



# MBBC

**More Bicycling = Better Community!**



Mount Baker Bicycle Club Newsletter, Vol 21 No 10, Dec 2012/Jan 2013



#### *in this newsletter:*

New Year's Events.....	1
CycloCross .....	2
Weekly Rides .....	2
Year End/Begin Events ...	3
WWU Cycling Team ....	4-5
Club Administration .....	6
Membership form.....	6
Membership Perks.....	7
Dec/Jan Calendar.....	8

This month's contributors:  
Ken Giffin, Marie Kimball,  
Patti Mullin, Rodd Pemble,  
Ryan Rickerts, Tim Ryan,  
Mark Wheatley. Thanks All!



#### *the club online:*

[www.mtbakerbikeclub.org](http://www.mtbakerbikeclub.org)  
[www.chuckanutcentury.org](http://www.chuckanutcentury.org)

#### *and our social sites:*



## NEW LOOK AND LOGO FOR THE CLUB IN 2013!

Thanks to MBBC Graphic Designer Tim Ryan, the club has an updated logo which appeared on our new club jerseys this past year. The logo will be updated in the newsletter, the website, and other MBBC collateral starting in 2013. Thanks for the facelift Tim!

## NEW YEARS DAY RIDE: JANUARY 1, 2013

Pedal in the new year. Meet at 10 am at Fairhaven Park on Tuesday, January 1, 2013!

The group will depart before 10:30 am for The Old Edison Inn ([www.theedisoninn.com](http://www.theedisoninn.com)) where owners John and Lynn will be expecting us, rain or... less rain. We can leave our bicycles in the beer garden and enjoy the warmth inside.

Nobody will be left behind on this group ride. We pedal only 13.8 miles along Chuckanut Drive (assuming it is mudslide free)! Return the same way or via Colony Road and Lake Samish, or even Bow Hill Road and Old Highway 99.

Each year this ride attracts more and more participants, regardless of weather. Start your new year off right! The ride is again being coordinated by Mark Wheatley. In late December he'll ask for an RSVP to get an idea of how many people to expect, as a courtesy to John and Lynn. Watch the MBBC Club Listserv and RSVP to Mark.

## ANNUAL MBBC MEMBERS' MEETING AND RECEPTION: JANUARY 13, 2013

Join your MBBC Board for the annual *start-the-new-year* members' meeting and reception, Sunday January 13, 2013, 6:30 pm at the Community Food Co-op Connections Building (corner of Forest and Chestnut). The reception will include discussion of member discounts, calendar-year membership proposal, monthly club rides, plans for ride-leader training, and a possible Fall Bike Festival. Hear from the president and the board. Plus food and drink!

The #401 WTA bus (Red Line) stops at the Community Food Co-Op every 15 minutes.

*If you arrive by car, the Co-op requests that you park on the street not in the parking lot.*



## WEEKLY AND GROUP RIDES - WINTER EDITION



**Sunday Edison Social Ride** starts from Edison Elementary School parking lot. 30-40 miles, 10-14 mph, route varies. 10 am start time. For additional info: Alfred Arkley [arkley@comcast.net](mailto:arkley@comcast.net) or 360-527-8638

**Sunday Rabbit Ride:** 32mi road ride, South on Chuckanut, back via Colony and Lake Samish. All welcome; come prepared to push yourself. Pace varies by individual. Small similarly-paced groups leave from Fairhaven Bike & Ski beginning at 8:30am (winter start time). Faster riders leave between 8:45-9:00. Leader John Hauter is getting a knee replacement in early December but insists the ride will go on overwinter without him! info: 733-4433.

**Tuesday Ferndale Social Ride:** starts from Pioneer Park in Ferndale, 30-40 miles, 13-16 mph route varies. Usually 10am start time in winter. To check time and other info: Bob Parker [rmp-4724@hotmail.com](mailto:rmp-4724@hotmail.com) or 360-671-6910

**Wednesday Group Workout Ride:** Race/Training Pace, 30 mile distance, meet at 5:45 pm, leave at 6pm from Boundary Bay Brewery at Railroad Avenue. Ride separates into fast and very fast groups. In the winter this is a trail ride with lights. Gather at brewery afterward (7:30p). 360-410-6431 info (Doug)

**Thursday South Social Ride** starts from Edison Elementary School parking lot. 30-40 miles, 10-14 mph, route varies. 10 am start time. Info: Alfred Arkley: [arkley@comcast.net](mailto:arkley@comcast.net) or 360-527-8638

**Saturday Donut Ride:** 24 – 45 miles, race pace, departs from Kulshan Cycles, 7:30 am Oct thru Feb and 7 am March thru Sept. Goes to Ferndale and return, or if you wish continue to Birch Bay and return. Every week of the year!!

**Saturday Recumbent Ride:** Second Saturday of the month at 10 am. 14 mile intown course begins at Kulshan Cycles. Sporadic depending on weather. Info: Robert Parker at [rmp-4724@hotmail.com](mailto:rmp-4724@hotmail.com) or 360-671-6910



**Sanitary  
Service  
Company**



# CASCADE CROSS SERIES

2012 SEPT OCT NOV DEC JAN 2013



### Still to Come:

Thriller Cross: December 15

Chiller Cross: January 12

Alley Race & Season Party: January 26



[cascadecross.com](http://cascadecross.com)

# RIDES & EVENTS TO CLOSE OUT 2012 AND BRING IN 2013



## December 7 - Superhero Lighted Bike Parade

Help us light up downtown streets during the December Art Walk in our lit-bicycle parade. Decorate your bike with extra lights and reflectors, then put on your superhero cape and join us for a fun filled night. The parade starts at The Public Market on Cornwall Ave at 6pm. We'll finish up with snacks and entertainment from 7-8pm back at the Market. 671-BIKE



## December 19 - Tour of Lighted Neighborhoods

The last Wednesday evening ride before Christmas will detour off the trails and into some neighborhoods to view the decorated houses. Meet across the street from Boundary Bay Brewery at 6pm as usual, and plan for a more relaxed ride, with some parts on trails, some on roads. Wear your lights of course!



## January 1, 2013: MBBC New Year's Day Ride

Pedal in the new year. Meet at 10 am at Fairhaven Park on Tuesday, January 1, 2013! See p. 1 for details.

## January 13, 2013: MBBC Annual Members' Reception and Meeting

6:30 pm at the Community Food Co-op Connections Building  
See p. 1 for details

## January 16 - Bicycle Travel Slide Show: West Coast and More

Come along on a bicycle adventure riding with Molly on her journey from Portland to San Francisco. We'll see the sights along the coast from the two-wheeled perspective.

In contrast the coastal route, Scott will share photos of his bicycle tour of Glacier National Park. Find out how to prepare for your bike trip and start planning for summer.

7-9pm, Whatcom Middle School, 810 Halleck Street.

[everybodybike.com/events/event/bicycle-travel-show/](http://everybodybike.com/events/event/bicycle-travel-show/)

*Other Bike Travel Slide Shows coming up on February 20 and March 20.*

## February 10 - 2nd (Annual?) "Love Your Ride" Celebration of Winter Bicycling

A Bike Valentine Party that says "Thanks!" for bicycling through the winter months. When darkness falls, temperatures drop, and the roadways glisten with rain, the joys of fair weather bicycling stay with you, even under all those layers. We love that you Love Your Ride. A kid-friendly bike parade through town is followed by delicious treats, entertainment, chances to win great prizes, and a fun fashion show.

4pm at the Depot Market Square, Railroad Avenue  
[everybodybike.com/events/event/love-your-ride-celebration-of-winter-bicycling/](http://everybodybike.com/events/event/love-your-ride-celebration-of-winter-bicycling/)



## Trail Building

**WMBC Trail Days:** We have several trail maintenance days a year so there are plenty of opportunities to get out and help. Trail days are sponsored by individual groups or companies that provide food for the day. Tools are provided so all you need to bring is yourself, some work gloves and some extra water. Trail days are kid friendly so we encourage you to bring your kids out to get them started early. Meet at Padden Ball Fields Parking area at 9:45, we will head up to Galbraith at 10am.

<http://whimpsmtb.org/trail-days/>

Some of the upcoming dates (and sponsors):

**December 2** (Fanatik Bike Co)

**December 15** (Performance Physical Therapy & Diehl Ford)

**January 6** (Jack's Bicycle Center)

**January 13** (Fairhaven Bike & Ski)

**February 10** (Fanatik Bike Shop)

**February 23** (Trailhead Athletics & Rad Dog Pet Products)

**City of Bellingham:** *For the complete schedule and information:* Bellingham Parks & Recreation, 360-778-7105  
[www.cob.org/government/public/volunteer/parks/schedule.aspx](http://www.cob.org/government/public/volunteer/parks/schedule.aspx)

**December 1** - Little Squalicum Creek Park, 9am

**December 8** - Little Squalicum Creek Park, 10am



# Catching Up with the WWU Cycling Team

## FROM SMALL BEGINNINGS

One began cycling with a predictable airborne crash, off a jump the first day on his new blue Schwinn Stingray. Another remembers like it was yesterday his first “lawn” run when mom let go. A third recalls her Jasmine-themed bike - and telling her dad she didn’t need the training wheels, just before she suddenly learned about gravity.

What do these three and a dozen more have in common? Avinash Dev, Daniel Hertel, and Danita Dunlap are proud members of the WWU Viking Cycling Team, defending NW Conference champions and currently ranked #1 among Division II schools in the Northwest Conference (WA, OR, ID, MT). Founded in 2004 with just three riders, in eight years they’ve built a program known nationwide – they sent multiple riders to Nationals in recent years, and in 2010 the team won the Cyclocross Nationals. Who are these Western riders and what is the secret to their success?

Team president Ryan Wigg’s story is representative – “I recall riding a yellow banana-seated bike when I was little, but my first real bike was a Trek 420 steel frame that my uncle used to ride everywhere. I still have that bike and will never get rid of it. Started riding it during high school because I couldn’t drive yet and didn’t like waiting for the bus. During high school I worked at a speaker shop. My boss said I would be good at racing. Despite his prodding I never truly took the plunge until sophomore year here at Western. The rest is history; I am hooked for life!”

Ryan’s take on why the team has done so well sounds like a good recipe for any cycling group: “Our team community is foremost about doing what we enjoy, rather than being better than someone else. We have enough scope to support our most talented riders, while making sure that even our D riders have a good time at race weekends and rides.”

Danita spent her childhood in White Center, WA, and said she thinks the Vikings succeed “because of our camaraderie. We all look out for each other and want our teammates to be successful. I think we all truly love the

sport as well and do it purely because we enjoy it.” Michael Simecek is a second year team member, aiming on moving from a B rider to the A group this season. He says, “We generally have kids that come here from the Pacific Northwest – this is an added connection that other teams don’t have. Also, how can we not be good when every time we ride up to campus there is a solid two-hundred-foot climb?” Avinash adds, “We never try to pressure people into training super hard or giving up other things that they enjoy.”

Team VP Frederick Livingston described his inspiration to start riding competitively – “We watched *Breaking Away*” in film literature my senior year in high school, and I thought, “I should do that.” Frederick grew up in Olympia and rides a bike he found on Craigslist. His favorite local hill is the Chestnut Climb – “it is always fun to see how many stoplights you can get through in one shot.”

*(I tried this the other day, made it from Cornwall to just feet shy of Garden before the light caught me, gasping over my handlebars. - RP)*

Speaking of hills, a quick survey of the Vikings found one name popping up again and again – Squalicum Mountain. “It’s a decent hill that always tires

me,” said Daniel, “but you can pick your pace and make of it what you want out of it.” *(Your humble correspondent has always found he wants to simply make it to the top, and not die on the descent! - RP)* Veteran third-year rider Sean Mathews pretty well summed up Whatcom County winter training rides with his own Squalicum epic:

“One day two winters ago, I couldn’t afford real cold-weather gear, but I decided to go climb Squalicum in thirty degree weather anyways. It started pouring on the way up and I got soaked, but eventually got there. Absolutely froze on the way back down. It was a good five minutes of painful descending and I couldn’t figure out if I should slow down so there would be less wind, or go faster to get it over with. Then I had to begin the fifteen mile trip home. Most miserable ride of my life.”

Lest we think being a Viking is all about fun and games, Michael is quick to describe his best day as a team member: “We all train for hundreds of hours, if not more, for races that can be anywhere from thirty minutes to four hours. Why do we do it? To WIN! Winning, at any level is an amazing feeling, it is the epitome of all the hard work, and at that moment it has been worth it.”

*continued on p. 5*



Danita Dunlap. Photo by Kellen Rossburg

## by Rodd Pemble

photos © WWU Cycling Team unless otherwise indicated

*continued from p. 4*

Frederick pointed out that all team members are required to give at least 15 hours per year in community service as part of the reimbursement for race fees. I asked each rider how they met this goal and their answers varied from trail work parties on Galbraith Mountain to volunteering at Bike to Work & School Day and local races. Danita mentioned introducing new women riders to the sport, while several described feeding their mechanical hunger by helping non-team friends repair their bikes. This group of young men and women is clearly not only winning on the race course, but showing that attitude of teamwork and commitment

as community members as well.

Riding that balance between fun and hard work, the following story from Danita about her best and worst days as a Viking rider sums up for me what cycling passion is all about.

“I suppose my worst ride would be the Walla Walla race this past season. After my Divano was stolen in June 2011, I didn’t have a bike so my roommate lent me one of his. I didn’t have clips that fit his pedals, so I just rode in my Uggs all season, and towards the beginning of race season I was hardly riding. I skipped the first few races and then went to Walla Walla and bonked harder than I have ever bonked before. It felt like I could barely keep my eyes open I was so exhausted halfway through the race! After that the season got much better, and I went to nationals in Ogden, Utah. My favorite day on the bike would be Father’s Day this year, when I rode the furthest I ever have ridden to surprise my dad and grandpa at a Father’s Day party. I left Bellingham at 4:30 in the morning – the sun was just coming up and the clouds were all hot pink and orange, it was beautiful! Then I got lost in the Skagit Valley and ended up near La Conner and finally found the road I was looking for. When I looked to my left, I saw hundreds and hundreds of bikers, so I figured I would jump in with them

wherever they were headed. It turned out to be the cancer benefit ride from Vancouver to Seattle! I met tons of great Canadian cyclists thus had people to ride with. I made it to Lake Sammamish with them and then went on to my uncle’s house in Tukwila, and after getting lost a couple more times in Bellevue, made it there at 3:30pm.”

From riding in Uggs to routefinding to training in the wind and rain, these Viking riders can be proud of their accomplishments and remind us that while winning is great, every day on the bike is a blessing!



Adopt-A-Road  
Community Service



Div II Champions

To donate to the WWU Cycling team, please contact Clark Cripps at the WWU Club Sports Office, [Clark.Cripps@wwu.edu](mailto:Clark.Cripps@wwu.edu), 650-4191. Follow the team at [wwucycling.com](http://wwucycling.com) and on Facebook.

Sanitary Service Company is proud to have sponsored the WWU Viking Cycling Team for the last five years, as part of our general support for bicycling in the community. For more information see us at [ssc-inc.com](http://ssc-inc.com).



Author: Rodd Pemble is the Recycling Manager at Sanitary Service, where he has been since 1996. He cycles to work year-round on his 1982 Univega Gran Turismo, mountain bikes whenever he can get away to Galbraith with Alta the Wonder Dog, and wishes he'd kept his 1969 purple metal flake StingRay.

Rider	Favorite Ride	Current Bike	Favorite Tool	Favorite Fuel
Avinash	Lake Samish	Cannondale CAAD10	Multi-tool	Honey stinger waffles
Daniel	Chuckanut	Cannondale CAAD5	Duct tape	Clif Bars, Chocolate milk
Danita	Aldrich north	Specialized Ruby	Lezyne pump!	Cold beer, chocolate milk
Frederick	Getting lost!	Felt F5C	A clean rag	Homemade granola bars
Michael	Chuckanut	Cannondale CAAD10	Park Tool bottle opener	PB&J
Ryan	Aldrich north	Felt F75	Park Tool Pedal Wrench	Accelerade & Endurox
Sean	Birch Bay	Specialized Venge	One I don't have to use!	Bananas. Anything afterward!



# MBBC ADMINISTRATION

## Mount Baker Bicycle Club

### Board of Directors and Officers:

Marie Kimball - President; Patti Mullin - Vice President;  
Scott Dorough - Secretary; Tiffany Allen -Treasurer;  
Marc Ambers - Ride Coordinator;  
Doug Schoonover - Event Coordinator  
Ken Giffin, Bill McCourt, Eric Stromerson -- at large

**Graphic Designer:** Tim Ryan

#### Contacts:

Marie Kimball -- bikebham@yahoo.com (360 927-2332)  
Doug Schoonover -- (360 410-6431)  
ridecoordinator@mtbakerbikeclub.org  
Jennifer Longstaff --  
mbbcnewsletter@mtbakerbikeclub.org

#### Contribute to the newsletter: submission guidelines:

Contributions of articles, editorials, photographs, and artwork are welcome for inclusion in the newsletter. Anything related to bicycling will be considered; please discuss ideas with the editor in advance to reserve newsletter space or if you have questions. Final materials are due the last Friday before the last full week of every month, though earlier submissions are appreciated. Text can be submitted in any common format, for example: plain text, RTF, HTML, MS Word, etc. Please use JPG, PNG, or TIFF format for photos, and ensure they are at least 250 ppi. Articles may be edited for grammar, spelling, and space considerations.

Please notify the MBBC of upcoming cycling events for inclusion in the events list/calendar. Provide details plus contact information.

Classified ads are a MBBC member privilege and are printed as space is available.

Email the newsletter editor:

mbbcnewsletter@mtbakerbikeclub.org, or drop a note to  
Editor, MBBC Newsletter; PO Box 2702; Bellingham WA 98227



## MBBC Membership Form

also available at: [www.mtbakerbikeclub.org/files/membershipform.pdf](http://www.mtbakerbikeclub.org/files/membershipform.pdf)

☐ New Member ☐ Renewing Member ☐ This is a change of address

Last name: \_\_\_\_\_ First name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Postal Code: \_\_\_\_\_

E-mail: \_\_\_\_\_

Contact telephone number: \_\_\_\_\_

Associate member: \_\_\_\_\_

(An associate member is any person living at the same address as the individual member)

I would like to receive my newsletter by (choose one): ☐ printed & mailed, or ☐ on-line

Would you like to help? Volunteers are our most valuable resource.

Please check any of the boxes that appeal to you and we will be in touch:

- ☐ Ride Leader ☐ Newsletter ☐ Board Member  
☐ Bike to Work and School Day ☐ Chuckanut Century  
☐ Special Events ☐ Website Maintenance ☐ Education  
☐ I can provide discounts on \_\_\_\_\_

### Membership type:

Individual: \$15 \_\_\_\_\_  
Family/Associate: \$25 \_\_\_\_\_  
Additional Donation: \_\_\_\_\_  
(donations support community bicycling programs)  
**Total enclosed:** \$ \_\_\_\_\_

Please enclose a check payable to:  
Mt. Baker Bicycle Club

Mail to: Mt. Baker Bicycle Club  
attention: membership  
Post Office Box 2702  
Bellingham, Washington 98227

## Benefits for Members

# BIKE LIBRARY AND CARGO CASES READY FOR USE!

The MBBC's new library contains books and DVDs on many aspects of cycling, such as

- Route Guides
- Cycling/Lifestyle Stories
- Race Coverage
- Training/Fitness
- Bike Maintenance
- Nutrition
- History
- General Know-How
- and more!

Ken Giffin is the club's first librarian and he, Marie and several other members have donated to the collection. Our initial list of titles is below and will be updated and posted on the website. If you want to check something out, email Ken at [giffinken@yahoo.com](mailto:giffinken@yahoo.com).

We are looking to increase our library and make it a handy resource for our members, so if you have material that you'd like to donate, please contact Ken at the same email address.

## CARGO CASE PERFORMANCE



The MBBC now has 2 hard shell bike travel cases that are available for short-term loans to club members. The Performance Cargo Cases were donated by Jennifer Longstaff and Jim Kruse. There is a \$50 security/damage deposit which is refundable upon the return of the case. The borrower is responsible for the pick up and return of the case. Instructions for how to disassemble your bike and pack it into the case are included!

Title	Author	Publish Date	Category
75 Classic Rides Washington #1	Mike McQuaide	2012	Route Guide
75 Classic Rides Washington #2	Mike McQuaide	2012	Route Guide
75 Classic Rides Washington #3	Mike McQuaide	2012	Route Guide
75 Classic Rides Washington #4	Mike McQuaide	2012	Route Guide
75 Classic Rides Washington #5	Mike McQuaide	2012	Route Guide
Tour de France	Bob Roll	??	Lifestyle/Stories
Boneshaker: A Bicycling Almanac BA 42-500	Wolverine Farm Publishing	2010	Lifestyle/Stories
Boneshaker: A Bicycling Almanac BA 43-200	Wolverine Farm Publishing	2011	Lifestyle/Stories
The Bicycle Book - Wit, Wisdom & Wanderings	Jim Joyce	2007	Lifestyle/Stories
Bicycling Bliss - Riding to improve your wellness	Portia H. Masterson	2004	Health/Medical/Training/Fitness
The Big Book of Bicycling	Emily Furia	2011	General Know How
Bicycling Medicine	Arnie Baker, M.D.	1998	Health/Medical/Training/Fitness
The Complete Guide to Climbing (By Bike)	John Summerson	2007	Route Guide
Washington's Rail-Trails	Fred Wert	2001	Route Guide
Nutrition for Peak Performance	Bicycling Magazine	2000	Health/Medical/Training/Fitness
Wine Country Bike Rides - The Best Tours in Sonoma, Napa, and Mendocino Countries	Lena Emmery	1997	Route Guide
Italy by Bike - 105 Tours from the Alps to Sicily	Touring Club of Italy	2004	Route Guide
Mountain Biking Skills	Mountain Bike Magazine	1996	General Know How
Mountain Bike Like a Champion	Ned Overend	1999	General Know How
Mountain Bike! Southwest Washington	John Zilly	1998	Route Guide
Mountain Bike America Series - Washington	Amy & Mark Poffenbarger	1998	Route Guide
Klunkerz - A Film About Mountain Bikes	Billy Savage		DVD - Films
Ride the Divide			DVD - Films

Ken Giffin is the contact for the cases and can be reached at [giffinken@yahoo.com](mailto:giffinken@yahoo.com) or 360-393-5464.



<i>Sunday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>
					<b>December</b>	<b>1</b> Donut Ride
<b>2</b> Rabbit Ride Edison Social Ride WhIMPs Trail Work	<b>3</b>	<b>4</b> Ferndale social ride REI Basic Bike Maint	<b>5</b> Wed Group Ride	<b>6</b> Edison Social Ride	<b>7</b> Superhero Lighted Bike Parade	<b>8</b> Donut Ride Recumbent Ride <i>Hanukkah</i> begins
<b>9</b> Rabbit Ride Edison Social Ride	<b>10</b>	<b>11</b> Ferndale social ride	<b>12</b> Wed Group Ride	<b>13</b> Edison Social Ride	<b>14</b>	<b>15</b> Donut Ride WhIMPs Trail Work Thriller Cross
<b>16</b> Rabbit Ride Edison Social Ride	<b>17</b>	<b>18</b> Ferndale social ride	<b>19</b> Lights-viewing Ride (Wed Group)	<b>20</b> Edison Social Ride	<b>21</b>	<b>22</b> Donut Ride
<b>23</b> Rabbit Ride Edison Social Ride	<b>24</b>	<b>25</b> <i>Christmas</i>	<b>26</b> Wed Group Ride	<b>27</b> Edison Social Ride	<b>28</b>	<b>29</b> Donut Ride
<b>30</b> Rabbit Ride Edison Social Ride	<b>31</b>	<b>January 1</b> <i>New Year's Day Ride</i> <b>2013</b>	<b>2</b> Wed Group Ride	<b>3</b> Edison Social Ride	<b>4</b>	<b>5</b> Donut Ride
<b>6</b> Rabbit Ride Edison Social Ride WhIMPs Trail Work	<b>7</b>	<b>8</b> Ferndale social ride	<b>9</b> Wed Group Ride	<b>10</b> Edison Social Ride	<b>11</b>	<b>12</b> Donut Ride Stinky Spoke Chiller Cross
<b>13</b> Rabbit Ride WhIMPs Trail Work <b>MBBC Reception</b>	<b>14</b> <i>MLK Day</i>	<b>15</b> Ferndale social ride	<b>16</b> Wed Group Ride Bike Travel Slide Show	<b>17</b> Edison Social Ride  MBBC February 2013 Newsletter Deadline	<b>18</b>	<b>19</b> Donut Ride
<b>20</b> Rabbit Ride Edison Social Ride	<b>21</b>	<b>22</b> Ferndale social ride	<b>23</b> Wed Group Ride	<b>24</b> Edison Social Ride	<b>25</b>	<b>26</b> Donut Ride Cascade CX Finale
<b>27</b> Rabbit Ride Edison Social Ride	<b>28</b>	<b>29</b> Ferndale social ride	<b>30</b> Wed Group Ride	<b>31</b> Edison Social Ride	<b>February 1</b>	<b>2</b> Donut Ride



## Mount Baker Bicycle Club

Post Office Box 2702  
Bellingham, Washington 98227

Welcome to Bellingham  
Now Get on Your Bike!  
[www.mtbakerbikeclub.org](http://www.mtbakerbikeclub.org)

If you are a club member and wish to receive a printed version of the newsletter rather than online, please inform [mbbcnewsletter@mtbakerbikeclub.org](mailto:mbbcnewsletter@mtbakerbikeclub.org). Club members are entitled to a printed/mailed version sent to a US address..