

MOUNT  
BAKER



BICYCLE  
CLUB

# MBBC

**More Bicycling = Better Community!**

Mount Baker Bicycle Club Newsletter, Volume 18 Number 4, May 2009



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This month's contributors:  
Mary Anderson, Ellen  
Barton, Kristin Kinnamon.  
Thanks to all!



MBBC listserv--  
[sports.groups.yahoo.com/  
group/MtBakerBicycleClub/](http://sports.groups.yahoo.com/group/MtBakerBicycleClub/)

Club Website:  
[www.mtbakerbikeclub.org](http://www.mtbakerbikeclub.org)

Newsletter archive online:  
[www.mtbakerbikeclub.org/  
Newsletters/newsletters.htm](http://www.mtbakerbikeclub.org/Newsletters/newsletters.htm)

Follow the club on Twitter:  
[twitter.com/mtbakerbike](http://twitter.com/mtbakerbike)

## Here's how we celebrate in Bellingham!

**April 30: Team-Up for everybodyBIKE kick-off reception:** 5-7pm, Chuckanut Brewery and Kitchen on Holly Street in Old Town. Team captains get your teams together! (see p. 2)

**May 1: Holland Days ride** 6-8 pm in Lynden; May 1-2: Holland Days Pump-you-up Booth 9am-5pm

**May 2: Procession of the (Bike) Species:** Butterfly bicycles lead the parade. Dress your bike as an animal and ride with the Species. 3:30 pm, Lottie Street: <http://www.bpots.org/>

**May 9: Bicycle Scavenger Hunt:** 10am Public Market

**May 9: Pedal with your Politician:** noon-1:30pm from Farmer's Market. Thank our political leaders for their work to make Whatcom County bike-friendly.

**May 13: Ride of Memorial:** in the spirit of the *Ride of Silence*, the group departs the Fairhaven Village Green at 6pm and quietly rides to honor the memory of cyclists killed or injured on our roadways.

**May 11-15: Grizzlies on Bikes Week:** watch for Grizzly Bears cycling throughout town during Grizzly Awareness Week.

**May 15: Bike to Work and School Day!** See events and map of celebration stations on p. 4-5.

**May 16: Adaptive Cycles Expo:** 11am-2pm City Hall. Check out an assortment of bike designs that make it fun and easy for anyone to pedal.

*continued on p. 2*

everybody  BIKE

A month of fun & prizes for everyone on two wheels

# WEEKLY AND GROUP RIDES



**Tuesday Social Ride:** starts from Pioneer Park in Ferndale, 30-40 miles, 13-16 mph route varies. 10am start time in winter, 9am in better weather. To check start time and for other information, contact. Robert Parker at [rmp-4724@hotmail.com](mailto:rmp-4724@hotmail.com) or 360-671-6910

**Tuesday Ramp-Up Ride:** Tuesday evenings 5:45 pm through September. Meet @ Whidbey Island Bank, corner of Bakerview/Northwest. Initially 14-15 mph (with slower and faster groups becoming available as more people start riding), 10-15 miles, practice group-riding skills. Contact: [ridecoordinator@mtbakerbikeclub.org](mailto:ridecoordinator@mtbakerbikeclub.org), 410-6431

**Tuesday Hot Laps Ride:** 30-40 miles, race pace. Training ride departs from Kulshan Cycles at 6pm to a practice road race course. Summer months (has already started for 2009)

**Wednesday Group Workout Ride:** Race/Training Pace, 30 mile distance, meet at 5:45 pm, leave at 6pm from Boundary Bay Brewery at Railroad Avenue. Ride separates into fast and very fast groups. From Oct-Mar this is a night trail ride with lights. Re-group at brewery afterward (7:30 pm). Contact: [ridecoordinator@mtbakerbikeclub.org](mailto:ridecoordinator@mtbakerbikeclub.org), 410-6431

**Saturday Donut Ride:** 24 – 45 miles, race pace, departs from Kulshan Cycles, 7:30 am Oct thru Feb and 7 am March thru Sept. Goes to Ferndale and return, or if you wish continue to Birch Bay and return. Every week of the year!!

**Saturday Recumbent Ride:** Second Saturday of the month at 10 am. 14 mile intown course begins at Kulshan Cycles. Sporadic depending on weather. Info: Robert Parker at [rmp-4724@hotmail.com](mailto:rmp-4724@hotmail.com) or 360-671-6910

**everybodyBikeCommunity Rides:** Check [www.everybodyBike.com/calendar.aspx](http://www.everybodyBike.com/calendar.aspx) for listings

**WhIMPs Mountain Bike Rides:** contact the club on their website for schedule: [www.whimpsmtb.com](http://www.whimpsmtb.com)



presents:

## TEAM UP! for everybodyBIKE

**Become a team leader!** People try riding bicycles for transportation when someone they know and trust encourages them. Whether you cycle a lot or a little, you're an inspiration for friends and colleagues who haven't cycled lately. Share what you know, share the fun, and share the prizes by becoming an **everybodyBIKE Team Leader**.

**TEAM UP** is Whatcom Smart Trips' celebration of National Bike Month in May. Current cyclists, such as MBBC Members, are the leaders of this celebration.

**Recruit your Team.** People of all ages can participate in Team Up. Anyone who lives, works, or goes to school in whatcom County can form a team, ride, and win. Here's how:

1. Recruit three to five people, especially novice cyclists and a company exec, plus yourself.
2. Register your team online before Sunday, May 31 at [www.everybodyBIKE.com](http://www.everybodyBIKE.com) (follow the links to TeamUp, then to Register your Team). Those without Internet access may register teams by contacting everybodyBIKE at 671-BIKE.

**Scoring Points.** Team members score one point for each day in May that they walk or take a bicycle for transportation, rather than using a car. People who are new to cycling, as well as one company executive per team, can score extra points. Team members can record their trips at [WhatcomSmartTrips.org](http://WhatcomSmartTrips.org), or keep score on the card below:

### TEAM UP Calendar Card

Check the boxes for all the days you participate and total below.

sun	mon	tue	wed	thu	fri	sat
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

see [www.everybodyBIKE.com/events-rides.aspx](http://www.everybodyBIKE.com/events-rides.aspx) for all the details, rules, and answers!

## National Bike Month in Bellingham

*continued from p. 1*

**May 17: Ski to Sea Fun run/walk/bike.** 10:30am-1:30 pm Lake Padden to Fairhaven. [www.skitosea.com/Assets/s2s\\_fun\\_run.pdf](http://www.skitosea.com/Assets/s2s_fun_run.pdf)

**May 23: Bike Cavalcade in the Ski to Sea Parade:** noon-2pm-ish, *Create & Imagine* is the parade's 2009 theme. Show off your classy fenders and enjoy an entertaining cruise in the Grand Parade. Registration required: [info@everybodyBIKE.com](mailto:info@everybodyBIKE.com)

**Saturdays: Pump You Up** booth at the Farmers Market - Bike maintenance and flat repair!

# 2009 CALENDAR

Calendar is updated as new events come in - check back each month!

## SPECIAL EVENTS

### May is National Bike Month

Events schedule at [www.everybodyBike.com](http://www.everybodyBike.com) and on p. 1,2, 4, and 5 of this newsletter

### Bike to Work and School Day - May 15

See events list and map of celebration stations on p. 4-5.

### Bike To Work & School Day final planning meeting

**May 6** 6:30-8:30pm Library Meeting Room. Volunteer to help make this year's *Bike Day* the best ever! *information:* Mary Anderson or Ellen Barton 671-BIKE or [info@everybodyBIKE.com](mailto:info@everybodyBIKE.com)

## Gatherings

everybodyBIKE confidence classes: [www.everybodyBike.com](http://www.everybodyBike.com)

**May 6, June 3, June 23**

*information and sign ups:* 671-BIKE or [info@everybodyBIKE.com](mailto:info@everybodyBIKE.com)

Women's **Bike Maintenance Class** at The Hub, 6-8 pm

May 19, or June 2

The class is free but pre-registration is required and seating is limited. 714-9033 to sign up. Hurry - classes are filling up fast!

Events at **Bellingham REI:** [www.rei.com/stores/events/65](http://www.rei.com/stores/events/65)

**May 7 & 26:** Bike Maintenance 101

**May 16 & 31:** Bike Maintenance 201

## Mount Baker Club Rides

Formerly the Baker Hiking Club, this group organizes hikes, paddles, and rides for outdoor enthusiasts.

*details:* [www.mountbakerclub.org](http://www.mountbakerclub.org)

Their bike rides in May are:

Skagit County Bicycle Ride – **May 16**, meet 10am Sunnyland 25 miles, moderate with a few hills. Contact Janet Salo @ 734-6602

Bike Lopez Island, **May 16-17** -

Join Ron Peterson for a bicycle and camp around Lopez Island before the summer crowds show up. Call 733-1183.

## Races (to watch or to enter)

The main event: **Ski to Sea 2009: May 24**,

*details:* [www.skitosea.com](http://www.skitosea.com)

**WVU Triathlon: May 17** *details:* [www.tri@gmail.com](mailto:www.tri@gmail.com)

## Bellingham Parks & Rec Race Series

**June 27:** Lake Padden Triathlon

**July 25:** Lake Padden Duathlon

**August 8:** Youth Triathlon

**October 11:** [Runningshoes.com](http://www.runningshoes.com) Duathlon and YMCA Youth Du

*full schedule, signups information, details at:*

[www.trithecookie.com](http://www.trithecookie.com)

## Mountains to Sound Relay: June 21

[www.mountaintosound.com](http://www.mountaintosound.com)

*special events calendar continued on page 7*

## 2009 RIDES EVENTS

### May

**2** RACC: Ride Around Clark County (Vancouver WA)

[www.vancouverbicycleclub.com/RACC.html](http://www.vancouverbicycleclub.com/RACC.html)

**2** Camano Climb [www.stanwoodvelosport.com](http://www.stanwoodvelosport.com)

**9** Skagit Spring Classic [www.skagitbicycleclub.org](http://www.skagitbicycleclub.org)

**17** Ski to Sea Fun Run/Ride

[www.skitosea.com/Assets/s2s\\_fun\\_run.pdf](http://www.skitosea.com/Assets/s2s_fun_run.pdf)

**25** Seven Hills of Kirkland [www.7hillskirkland.org](http://www.7hillskirkland.org)

### June

**6** Cruise in June (Bellingham) [www.everybodyBIKE.com](http://www.everybodyBIKE.com)

**6** Blast from the Past Century (Sedro Woolley)

[www.blastfromthepastcentury.org](http://www.blastfromthepastcentury.org)

**7** Peninsula Metric Century (Southworth)

[www.twbc.org/events/peninsula](http://www.twbc.org/events/peninsula)

**13** Flying Wheels (Redmond, east side)

[www.cascade.org/EandR/flying/](http://www.cascade.org/EandR/flying/)

**20** Chelan Century Challenge (Chelan) [www.centuryride.com](http://www.centuryride.com)

**20** Tour de Blast (Mount St. Helens) [www.tourdeblast.com](http://www.tourdeblast.com)

**21** LiveStrong ride series (Seattle) [livestrongChallenge.org](http://livestrongChallenge.org)

### July

**11-12** Seattle to Portland/STP [www.cascade.org/EandR/stp](http://www.cascade.org/EandR/stp)

**15-19** RedSpoke - Redmond to Spokane [www.redspoke.org](http://www.redspoke.org)

**18** S2S - Seattle to Spokane (284 miles, one day)

[www.redmondcyclingclub.org/S2S/S2S.html](http://www.redmondcyclingclub.org/S2S/S2S.html)

**19-25** TourBC (Creston BC loop) [www.tourbc.net](http://www.tourbc.net)

**25** Seattle Century [www.seattlecentury.com](http://www.seattlecentury.com)

**30** RAMROD - Ride Around Mt. Rainier in One Day

[www.redmondcyclingclub.org](http://www.redmondcyclingclub.org)

### August

**1** Tour de Whatcom (Bellingham) [www.tourdewhatcom.com](http://www.tourdewhatcom.com)

**3-9** RAW - [www.cascade.org/EandR/raw](http://www.cascade.org/EandR/raw)

**8** Bike to Battle Cancer (Bellingham) -

[www.biketobattlecancer.org](http://www.biketobattlecancer.org)

**14-15** RSVP - [www.cascade.org/EandR/rsvp](http://www.cascade.org/EandR/rsvp)

**22-23** RAPSody - Ride Around Puget Sound (Tacoma)

[www.rapsodybikeride.com](http://www.rapsodybikeride.com)

**30** Summits of Bothell [www.summits-of-bothell.org](http://www.summits-of-bothell.org)

### September

**12-13** MS 150 Bike Ride (Mt. Vernon)

**13** Mt. Baker Hill Climb (Glacier) [www.norkarecreation.com](http://www.norkarecreation.com)

**18-21** Trek Tri-Island (San Juan, Lopez, Orcas Islands) [alaw.org](http://alaw.org)

**20** Chuckanut Century (Bellingham) [mbbc.website](http://mbbc.website)

**26** Tour de Whidbey (Oak Harbor) [tinyurl.com/5zw9zv](http://tinyurl.com/5zw9zv)

**26** DAM2DAM (Wenatchee) [www.mikeutley.org](http://www.mikeutley.org)

**27** Headwaters Century (Enumclaw)

[www.twbc.org/events/headwaters](http://www.twbc.org/events/headwaters)

### October

**4** Kitsap Color Classic [www.cascade.org/EandR/kitsap](http://www.cascade.org/EandR/kitsap)

# Wood Stone



GroupHealth *presents:*

# BIKE TO WORK AND SCHOOL DAY!

Friday, May 15, 2009

**G**et on your bike and Ride! ... To work, to school, and to the events scheduled for Friday, May 15 around Bellingham and Whatcom County!

### Enjoy the Annual Pancake Breakfast at The Hub

Beginning at 7am, friends and members of **The Hub** Community Bike Shop will be flipping pancakes for passing cyclists in their annual celebration! Stop by as you ride past on the South Bay Trail.

### Receive Cheers at a Celebration Station

Pick a route to work that passes one of the many Celebration Stations in town and the county. Stop for treats, cheers, and to fill out raffle entries for prizes. See map on p. 5, and check the county map at [www.everybodyBIKE.com](http://www.everybodyBIKE.com). Stations open at 6:30 am and remain open until 9 am. Some stations will stay open until 10 am if the volunteers are being entertained by lots of cyclists, so be sure to stop by!

### Test Your Skill (or watch others testing theirs) at the City Hall Tricycle Race

Noon at the Bellingham City Hall. Round up your team and enter the annual hilarious contest of humor and tricycling skill at this event sponsored by the City of Bellingham.



### Grab an Ice Cream at the Kids' Celebration at Mallard's

Kids! After 3:00 pm, ride your bike to Mallard's Ice Cream on Railroad Ave. Show your "I Biked" sticker and get a dollar off an ice cream cone. There will be more events at Mallard's after the Junior Ski to Sea Parade.

### Wrap Up the Day's Celebration at Boundary Bay

From 5-7 pm, join the rest of the day's bicycle commuters at Boundary Bay Brewery and Bistro on Railroad Ave. Show your "I Biked" sticker and get free entry to music, food, fun, and prize drawings on Whatcom County's favorite bike day.



**Celebrate!!!**

6:30-9 or 10 am

Ride or walk to work/school on Friday, May 15, and stop on your way at one of the *Celebration Stations* in Bellingham and Whatcom County. Station volunteers will be on hand with treats, prizes, and cheers!



# MBBC: WE'RE MUCH MORE THAN A CLUB!

**Recreation** –Mt. Baker Bicycle Club hosts weekly, monthly and a variety of annual recreation rides for members and guests throughout the year. Rides are oriented to all levels of ability including beginners, social riders, commuters, touring and high level race training. Check the newsletter for current rides and come along as our guest!

**Education** – Bicycling safely is a learned skill. The Club offers courses in partnership with the Bellingham Parks Department. We work with local groups to host bike skills rodeos at annual community fairs. Funds raised by club activities help support training of more teachers, training bicycle skills to kids means a lifetime of safer roads.

Encouraging bicycling is an important part of the Club's education work. Our annual Bike to Work and School Day promotion has helped hundreds of commuters "Be part of the solution" launching careers of folks bicycling to work or cycling their kids to school.

**Trails** – In partnership with Whatcom TrailNet and the Whatcom Independent Mountain Pedalers, the Club helps advocate for development of a complete trail and mountain bike network throughout Whatcom County. The Club works with Bellingham Walks to improve the system of walking paths connecting communities both in cities and rural areas so that our children have safe routes to get to school.

**Race Training** – Weekly club rides offer new and seasoned high-level riders the chance to improve team riding skills. In partnership with the Ken Meyer Memorial Foundation, the Club hosts annual Criterium Bike Race events. Whether training for professional-class races or for endurance events or tours, these weekly training rides give Club members the extra edge to compete and win.

**Mt. Baker Bicycle Club vision:**

Residents and visitors of all ability levels enjoy frequent and safe cycling throughout the Whatcom County region.

**Our Mission:** Encouraging and assisting everyone to experience safe and healthy cycling for recreation, transportation, or racing on roadways and trails in and around Whatcom County.

**Mt. Baker Bicycle Club goals:**

1. Increase the number of people bicycling regularly
  - conducting and supporting recreational and educational bicycle events and rides
  - helping all types of people enjoy bicycling
2. Encourage safe and enjoyable bicycling
  - educate the public on safe bicycling skills and sharing the road
  - communicate issues of interest to bicyclists

3. Advise decision makers on facilities and policies that maintain or improve safe bicycling conditions on roadways and trails
4. Promote bikes as environmentally friendly transportation
  - partnering to reduce environmental damage of transportation

**Mt. Baker Bicycle Club Board of Directors and Officers:**

Ellen Barton - President; Marie Kimball - Vice President;  
 Michael McAuley - Secretary; Cathie Gerlicher -Treasurer;  
 Doug Schoonover - Ride Coordinator;  
 Pamela Robertson, Marc Ambers, Chris Covert-Bowlds

**Contacts:**

Ellen Barton--raleigh3speed@hotmail.com (734-8540)  
 Marie Kimball--bikebham@yahoo.com (752-1236)  
 Doug Schoonover--ridecoordinator@mtbakerbikeclub.org (410-6431)  
 Jennifer Longstaff--mbbcnewsletter@mtbakerbikeclub.org -- *jkl*



**Contribute to the newsletter:** submission guidelines:

Contributions of articles, editorials, photographs, and artwork are welcome for inclusion in the newsletter. Anything related to bicycling will be considered; please discuss ideas with the editor in advance to reserve newsletter space or if you have questions. Final materials are due the last Friday before the last full week of every month, though earlier submissions are appreciated. Text can be submitted in any common format, for example: plain text, RTF, HTML, MS Word, etc. Please use JPG or TIFF format for photos, and ensure they are at least 300 dpi. Any articles may be edited for grammar, spelling, and space considerations.

Please notify the MBBC of upcoming cycling events for inclusion in the events list/calendar. Provide details plus contact information.

Email the newsletter editor:

mbbcnewsletter@mtbakerbikeclub.org, or drop a note to Editor, MBBC Newsletter; PO Box 2702; Bellingham WA 98227

## MBBC MEMBERSHIP FORM

New Member     Renewing Member     This is a change of address

Last name: \_\_\_\_\_ First name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Postal Code: \_\_\_\_\_

E-mail: \_\_\_\_\_

Contact telephone number: \_\_\_\_\_

Associate member: \_\_\_\_\_

(An associate member can be any person living at the same address as the individual member)

Would you like to help? Volunteers are our most valuable resource.

Please check any of the boxes that appeal to you and we will be in touch:

- Ride Leader     Newsletter     Mailings or Data  
 Bike to Work and School Day     Chuckanut Century  
 Special events     Website Maintenance     Education  
 I can provide discounts on \_\_\_\_\_

**Membership type:**

Individual: \$15 \_\_\_\_\_

Family/Associate: \$25 \_\_\_\_\_

Additional Donation: \_\_\_\_\_

(donations support bike safety education)

Total enclosed: \$ \_\_\_\_\_

Please enclose a check payable to:

Mt. Baker Bicycle Club

(There will be a \$20 fee for all returned checks.)

Mail to: Mt. Baker Bicycle Club  
 Post Office Box 2702  
 Bellingham, Washington 98227

## Bicycle Alliance of Washington: update

# STATUS REPORT FROM OLYMPIA

Every year, literally hundreds of bills are submitted to the Legislature for review and approval. Many are great ideas for great causes, some deserve to die, few make it out for the Governor's signature to become law.

I am proud to say that as of this writing, two bills that we helped create on behalf of cyclists look likely to fall into that last category.

It takes preparation, partnerships and people to get a bill passed in Olympia. With the Bicycle Alliance of Washington, cyclists in our state have all three things working in our favor. The BAW Legislative & Statewide Issues Committee, made up of bicycle advocates from all over the state, first met last spring to plan for the 2009 legislative session. We identified our priorities and researched laws and current practices to build a case for support. Because we've been working in Olympia a long time, we knew what the arguments might be for and against our bills.

So part of our preparation was building partnerships with groups like the Washington State Patrol, which opposed our 3-foot safe passing law last year. We got key cities on board with our traffic signal activation bill. The Obesity Prevention Coalition, formed to encourage more kids walking and biking to school, brought many groups together to support our shared "Safe Routes to School" legislation.

## SPECIAL EVENTS CALENDAR

*continued from p. 3*

**Indie series will be in Bellingham July 12**  
see full schedule at: [www.indieseries.com/](http://www.indieseries.com/)

**Bellingham Traverse: September 19**  
[bellinghamtraverse.com](http://bellinghamtraverse.com)

### Trail Building

Trail-work parties are being organized by the Whatcom Independent Mountain Pedalers (WhIMPs) and by the Bellingham Parks Department. Come volunteer, help maintain the trails that we all use and enjoy!

**May 3**, WhIMPs Mirror Pond Trail Construction, 10am. Tools supplied. Wear appropriate clothing.  
*information:* [www.whimpsmtb.com/trailbuilding.html](http://www.whimpsmtb.com/trailbuilding.html)

**May 2** - 10am Crooked Path

**May 16** - 10am Memorial Park

**May 16** - 1pm South Bay Trail

**May 30** - 10am Bay to Baker Trail

*information:* Bellingham Parks & Recreation, 360-778-7105 and see directions to trailhead meeting places here: [www.cob.org/documents/parks/volunteer/work-schedule.pdf](http://www.cob.org/documents/parks/volunteer/work-schedule.pdf)

There are many categories of people behind successful legislation. The volunteers on our committee are backed up by professional staff. The Bicycle Alliance has a long-time professional lobbyist in Olympia: Michael Temple. This year Michael was joined for the first time by a staff member from the Cascade Bicycle Club who also worked on behalf of cycling. Michael's knowledge of the process, the politics and the political people in Olympia is unmatched. It's what gets us bill sponsors, hearings and votes. When our signal bill died, he got it a second chance by inserting the language into legislation that was still alive.



Bike Alliance staff and volunteers helped get other people involved in this process. They organized panels of experts to speak to committees, sent out "action alerts" to Alliance members, wrote articles for websites and bike club newsletters. The power of "the people" really does come into play in Olympia, and every one of you who wrote an email, made a call or met with your legislators on behalf of bicycling helped make a difference.

The legislative session has not ended as I write this, but already we are planning for 2010. One thing we learned this session is that many of our politicians don't understand cycling. If we say "bicycle education" they think only of 10-year-olds. If we say "cars should be required to pass at a minimum of 3-feet," they say "bicyclists should ride on the right side of the bike lane or shoulder or cars don't have to pass safely."

Obviously, part of our preparation this year will involve educating politicians. We'll be seeking partners in local bike clubs and people with a passion for cycling to succeed in that effort. We'll also be working to identify our legislative priorities. What bills that died this year should we revive? What new ideas and approaches should we bring forward? What will make the biggest differences for cyclists' safety and comfort and encouragement?

Send your ideas and read more about Bicycle Alliance efforts in Olympia at [www.bicyclealliance.org](http://www.bicyclealliance.org).

*- submitted by  
Kristin Kinnamon,  
the president of the Bicycle  
Alliance of Washington and  
past president of BIKES Club  
of Snohomish County.*

### Car Sharing

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<i>Sunday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>
				April 30 Team Up bike month kickoff reception	<b>May 1</b> Holland Days Ride	<b>2</b> Donut Ride Procession Species RACC Camano Climb Bellingham Parks: Trail work day
<b>3</b> WhIMPs Trails work day	<b>4</b>	<b>5</b> Tues Social Ride Tues Hot Laps Tues Ramp-Up Ride	<b>6</b> Wed Group Ride everybodyBIKE: confidence classes BikeDay planning mtg	<b>7</b> REI: Bike Maint 101	<b>8</b>	<b>9</b> Donut Ride Recumbent Ride Skagit Spring Classic Bike Scavenger Hunt Pedal w/Politician
<b>10</b> <i>Mothers Day</i>	<b>11</b> <i>watch for Grizzlies...</i>	<b>12</b> Tues Social Ride Tues Hot Laps Tues Ramp-Up Ride	<b>13</b> Wed Group Ride Ride of Memorial	<b>14</b>	<b>15</b> <i>Bike            to Work &amp;            School Day!!</i> events, p. 4-5	<b>16</b> Donut Ride MtBaker Club Rides Adaptive CyclesExpo Bellingham Parks: Trail work day REI: Bike Maint 201
<b>17</b> WWU Triathlon SkiToSea Fun Ride	<b>18</b>	<b>19</b> Tues Social Ride Tues Hot Laps Tues Ramp-Up Ride Women's bike maint class @TheHub	<b>20</b> Wed Group Ride	<b>21</b>	<b>22</b>	<b>23</b> Donut Ride Ski to Sea Parade – Bike Cavalcade
<b>24</b> Ski to Sea <b>31</b> REI: Bike Maint 201	<b>25</b> <i>Memorial            Day</i> 7 Hills of Kirkland	<b>26</b> Tues Social Ride Tues Hot Laps Tues Ramp-Up Ride REI: Bike Maint 101	<b>27</b> Wed Group Ride	<b>28</b>	<b>29</b>	<b>30</b> Donut Ride Bellingham Parks: Trail work day



### Mt. Baker Bicycle Club

Post Office Box 2702  
 Bellingham, Washington 98227

When you have finished with this newsletter, please pass it along to another cyclist. If you wish to read the newsletter online rather than receive a paper/mailed newsletter, please inform [mbbcnewsletter@mtbakerbikeclub.org](mailto:mbbcnewsletter@mtbakerbikeclub.org)