



in this newsletter:

2008 in Review	1
MBBC Annual Reception	1
New Year's Day Ride.....	1
Weekly Rides.....	2
Winter Upcoming Events.....	2
Tuesday Social Ride	2
Cycle year 'round	3
Club vision & contacts.....	4
Contribute to the newsletter	4
Membership form	4
Chuckanut Century Review	5
Winterize	6
Short Subjects.....	7
Attempt at a Calendar	8
Time to renew?	8

This month's contributors:

Mary Anderson, Ellen Barton,
Chris Covert-Bowlds, Shari
Heinrich, Brad Howard,
Jennifer Karchmer, Don
McClary, Donna Merlina, Judy
Murphy, Doug Schoonover,
Rick Smith. Thanks all!



MBBC listserv--[http://sports.
groups.yahoo.com/group/
MtBakerBicycleClub/](http://sports.groups.yahoo.com/group/MtBakerBicycleClub/)

Club Website:

www.mtbakerbikeclub.org
Newsletter archive online:
[www.mtbakerbikeclub.org/
Newsletters/newsletters.htm](http://www.mtbakerbikeclub.org/Newsletters/newsletters.htm)

MBBC

More Bicycling = Better Community!

Mt. Baker Bicycle Club Newsletter, Vol 17 Number 10, Dec08/Jan09

2008 IN REVIEW: A GREAT YEAR FOR BICYCLING

Isabel signals her turns. She knows the feel of leaning into a turn, and the correct fit for a bike helmet. For her, the balance and momentum of two-wheel travel is second nature because she's been bicycling most of her life. Isabel is five. Her mother began riding Isabel using a child's bike seat and later a trail-a-bike. Now Isabel has her own bike and she's quick to assure her mother that she's ready to ride to school.

More children are getting a taste of the confidence that bicycling brings, and 2008 saw an increase in adults renewing their taste for bicycling, too. Not only was participation in the MBBC Chuckanut Century at record levels, the Tour de Whatcom, the Traverse, and the Hill Climb all brought more people to bicycling. Five times as many teams participated in the *Team-Up for everybodyBIKE* month-long challenge. Bike shops ran out of parts, and interest in new lines of comfort bikes caused sell-outs. The bike industry is re-tooling to meet the renewed interest in practical cycling as part of everyday life.

Challenges remain, though, along with the good news. In the first few months of 2008, four different cyclist-vehicle crashes devastated the community. It's heartening to know that the motorists in at least two of the four cases were cited: in many such crashes around the country, motorists are not even issued a warning. Even when a ticket is issued, the question remains whether a \$500 moving violation is sufficient deterrent to prevent future careless driving crashes. In 2008, representatives from the MBBC met with law enforcement officers and with a representative of the Bicycle Alliance of Washington to raise this question. Continued work will be needed.

Partnering to address the problems and improve bicycling conditions, MBBC offered a \$500 scholarship to engineers, planners, elected officials and staff to attend the Pro-Walk Pro-Bike conference, held this year in Seattle. Wendy Crandall of the WWU Transportation office was awarded the funds. Ms. Crandall

learned about cutting-edge bicycling encouragement programs from around the continent and will be implementing them at WWU. Thanks to the great work of all the MBBC members and board for a great 2008. Celebrate at the annual meeting (details below) and hear about exciting plans for 2009.

- submitted by Ellen Barton, MBBC President

YOU'RE INVITED TO THE ANNUAL MBBC RECEPTION THURSDAY, DEC 4, 6:30PM BRING FRIENDS! BRING FAMILY!

Celebrate a great year and enjoy the food and friendship of the annual MBBC reception. Be sure to invite friends and family: non-members are encouraged to attend, meet the friendly cyclists who are members, and find out more about the Club. Along with the delicious food and beverages, the meeting features awards, prizes, and incentives for members who renew or join at the event.

Thinking of doing a bike trip in 2009? The reception will feature a sneak-preview slide-show travelogue by Chris Covert-Bowlds, describing the group bike ride from Seattle to San Francisco that he participated in last summer.

The meeting/reception runs from 6:30-8:30pm, 12/4 at the **Community Food Co-op Connections Building (corner of Forest and Chestnut)**. The #401 WTA bus (Red Line) stops there every 15 minutes. *If you arrive by car, the Co-op requests that you park on the street not in the parking lot.*

START 2009 RIGHT, JOIN THE NEW YEAR'S DAY RIDE!

It's the first ride of the new year! 1/1/2009 Meet at Fairhaven Park at 10:00 am. Ride to Edison, lunch at the Longhorn Saloon, ride back. Note the route may change to go around Lake Samish if Chuckanut Drive hasn't yet re-opened.

- Doug Schoonover

WEEKLY AND GROUP RIDES - WINTER EDITION



Tuesday Social Ride: starts from Pioneer Park in Ferndale, 30-40 miles, 13-16 mph route varies. 10am in winter. Robert Parker at rmp-4724@hotmail.com or 360-671-6910

Wednesday Group Workout Ride: Race/Training Pace, 30 mile distance, meet at 5:45 pm, leave at 6pm from Boundary Bay Brewery at Railroad Avenue. Ride separates into fast and very fast groups. **From Oct-Mar this is a night trail ride with lights.** Re-group at brewery afterward (7:30 pm). Contact: ridecoordinator@mtbakerbikeclub.org 410-6431

Saturday Donut Ride: 24 – 45 miles, race pace, departs from Kulshan Cycles, **7:30 am Oct thru Feb** and 7 am March thru Sept. Goes to Ferndale and return, or if you wish continue to Birch Bay and return. Every week of the year!!

Saturday Recumbent Ride: Second Saturday of the month at 10 am. 14 mile intown course begins at Kulshan Cycles. Sporadic depending on weather. Info: Robert Parker at rmp-4724@hotmail.com or 360-671-6910

WhIMPs www.whimpsmtb.com

everybodyBike everybodyBike.com/calendar.aspx

WINTER UPCOMING EVENTS

MBBC annual reception: December 4, 6:30-8:30pm at the Co-Op Connections building (don't park in Co-op lot please)

New Year's Day Ride: 10am Fairhaven Park to Edison 1/1/09

everybodyBike upcoming events: www.everybodyBike.com

January 15: First Gear

Mary Anderson: 671-BIKE, info@everybodybike.com

Get Movin' Resolution to stay fit in 2009!

December 31: kick-off event, 6-9pm Bellingham Sportsplex sponsored by Bellingham Parks & Recreation

www.getmovinwhatcom.org

REI Events (monthly sponsored by Bellingham REI):

December 13: Bike Maintenance 201

December 9: Bike Wheel Maintenance

www.rei.com/stores/events/65

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Tuesday Social Ride continues throughout the winter

Starting from Pioneer Park in Ferndale, the Tuesday social group rides all year, and wants to invite everyone to join in this winter! The ride starts at 10am during the winter months, with the follow group generally averaging 30-40 miles at 11-13 mph. The route varies from Ferndale to Blaine, Birch Bay, Lynden, Raspberry Ridge, or Everson. Some folks ride faster on the return. The lead group stops at turns to allow everyone to catch up, moreso on the way out than the way back. There were as many as 35 riders at times this past summer. There are a number of riders who are over 70 years old, who are fit riders.

Before the start, the important question is: "Where shall we eat?" with the lunch destination determining the route of the day. Heavy rain cancels the ride, but in that case the decision is made at the start, with riders usually opting to gather for coffee and chit-chat anyway, even if the ride is cut short or cancelled.

The group enjoys riding and socializing together, and occasionally some members also gather on Thursday or Friday in Skagit County for more mid-day riding. Come to the Tuesday ride to get to know the group and find out about other pick-up rides on weekdays.

The group's policy is not to abandon anyone, but riders should make it known if they need helping finding the route on the way back. Folks who know how to get places by car using I-5 or the Guide often have little knowledge of quiet back roads. This ride is a great opportunity to discover more of them.

Information: Robert Parker, rmp-4724@hotmail.com, 360-671-6910
 - submitted by Judy Murphy

COMMUTE BY BICYCLE ALL YEAR 'ROUND? *Hmmmm... I wonder if I could do that!*

With our darkest, wettest and windiest days fast approaching, many of us have put away our bikes until spring, opting instead for indoor training and a few trail rides now and then. However there is a rather large number of cyclists here in Whatcom County who keep riding, regardless of the season or the weather. Some have completely given up their cars. Some commute a few miles, others more than 10 miles each way. People notice these intrepid cyclists, adorned with lights and raingear, and think they're either crazy or they're awesome. I've always admired the year-round cycle commuters, so I hunted down a few of them to seek my own inspiration as I try to ride through this winter for the first time. Here are some of their thoughts, which hopefully will inspire you too:

Why did you start cycling as opposed to driving?

- Financial reasons: gas over \$4/gallon got me thinking of how quickly short trips add up to an empty gas tank. Short trips and errands on the bike were a lot of fun in spring and summer. Then I realized I could easily continue the fun even in winter.
- As a WWU employee (or student), without an expensive parking pass, it's not an option to bring a car to campus. The bus and walking are reasonable alternatives, but the bike gets me to work and back home faster.
- Health-related reasons: I get exercise "for free" since I have to commute anyway. Cycling a way to get out into the fresh air during our short winter days. And for mental health: the first (and last) time I drove to work, it was so stressful, I wondered how anyone survived. I arrived feeling like I had already worked a full shift.
- To be a role model for sustainable living for my children, co-workers, and community. More bikes on the roads year-round sends a message to the community that bicyclists are here, and that it's a viable way to commute.
- For bigger-picture environmental reasons: to reduce dependence on foreign oil, to reduce pollution, and to remember (in a positive way) the three Bellingham boys killed in the gasoline pipeline/lead explosion.



What keeps you motivated to commute on your bike, even in bad and dark weather?

- I know I'll feel good once I get out on the bike, and that I'll feel better after riding. And, the weather is never as bad outside as it seems from the inside. I much prefer jumping on my bike rather than getting into a cold car. I warm up much faster on the bike.
- My six-year-old often wants to ride our bikes rather than take the bus. We are a good team, motivating and reminding each other.
- My co-workers are impressed when I arrive by bicycle, so I keep doing it to set an example (and to show off a little bit).
- I'm somewhat motivated by a quixotic revenge against the asphalt lobby by denying them one daily trip count that they can't use to wring tax subsidies for sprawl.
- It's become a way of life. I really like to hear my friends say that I'm an inspiration, because I don't think I'm doing anything special.

Are there any conditions in which you won't ride? What do you do then?

- Cold and wind don't bother me. Icy makes me nervous, so I go very cautiously around curves, or take the bus on icy days.
- I'll ride in any conditions. There are times I need to put on tires with better traction (for snow and ice).
- Sometimes I'll walk my bike through big wind gusts on windy days.
- When I have my daughter with me I draw the line at very heavy rain, snow or ice. I want to keep her safe and want her to continue to love bicycling.
- Dangerous heavy traffic. I have a meeting once a month that meets on the Guide and I typically drive due to the crazy traffic.
- It's difficult to use the bike (or even the bus) to pick up 40 lb bags of pet food, so I try to plan ahead and group up errands and appointments into one trip, so I really only need to take the car once a month for everything.



What special gear do you and your bike have for winter cycling?

- You don't need to buy lots of equipment, and you can often use things you have around. Old running tights or pants work, ski mitts are often waterproof. I've found good outerwear at ReThreads and Value Village. You can get reflective vests at the hardware stores, sometimes the HUB has cheap fenders and racks. Use what you have, look for deals and be creative.
- I wear my regular clothes to cycle and add more layers when cold requires. In heavy rain, I use a bicycle cape or poncho.
- I keep a pannier full of wet-weather gear so it's always ready to go and I don't have to fumble around searching for gloves etc.
- Waterproof shoe covers and XC ski gloves made all the difference for me. If my hands and feet don't get soggy, I can put up with any conditions. I use a plastic shower cap to keep the saddle dry when the bike is parked. And, legally and for safety: lights!
- I've slowly built up my bike for winter riding, even though I've ridden in rainy conditions for years. I recently added fenders.
- Lots of blinking lights since I'm riding more in the dark. I have a bright rechargeable headlight for pitch black conditions in all weather. An extra small light on the handlebars as a backup, the same on helmet, 2 blinking taillights, and reflective triangle. Be safe!

What comments and advice do you have for others curious about winter and year-round commuting?

- My advice is to start by using the bicycle for some non-commute trip during winter. Unlike a commute, where you're constrained by time, clothing, and route, do an errand where you're going to the store or to the gym, and can be more forgiving. Give yourself permission to change your mind, and try winter cycling on a day when the weather isn't too bad.
- Make up your mind to start, *not* to buy lots of equipment. Work up to it as you commute more and more and decide what you need.
- If I can do it, anyone can. Try it once a week to start. Get your bike and clothes ready the night before so you'll have plenty of time to fit your commute into your schedule. You'll start feeling proud of yourself everytime you do it.

--- Mary Anderson, Ellen Barton, Chris Covert-Bowlds, Brad Howard, Jennifer Karchmer, Jennifer Longstaff, and Donna Merlina contributed to this story.

MBBC: WE'RE MUCH MORE THAN A CLUB!

Recreation – Mt. Baker Bicycle Club hosts weekly, monthly and a variety of annual recreation rides for members and guests throughout the year. Rides are oriented to all levels of ability including beginners, social riders, commuters, touring and high level race training. Check the newsletter for current rides and come along as our guest!

Education – Bicycling safely is a learned skill. The Club offers courses in partnership with the Bellingham Parks Department. We work with local groups to host bike skills rodeos at annual community fairs. Funds raised by club activities help support training of more teachers, training bicycle skills to kids means a lifetime of safer roads.

Encouraging bicycling is an important part of the Club's education work. Our annual Bike to Work and School Day promotion has helped hundreds of commuters "Be part of the solution" launching careers of folks bicycling to work or cycling their kids to school.

Trails – In partnership with Whatcom TrailNet and the Whatcom Independent Mountain Pedalers, the Club helps advocate for development of a complete trail and mountain bike network throughout Whatcom County. The Club works with Bellingham Walks to improve the system of walking paths connecting communities both in cities and rural areas so that our children have safe routes to get to school.

Race Training – Weekly club rides offer new and seasoned high-level riders the chance to improve team riding skills. In partnership with the Ken Meyer Memorial Foundation, the Club hosts annual Criterium Bike Race events. Whether training for professional-class races or for endurance events or tours, these weekly training rides give Club members the extra edge to compete and win.

Mt. Baker Bicycle Club vision:

Residents and visitors of all ability levels enjoy frequent and safe cycling throughout the Whatcom County region.

Our Mission: Encouraging and assisting everyone to experience safe and healthy cycling for recreation, transportation, or racing on roadways and trails in and around Whatcom County.

Mt. Baker Bicycle Club goals:

1. Increase the number of people bicycling regularly
 - conducting and supporting recreational and educational bicycle events and rides
 - helping all types of people enjoy bicycling
2. Encourage safe and enjoyable bicycling
 - educate the public on safe bicycling skills and sharing the road
 - communicate issues of interest to bicyclists

3. Advise decision makers on facilities and policies that maintain or improve safe bicycling conditions on roadways and trails
4. Promote bikes as environmentally friendly transportation
 - partnering to reduce environmental damage of transportation

Mt. Baker Bicycle Club Board of Directors and Officers:

Ellen Barton - President; Marie Kimball - Vice President;
Michael McAuley - Secretary; Cathie Gerlicher - Treasurer;
Doug Schoonover - Ride Coordinator;
Pamela Robertson, Marc Ambers, Chris Covert-Bowlds

Contacts:

Ellen Barton--raleigh3speed@hotmail.com (734-8540)
Marie Kimball--bikebham@yahoo.com (752-1236)
Doug Schoonover--ridecoordinator@mtbakerbikeclub.org (410-6431)
Jennifer Longstaff--mbbcnewsletter@mtbakerbikeclub.org -- *jkl*



Contribute to the newsletter: submission guidelines:

Contributions of articles, editorials, photographs, and artwork are welcome for inclusion in the newsletter. Anything related to bicycling will be considered; please discuss ideas with the editor in advance to reserve newsletter space or if you have questions. Final materials are due the last Friday before the last full week of every month, though earlier submissions are appreciated. Text can be submitted in any common format, for example: plain text, RTF, HTML, MS Word, etc. Please use JPG or TIFF format for photos, and ensure they are at least 300 dpi. Any articles may be edited for grammar, spelling, and space considerations.

Please notify the MBBC of upcoming cycling events for inclusion in the events list/calendar. Provide details plus contact information.

Email the newsletter editor:

mbbcnewsletter@mtbakerbikeclub.org, or drop a note to
Editor, MBBC Newsletter; PO Box 2702; Bellingham WA 98227

MBBC MEMBERSHIP FORM

☐ New Member ☐ Renewing Member ☐ This is a change of address

Last name: _____ First name: _____

Address: _____

City: _____ State: _____ Postal Code: _____

E-mail: _____

Home telephone: _____ Work telephone: _____

Associate member: _____

(An associate member can be any person living at the same address as the individual member)

May we share your contact information with other organizations? ☐ yes ☐ no

Would you like to help? Volunteers are our most valuable resource.

Please check any of the boxes that appeal to you and we will be in touch:

- ☐ Ride Leader ☐ Newsletter ☐ Mailings or Data
☐ Bike to Work and School Day ☐ Chuckanut Century
☐ Special events ☐ Website Maintenance ☐ Education
☐ I can provide discounts on _____

Membership type:

Individual: \$15 _____

Family/Associate: \$25 _____

Additional Donation: _____

(donations support bike safety education)

Total enclosed: \$ _____

Please enclose a check payable to:

Mt. Baker Bicycle Club

(There will be a \$20 fee for all returned checks.)

Mail to: Mt. Baker Bicycle Club
Post Office Box 2702
Bellingham, Washington 98227

CHUCKANUT CENTURY 2008 - THE RESULTS ARE IN

What a great day. Fabulous weather, 336 riders, and almost \$10,000 donated to support the Whatcom Hospice Foundation. This more than doubles last year's results. We had numerous riders from out of the area. Two from Russia, two from St. Louis, a number from eastern Washington and Oregon, some from north of the border and a large number from the Seattle area. We even had 19 "Team in Training" members that spent all summer training for our ride. They collectively raised almost \$40,000 for the Leukemia & Lymphoma Society.

For the most part, the event ran smoothly. We ran out of bib numbers and t-shirts, but not food. There were a few riders that missed turns and got off course but seemed to find their way back. Everyone had their bikes in good working order as there were very few mechanical problems.

I would like to thank all the volunteers that made the Chuckanut Century successful:

- The Whatcom Hospice Foundation volunteers for helping with registration and the food booth at Boundary Bay. Especially, Karen Hagen for recruiting these wonderful people.
- The members of the Mount Baker Bike Club who helped with all the tasks that make this event happen. From promoting the Chuckanut Century in Seattle at Bike Expo, marking the course, buying and distributing the food and providing support during the event.
- The Fairhaven Bike Racing Club and the WWU Cycling team for helping out during the event.
- Kathleen Suit graciously did our map again this year.

Our sponsors include SSC, RAM Construction, Group Health, Adventures NW magazine, Erin Baker's, Oltman Insurance, Boundary Bay, Mt. Baker Rotary, and Costco. These business and organizations provided a tremendous amount of support for the Whatcom Hospice Foundation and the Mount Baker Bike Club. I want to thank them for their support.

Mark your calendar. Next year's Chuckanut Century will be:
Sunday, September 20, 2009.

- Doug Schoonover



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OUTFITTING YOUR WINTER BIKE

Bike Winterizing Tip - Sticky Fender Mounts!

We are facing winter riding conditions again. Road bikes that were great in good weather now deal with grime-in-the-face and streak of doom up the back. On go temporary 1/2 fender sets front and back.

But, I notice these temporary fenders tend to migrate around on the bike frame. Fenders move and meet tires. Not nice! Is there a better way? Perhaps. See what you think. I bought 12 inches of rubber fuel hose (5/16" inside diameter) at Hardware Sales for 69 cents. Cut off a three inch (3") piece and carefully sliced it open on one side only. Repeated this four times for the four fender attachments. When the rubber fuel hose is opened and laid across the bike frame, it provides a sticky and stable base for each fender mount to attach. Attachment is usually done with the big rubber bands which come with the fender set. I pushed this further by using a plastic tie on top of the big rubber band.

Result: nothing moves. What you see is what you get. Hope this helps. (Photo below is of Don's setup!)

- submitted by Don McClary



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Gifts for Cyclists

When asked for gift recommendations, our local gang of cyclists suggested winter bike gear, specifically:

- lobster-claw gloves (warm!)
- tights (ditto!)
- waterproof shoe covers (I love mine)
- headlights
- taillights
- fenders

If the cyclist on your list has all those things already, take a look at the book review on p.7, or consider an MBBC membership or new family membership. Happy Holidays!!

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We are indebted to Sunshine Printing,
www.sunshineprinting.net, 207 W. Holly St. in
Bellingham for printing the MBBC newsletter



SHORT SUBJECTS... a little of this and that about cycling...

Washington State: number one for cycling!

Of all the states in the US, our state of Washington has been awarded the top rank: *Best State in the Country for Bicycling* by the League of American Bicyclists. There is a four page article about what makes Washington great for bicycling in the current (September/October issue) of the League's magazine: *American Bicyclist*, available online at:

www.bikeleague.org/members/pdfs/american_bicyclist_sep-oct_2008.pdf

There are even a couple photos of Bellingham included in the article. Be proud to live in the country's best cycling state.

Ski to Sea Routes to change in 2009

The Bellingham Herald reports that the Ski to Sea race will swap its running course and mountain bike course in 2009. This means teams will need to recruit more enduring runners (since the distance will be increased) as well as more skillful mountain bike riders (much more downhill will be involved, including dismounts and remounts during the race... cyclocross riders may have the edge next year!).

<http://www.bellinghamherald.com/255/story/662965.html>



Fun Cycling Book - just in time for the holidays

The MBBC was contacted by Jim Joyce, editor of the following new book, which would make a nice gift for a cyclist. Jim Joyce has generously sent the MBBC an autographed copy to be awarded as a prize next year in the Bike to Work and School Day raffle. I'll have a copy at the 12/4 reception for those who want to take a look.

Review, by Shari Heinrich, reprinted here with permission:

The Bicycle Book: Wit, Wisdom & Wanderings, edited by Jim

Joyce is a delightful compilation of short essays on cycling (some humorous, some inspirational, some amazing) and cartoons. Whether you have just a few minutes or a full hour to devote to reading, this book can provide a pleasant distraction from everyday life, and place you right back on the saddle.

Joyce covers a fun gambit, from how cycling is the fountain of youth (Law 6 in Gianna Bellofatto's *An Invitation to the Open Road & the Laws of Cycling*; and *The Next 30 Years? How about the Next 50?* by Chip Haynes), to helpful mechanic hints (*Bits and Bolts from Ask the Mechanic*, by Andy Wallen), and everything in between.

Then there are the cartoons, decorating the pages like your favorite bike accessories. You'll find yourself laughing at which sign of the cycling zodiac would represent you (Neal Skorpen's *The Cyclist's Zodiac*), or picturing bicycles designed for animals.

Check www.satyahouse.com for availability. Note: Joyce plans to donate 15% of his royalties to several worthwhile organizations: League of American Bicyclists; SoldierRide.com; and the United States Association of Blind Athletes.

Online comic strip written from cyclists' perspective

Available online only, *Yehuda Moon & the Kickstand Cyclery* has quickly become one of my favorite comic strips. Writer Rick Smith has developed a number of characters and storylines, many of which are inside jokes that will be thoroughly appreciated by cyclists. The title character is a year-round bicycle-only (no car) commuter, preferring old-school steel cruiser bikes loaded down with all the necessities. He runs a bicycle shop with his friend Joe, a full-carbon-riding spandex wearer. The expected retro vs modern arguments are funny enough, but then throw in all the predictable rider personalities who come into their shop as customers. In addition to humorous strips, there are some serious storylines: advocacy, bike safety, interactions with car drivers, bike lanes funding, and the recurring character Fred, a ghost who can't rest until he finds the car who ran him down on his bike.

Go to the strip's website, and do yourself a favor: start at the beginning and read through the series to catch up. The writer doesn't



sell the strip to any publications or sites, and relies on reader sponsorship to pay the expenses. Perhaps if enough MBBC readers decide they like the strip, we can pool some donations together and sign up the MBBC as a sponsor.

www.yehudamoon.com

Give it a read, and let me know if you like it.

© RICK SMITH / YEHUDAMOON.COM / COMICS BY YEHUDAMOON.COM

--*fl*

<i>Sunday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>
	December 1	2	3 Wed Group Ride	4 MBBC Annual Reception	5	6 Donut Ride
7	8	9 Tues Social Ride	10 Wed Group Ride	11	12	13 Donut Ride Recumbent Ride
14	15	16 Tues Social Ride	17 Wed Group Ride	18	19	20 Donut Ride
21 <i>Hanukkah</i> <i>Winter Solstice</i>	22	23 Tues Social Ride	24 Wed Group Ride	25 <i>Christmas</i>	26	27 Donut Ride
28	29	30 Tues Social Ride	31 Wed Group Ride GetMovin' Bike Skills	January 1 2009 <i>New Year</i> New Year's Day Ride	2	3 Donut Ride
4	5	6 Tues Social Ride	7 Wed Group Ride	8	9	10 Donut Ride Recumbent Ride
11	12	13 Tues Social Ride	14 Wed Group Ride	15 everybodyBike First Gear	16	17 Donut Ride
18	19 <i>MLK Day</i>	20 Tues Social Ride	21 Wed Group Ride	22	23	24 Donut Ride
25	26	27 Tues Social Ride	28 Wed Group Ride	29	30	31 Donut Ride

Have you renewed your membership? Check the date on the mailing label and please please renew!!! Support your community club.

Happy Holidays from your MBBC

Mt. Baker Bike Club
PO Box 2702
Bellingham Wa 98227

