinking of joining the club? Invite them to the reception where they'll meet all the fun and friendly people and can sign up and start their new year as a new member.

Review the benefits of membership on the club's website: mtbakerbikeclub.org/membership.

MBBC Library Liquidation

A little over a year ago, the club began organizing the various publications (books, DVDs, magazines) in our possession and made them available for "check-out" from our library. We have some great resources, yet the inconvenience of check-out from a librarian has made the library more underutilized than we would like. Therefore, in order to let our members take

advantage of these resources, we're distributing the publications to our members.

The library contents will be available at the reception, with donations

accepted for items taken. There are some great titles, including several copies of Mike McQuaide's *Classic Rides of Washington*, plus publications about bike maintenance, nutrition, and route guides.

Donations received for Library materials and Gear Swap items will be used by MBBC to offset the cost of this special event.

Bike Gear and Clothing Swap

Do you have extra water bottle cages, components, tire irons, multi-tools, saddles, jerseys, tights, shoes, or other miscellanea cluttering up your bike closet? Do you expect to get some new bike stuff for holiday gifts, leaving you with hand-me-downs to pass along? Bring any bike-related gear or clothes that can be used by others, and donate it to the club's gear-swap.

Many of us have accumulated lots of "bike stuff" over the years, while some of the newer riders among us can use some help collecting all the different accoutrements of the sport. We'll set up a table at the reception for *Swappable Gear*, and if anything is left over we'll take suggestions for where to donate it.



**We Hope To See All Our Members
on January 12 -
please join us and bring a friend!**

Please RSVP so we have an idea of how much food to plan for, and so we can make sure to have your 2014 Membership Card ready to give you!

RSVP to bikebham@yahoo.com



EVERYBODYBIKE PUSHES AHEAD, IN SPITE OF BUDGET SETBACKS

everybodyBIKE, the bicycle education segment of Whatcom Smart Trips, has had some budget setbacks in 2013, prompting some reorganization and re-assessment of current projects.

everybodyBIKE is a unique program, covering cross-functional tasks which results in no one specific funding source available. There is no granting program, and Smart Trips is continually looking for financial sources to support the vital work of everybodyBIKE. Funding comes in as a result of making many requests of a wide range of sources, and it comes in unpredictably. Smart Trips "always feels anxiety" wondering whether it will receive the necessary support.

In 2013, for the first time, *most* of Smart Trips's funding requests for everybodyBIKE were denied. Suddenly, the organization didn't have the means to support its 4-person staff. Therefore the difficult and painful decision was made to let go our friend and previous MBBC president, longtime everybodyBIKE stalwart Ellen Barton.

Losing 25% of the staff has caused the organization to re-assess its projects, and some will likely be cancelled if outside help can't be found for them.

Currently, the winter 2014 Bike Travelogue Slide Shows have been picked up by RE Sources. It's not known whether they will continue sponsoring the slide shows after this series has finished. This may be an opportunity for someone in the MBBC to help.

The winter *Love Your Ride* event as well as springtime *Belle on Wheels* may also be ending in 2014. Smart Trips has been working with Melanie from Sterling Bike Works as well as checking to see if local bike shops can help keep these events running.

At this point, everybodyBIKE believes it has the resources to continue its other critical programs. In 2014, they are currently planning for

- Bike to Work & School Day
- Bike education assemblies in schools
- Bike Safety courses
- Summer Rides series
- Information tables at local events

Bike to Work & School Day has always been a volunteer-based event, and this year everybodyBIKE hopes its reliable volunteer resources will step up again. Additional help may be needed to solicit prizes, sponsors, food donations, etc. while keeping it the same Bellingham/Whatcom homegrown event.

For more information or to offer assistance, contact Susan Horst at Whatcom Smart Trips.



SEE & BE SEEN Campaign kicks off another year

The **See & Be Seen** campaign is a collaboration between the City of Bellingham, Western Washington University and everybodyBIKE.

On November 19-20, four kiosks on the WWU campus provided front and rear lights to unlit cyclists who stopped by with their bikes and had the lights installed on the spot. Bicyclists who already had lights were given a Woods Coffee card as a thank you gift for doing their part to follow the law and be seen. Students were very appreciative, amazed to receive a nice set of bike lights, and excited to be more visible while on the road. One student in particular had been riding her bike to school and taking the bus home since she didn't have lights; she was happy to now be able to bike home in the dark. A total of 100 bike lights were installed during the two-day campaign.

The See & Be Seen campaign, in partnership with Fanatik Bike Co. is offering the same lights at a greatly discounted price. Use the coupon on the right at Fanatik and get the nice front-and-rear light set for just \$28 so you too can **See & Be Seen!**

Mary Anderson, everybodyBIKE





BE FLASHY

PLANET BIKE SUPERFLASH
AND BLAZE SAFETY LIGHT
SET FOR \$28 NORMALLY
RETAILS FOR \$43!

BE SAFE, BE SEEN

1812 N. STATE STREET | 360 756 0504 | FANATIKBIKE.COM

AUTHORIZED BY: E. SMITHGOOD THROUGH: DECEMBER 31, 2014

A LOOK BACK AT 2013



Another year is coming to a close and as we look toward **2014** we first reflect back on the year gone by.

2013 brought us the MBBC's first official Ride Leader Program, starting with instruction by certified leaders who have been through the Cascade Bike Club's training. New leaders in 2013 launched different speed and skill groups on Tuesdays and Wednesdays, plus a new Everson/Nooksack "out in the **county**" ride as well as a "long ~~310g~~" for the slow-yet-serious distance riders. The MBBC continues to expand its ride offerings to meet the needs of more types of riders in our community.

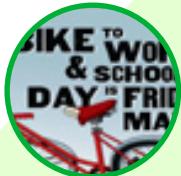


Quarterly meetings included the annual reception, a presentation from Colorado Bike & Beer Tours, and a bike-maintenance party before Bill's Hills. **BILL'S HILLS** claimed more victims this year, with fifteen starters, yet only **two** who completed the entire event! Clearly more training (and recruiting) is needed before Bill's Hills 2014.

2013 was also a very sad year for us, as our friend and ride leader **Mike Ratayczak** was suddenly and unexpectedly taken from us in March. We miss him and his absence is felt on every group ride. 2014 will include a memorial ride for Mike.



The MBBC's philanthropic and community-supporting work continued with: ❖ donations of helmets, lights, and reflective zipper-pulls for children on Bike to Work and School Day; ❖ financial support to students working to install *covered bike structures and racks*



in the Bellingham public schools; ❖ bike escorts through the rainy **Bellingham Marathon**; and ❖ a much-appreciated donation to **The TreeHouse**, our new beneficiary of funds raised by the **Chuckanut Century**. The TreeHouse brought many enthusiastic volunteers who supported the Chuckanut Century on the day of the ride, and we look forward to our continuing partnership in support of their great work in the future.



Bellingham and Whatcom County has had a good 2013 as well. A new dedicated BMX course and **Cyclocross** venue north of town is attracting still more types of cyclists to the area. The City of Bellingham is working hard on a bicycle master plan, with public input and a representative from the MBBC on its planning committee. WMBC mountain biking on **Galbraith** gets more popular every year, and the MBBC hopes to join them and sponsor a trail day in 2014. It's been a busy year and more is yet to come in 2014. **Happy New Year to everyone!**



Welcome

Welcome new member

Andrew Spain

We're glad to have you in the MBBC!



MBBC ADMINISTRATION

Mount Baker Bicycle Club

Board of Directors and Officers:

Marie Kimball - President; Patti Mullin - Vice President;
Scott Dorough - Secretary; Brian Christensen -Treasurer;
Eric Stromerson - Ride Coordinator;
(position open) - Event Coordinator
Marc Ambers, Ken Giffin, Bill McCourt -- at large

Graphic Designer: Tim Ryan

Chuckanut Century: Doug Schoonover

Bellingham Marathon Escorts: Greg Rehm

Media: Jennifer Longstaff

Contacts:

Marie Kimball -- bikebham@yahoo.com (360 927-2332)

Doug Schoonover -- (360 410-6431)

chuckanutcentury@mtbakerbikeclub.org

newsletter --mbbcnewsletter@mtbakerbikeclub.org

Contribute to the newsletter:

submission guidelines:

Articles, editorials, photographs, and artwork are welcome for inclusion in the newsletter. Anything related to bicycling will be considered; please discuss ideas with the editor (mbbcnewsletter@mtbakerbikeclub.org) in advance to reserve newsletter space or if you have questions. Final materials are due the last Friday before the last full week of every month, though earlier submissions are appreciated. Text can be submitted in any common format, for example: plain text, RTF, HTML, MS Word, etc. Please use JPG, PNG, or TIFF format for photos, and ensure they are at least 250 ppi. Articles may be edited for grammar, spelling, and space considerations.

Please notify the MBBC of upcoming cycling events for inclusion in the events list/calendar. Provide details plus contact information.

Classified ads are a MBBC member privilege and are printed as space is available.

MBBC Membership Form

☐ New Member ☐ Renewing Member ☐ This is a change of address

see member benefits and download membership form
at: mtbakerbikeclub.org/membership

Last name: _____ First name: _____

Address: _____

City: _____ State: _____ Postal Code: _____

E-mail: _____

Contact telephone number: _____

Associate member: _____

(An associate member is any person living at the same address as the individual member)

I would like to receive my newsletter via (choose one): ☐ on-line or ☐ printed & mailed

Would you like to help? Volunteers are our most valuable resource.

Please check any of the boxes that appeal to you and we will be in touch:

- ☐ Board Member ☐ Ride Leader ☐ Newsletter
☐ Chuckanut Century ☐ Bike to Work and School Day
☐ Special Events ☐ Tandem Rally 2015 ☐ Education
☐ I can provide discounts on _____

Membership type:

Individual: \$15 _____

Family/Associate: \$25 _____

Additional Donation: _____

(donations support community bicycling programs)

Total enclosed: \$ _____

Please enclose a check payable to:
Mt. Baker Bicycle Club

Mail to: Mt. Baker Bicycle Club
attention: membership
Post Office Box 2702
Bellingham, Washington 98227

Mount Baker Bicycle Club

WE'RE GROWING! THINGS ARE CHANGING! PLEASE STEP UP!

Our club is growing and continually developing new ways in which MBBC supports *all* cycling activities within our community. Every task and position within our club is done by volunteers and anyone can make a difference. You can volunteer for as few or as many hours as fits into your life and all assistance is welcomed and appreciated.

Opportunities to step up and assist your club include:

Board of Directors - oversight group for club activities, direction and policies. Meets 4 times per year.

Current Board Positions: President, Vice President, Secretary, Treasurer, Events Coordinator, Rides Coordinator, At Large – 3 positions

Committees - sign up for a specific event or task. Choose to work on it one time only, annually, or ongoing.

Current tasks and committees:

- Chuckanut Century,
- NW Tandem Rally 2015,
- Mentoring riders / Ride leaders,
- Build Projects on Trails or Schools
- Fundraising / Club Sponsors
- Bike to Work and School Day
- Newsletter
- Membership Drive
- Support WMBC Projects
- Social Media

The club is currently going forward with the Bike Shelters project that was begun by Jessie Pemble last year (see June 2013 newsletter). The next project is to install shelters at Whatcom Middle School, as well as to follow up with the installation of a plaque on the Bellingham High School shelters, stating who has made them possible. We need a volunteer to step up and monitor the Whatcom Middle School phase of this project to completion.

To volunteer or just to chat about projects that might interest you, contact Marie: bikebham@yahoo.com



MBBC EXCITED TO HOST THE 2015 NORTHWEST TANDEM RALLY

The Northwest Tandem Rally is a yearly gathering of tandem enthusiasts. Each year's rally typically lasts 4 days and includes 2 days of supported rides, 2 days of unsupported (but mapped) rides, lunches, a banquet, commemorative pins and jerseys and T-shirts, a vendor expo, accommodations planning, local-flavor activities in addition to the bike rides, and anything else the organizers can cram into the 4 days. Every year the rally is in a different northwest city, which gives that city the opportunity to show off what it has to offer - to as many as 500 (or more?) tandem teams and families.

The 2013 NWTR was scheduled for Bellingham, but the event was cancelled at the last minute, disappointing many tandemers. Since the MBBC knows what a great place this is for bike riding, we're stepping up to "give Bellingham another chance" and put on a Bellingham rally in 2015. It

will be held over the July 4th weekend: July 2-6, 2015 and will feature a favorite local band, "The Atlantics," at the July 4th Banquet/Party!

The NWTR-2015 Committee is being headed up by Jennifer Longstaff (mbbcnewsletter@mtbakerbikeclub.org) and has 8 members as well as 4 advisors. Between now and early 2014, we are working on long-range planning. In mid-2014 we will be adding more people/subcommittees as we begin to finalize plans, and in 2015 we will be engaging even more team members for the many tasks required immediately before and during the event.

Stay tuned for more information or contact Jennifer to be added to the list of "keep me in the loop of potential volunteers" over the next year!

<i>Sunday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>
December 1 Rabbit Ride Edison Social Ride	2	3 Ferndale social ride	4 Wed Trail Ride	5 Edison Social Ride	6 Superhero Lighted Bikes	7 Donut Ride COB Trail Work
8 Rabbit Ride Edison Social Ride	9	10 Ferndale social ride	11 Wed Group Ride	12 Edison Social Ride	13	14 Donut Ride Recumbent Ride COB Trail Work Zombie Cross CX
15 Rabbit Ride Edison Social Ride	16	17 Ferndale social ride	18 Lights-Viewing Ride	19 Edison Social Ride	20	21 Donut Ride <i>Winter Solstice</i>
22 Rabbit Ride Edison Social Ride	23	24 Ferndale social ride	25 <i>Christmas</i>	26 Edison Social Ride	27	28 Donut Ride
29 Rabbit Ride Edison Social Ride	30	31 Ferndale social ride	January 1, 2014 <i>New Year's Day Ride</i>	2 Edison Social Ride	3	4 Donut Ride <i>Talking Fitness at Village Books</i>
5 Rabbit Ride Edison Social Ride	6	7 Ferndale social ride	8 Wed Group Ride	9 Edison Social Ride	10	11 Donut Ride Recumbent Ride AntiNationals CX
12 Rabbit Ride Edison Social Ride MBBC RECEPTION	13	14 Ferndale social ride	15 Wed Ride ReSources Bike Slide Show	16 Edison Ride Bike Master Plan Open House - COB	17 MBBC February Newsletter Deadline	18 Donut Ride WMBC Trail Day
19 Rabbit Ride Edison Social Ride	20 <i>MLK Day</i>	21 Ferndale social ride	22 Wed Group Ride	23 Edison Social Ride	24	25 Donut Ride CXFinale/Party
26 Rabbit Ride Edison Social Ride	27	28 Ferndale social ride	29 Wed Group Ride	30 Edison Social Ride	31	February 1 Donut Ride



Mount Baker Bicycle Club

Post Office Box 2702
Bellingham, Washington 98227

Welcome to Bellingham
Now Get on Your Bike!
www.mtbakerbikeclub.org

If you are a club member and wish to receive a printed version of the newsletter rather than online, please inform mbbcnewsletter@mtbakerbikeclub.org. Club members are entitled to a printed/mailed version sent to a US address..