

This month's contributors: Kim Brown, Chris Comeau, Bunny Finch, Colleen Haggerty, Hilary Higgins, Rick Jacoby, John Okan, and the guy in the Strava shirt. Thanks All!



the club online:

mtbakerbikeclub.org chuckanutclassic.org and our social sites:



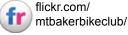
facebook.com/ mountbakerbicycleclub



facebook.com/ chuckanutclassic



twitter.com/mtbakerbike



MBBC

More Bicycling = Better Community!

Mount Baker Bicycle Club Newsletter, Vol 26, No 8, September 2017

AUTUMN? ALREADY?

It's hard to believe that the first day of Fall is coming up in September! The days are quickly getting shorter, and some of our evening rides will be ending this month. But the weather is still incredibly nice, and the September calendar is full of bike rides. Get out and ride before the rain rolls in!

North Puget Sound Bike Alliance

FINAL "HIDDEN GEM" RIDE SEPTEMBER 9

The final Hidden Gem of 2017 will be presented on September 9th by the MBBC and is being organized by Rick Jacoby. This is the last in our series of rides presented by the four-bike-club partnership. We've invited members of the Skagit Bicycle Club, Whidbey Island Bicycle Club, and the BIKES Club of Snohomish County to join us. MBBC members: come out and meet other club members and welcome them to our great Whatcom County cycling!

Three routes will start from 4th and Front Street in Lynden, and will head north. There will again be 3 rides: a casual 12-mile ride, a moderate 25-miler and a faster 45-mile ride. The 25 and 45 mile rides will ride along Boundary Road, the US/Canada border. The 45 mile ride will also zip through the metropolis of Sumas!

Our Hidden Gem will begin at 10am from 4th and Front Street, but arrive early to grab some coffee and a pastry from Avenue Bread in the Waples Building first!

Route maps are uploaded to the MBBC website. Go to the events calendar at

McClinchy Mile April 30th
Skagit Spring Classic May 13th
Tour de Whidbey August 19th
Chuckanut Classic August 27th
North Puget Sound Bike Alliance
4 rides, 4 centuries

mtbakerbikeclub.org/calendar and click on the ride description listed on September 9th.

FRIDAY HARBOR BIKE-N-BREW

A morning of cycling and an afternoon of brews on September 23

Take a jaunt on the ferry over to San Juan Island and enjoy one of 3 picturesque routes. After the ride, relax at Brickworks in Friday Harbor. Enjoy samples of island-crafted microbrews and delicious food from local food vendors.

fridayharborbike-n-brew.org

Transition Month

WEEKLY AND GROUP RIDES: SHORTER-DAYS EDITION

With days getting shorter, many rides are changing or ending for the season. Some start times will change, some rides will change format. Check with ride leaders for the latest news and schedule.

Sunday Edison Social Ride starts from Edison Elementary School parking lot. 30-40 miles, 10-14 mph, route varies. 10 am start time. For additional info: Alfred Arkley arkley@comcast.net or 360-527-8638

Sunday Rabbit Ride: 32mi road ride, south on Chuckanut, back via Colony and Lake Samish. All welcome; come prepared to push yourself. Pace varies by individual. Small similarly-paced groups leave from Fairhaven Bike. Those who ride slower than 16 mph, be ready to ride by 7:45 am (summer start time) Faster groups leave every 5 minutes thereafter. For weekly updates: jmhauter@comcast.net

Tuesday Ferndale Social Ride: starts from Pioneer Park in Ferndale, 30-40 miles, 13-16 mph route varies. Start time 9am (switches back to 10am start in September). To check time and other info: Bob Parker rmp-4724@hotmail.com or 360-671-6910

Tuesday "Hot Laps" 30-40 miles, race pace. Training ride departs from Kulshan Cycles at 6pm to a practice road race course. Summer months only.

Tuesday Evening Summer Ride: Final official ride of 2017 is Tuesday, September 5th, but anyone who wants to ride on their own is welcome to keep meeting until daylight gives out! Start at WCC northeast parking lot. Meet 5:45pm leave at 6pm. Riders group-up by ability and average speed. (14-16 mph, 16-18 mph, 18+). 15-20 miles. Ride focus on skills necessary to ride in groups. bikebeham@gmail.com

Wednesday Group Workout Ride: Meet 5:45pm, leave 6pm from parking lot across from Boundary Bay Brewery on Railroad Ave. Split into fast and very-fast groups for 25-30-mile road ride. If weather is good we'll continue on road through September, but everyone bring your bike lights! Switch to winter trail riding first week in October. Check with ride leaders on Wednesdays to make sure. Info: t.ryan.2009@gmail.com

Thursday South Social Ride starts from Edison Elementary School parking lot. 30-40 miles, 10-14 mph, route varies. 10 am start time Info: Alfred Arkley: arkley@comcast.net or 360-527-8638

Thursday Going Up The County Ride: Final ride of 2017 is Thursday, September 7th, 16-18 mph pace, 20 miles. Start: Riverside Park in Everson. A ride for the county folk in Everson, Nooksack, Deming (and Bellingham too!).

Saturday Donut Ride: 24 – 45 miles, race pace, departs from Kulshan Cycles, 7am summer-season start time. Goes to Ferndale and return, or if you wish continue to Birch Bay and return. Every week of the year!! Watch for switch to winter start time (7:30) in mid October or November.

Saturday Recumbent Ride: Second Saturday of the month at 10 am. Everyone welcome, including single riders and electric-assist bikes. Leusurely-paced 14 mile intown course begins at Kulshan Cycles. Weather-dependent. Robert Parker at rmp-4724@hotmail.com or 360-671-6910



James Dougherty (welcome back!)

Penny Henderson

Joann Johnson

Jonathan Larter

Marcia Matson

Darcy McEvoy

Glenn McEvoy

Don Miller

Jeff Popp

Gary Quinn

Allison Samuel

Justin Samuel

Trevor Treasure

Carolyn Young

Robert Young

Patty Yust

We're glad to have you in the MBBC!

EVENTS IN 2017

Classes & Training

Bellingham REI Cycling maintenance classes: check the monthly calendar at rei.com/stores/bellingham.html.

September 10: Hands-on Bike Maintenance: Drivetrain **September 13**: Women's Hands-on Maintenance: Fix a Flat

Bellingham Training & Tennis Club (formerly Fairhaven Fitness): Cycle Moles and Healthy Knees classes begin September 5, in the all new *RIDE* cycle studio. There is still room (but not very much) in the following classes:

- Healthy Knees Level 1, Tue & Thu, 8:30-9:15am 3 bikes left!
- Healthy Knees Level 1, Tue & Thu, 4:30-5:15pm 4 bikes left!
- Healthy Knees Level 2, Tue & Thu, 9:30-10:30am Need 4 more!
- Cycle Moles Level 1, Mon & Wed, 7-8am Only 4 bikes left!
- Cycle Moles Level 2, Tue & Thu, 6:45-8:15pm Need 4 more!

Drop-in classes are 10 for \$150 when space allows. See BeTrainingTennis.com or 360.733.5050

"ride" with a plan

at Bellingham Training & Tennis Club's

All NEW "ride" CYCLE STUDIO

HEALTHY KNEES & CYCLE MOLES 8 WEEK TRAINING CAMPS

Early Fall 9/5-10/29

Late Fall 10/29-12/23 Winter 1/2-2/25



360.733.5050 BeTrainingTennis.com

Wednesday night CX practices 6pm Wednesday evenings through Thanksgiving. Practices are at Lake Padden Ballfields, moving to Civic Field as weather requires.

All ages and skill levels are welcome. Special instruction available for kids and beginners. You will need a 'cross or mountain bike – preferably with bottle cages removed – and a helmet.

\$5 per practice, or \$30 for unlimited practices during the season. Kids are always free. All fees go to facility rental and to local cycling advocacy groups. David Neubeck, 360-738-2025; dneubeck@hotmail.com.

Races

September 16: Bellingham Traverse recreationnorthwest.org/bellingham-traverse

Cascade Cross Series has announced its 2017-2018 schedule. Details at Cascade Cross.com

October 7: Bellingham BMXOctober 21: Woolley Cross

• November 4: Hannegan Speedway

November 18: DeltaTech

• December 2: Lutherwood

• January 13, 2018: Bandit Cross

2017 RIDES

September 2017

- **3** Great Northwest Fall Tour (Newport WA) gnwft.homestead.com
- 9 Gran Fondo Whistler (Whistler BC) granfondowhistler.com/
- 9 NPSBA Hidden Gem Ride: Whatcom County
- 9 Passport2Pain (Vashon Island) passport2pain.org
- 9 Ride the Rim #1 (Crater Lake, OR) ridetherim2017.com
- **9-10** Bike MS: Deception Pass Classic (Mt Vernon) bikewas.nationalmssociety.org/site/TR?fr_id=28273
- 10 Spokefest (Spokane) spokefest.org
- 11-16 WaCanld Ride (Selkirk Loop) wacanid.org
- 16 Ride the Rim #2 (Crater Lake, OR) ridetherim2017.com
- **17** Cycle the WAVE (Seattle) thewavefoundation.org/cycle-the-wave
- 23 Bike-n-Brew (Friday Harbor) fridayharborbike-n-brew.org
- 23 Coeur D'Fondo (Coeur D'Alene ID) cdagranfondo.com
- 23 Gran Fondo (Winthrop WA) rideviciouscycle.com/events
- 24 Kitsap Color Classic (Kingston) cascade.org/kitsap-color-classic
- **24** MEC Century Victoria (Victoria BC) events.mec.ca/event/173601/mec-victoria-fall-century-ride-2017
- 30 Reach The Beach (Westport, WA Coast) reachthebeach.org

October 2017

7 Manastash Metric Century (Ellensburg) drier-ride.org

November 2017

24 Black Friday Ride (MBBC Ride - Bellingham)

December 2017

18 or 20 Lighted Neighborhoods Ride (MBBC Ride - Bellingham)

Gatherings, Rides Events

September 7 - Let's get Serious about preventing

Bike Theft. Bellingham Police and Public Works departments are holding an information/discussion session about the Project 529 Bicycle Registration Program, to facilitate a community-wide effort to address bike theft in Bellingham. September 7, 7pm, Bellingham Police Department training room. 505 Grand Avenue. see p. 7

September 24 - Bellingham Bay Marathon with

MBBC volunteer cyclists leading out the runners.

October 14 - Shoot the Trails Awards presented by the Whatcom Mountain Bike Coalition. Tickets available for sale beginning on September 18 from Bellingham and Ferndale local bike shops. Photo and video entries due before October 8. Details and rules: wmbcmtb.org/shoot-the-trails-awards/ or

email wmbcstt@gmail.com

City of Bellingham Parks Trail Work Parties

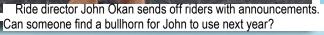
cob.org/gov/public/volunteer/parks/pages/schedule.aspx

CHUCKANUT CLASSIC 2017

Perfect weather, our beautiful Whatcom County roads and sights, and our new Ride Director John Okan put on a successful Chuckanut Classic on August 27th. Approximately 350 riders participated









Bow Hill Blueberries: a great place for a rest stop

fary says: BEE safe, BEE seen.

Quiet morning for cycling down Chuckanut Drive

Family Ride stops to visit the Marine Center





Without the time and effort of our volunteers, both before (in some cases a full year before) and during the event, the Chuckanut Classic would not be possible. Thank you all!

Chuckanut Classic 2017 director: John Okan

Angie Desler Judy Perry Ashni Bhathella Kamryn Clark Ben Satterwhite Kathy Whitmer Ben Sokol Katie Perkins Bill McCourt Ken Gass **Brian Smart** Kerry Perry Bunny Finch Kristi Scherner Carolyn Gibbons Kyle Murphy

Cora Boothby

Cyndi O'Brien

Dianne Rappaport

Doug Schoonover

Deb Pelham

Drake Kirby

Dvlan Dinkuhn

Ellie Clothier

Eva Airoldi

Greg Rehm

Holly Miller

Jim Kruse

John Stewart

Judy McCourt

Hailey Peterson

Jennifer Longstaff

Hilary Higgins

Chris Adams Laurie Campbell-Hewitt Colleen Haggerty

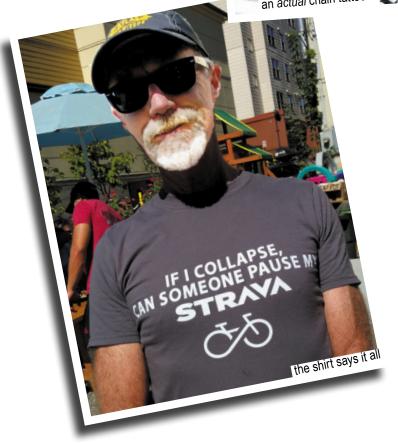
Leila Jones Maren Thompson Mark Robinson Mark Steinberg Melissa Pickel Michele Johnson

Mike Webb Pea Smith Phil Stephenson Prithvi Randawa Regina Twigg Sheree Johnson Sophia Simonson Sophie Jones

Tessa Haggerty-Robinson

Tessie Robertson

Tom Smith Trent Vigor



MBBC ADMINISTRATION

Mount Baker Bicycle Club Board of Directors and Officers:

Hilary Higgins - President John Okan - Vice President Jennifer Longstaff - Secretary/Membership Dina Soda -Treasurer Bill McCourt, Greg Rehm, Tim Ryan - at large

Project leaders:

Chuckanut Classic: John Okan and committee Chuckanut Classic marketing: Trent Vigor Volunteer Coordinator: Carol Spano Ride Leader Coordinator: Dave Dardano Website Maintenance: Jennifer Longstaff

Graphic Design: Tim Ryan

Bike to Work Day Stations: Mary Cole (Everson),

lan McCurdy (Bellingham)



Club Bike Jerseys

The official MBBC bike jersey is available in two styles: a colorful (1) short-sleeved 3/4 zip, available in men's and womens' club cut sizes (2) long-sleeved full zip thermal in men's and women's race cut. Jerseys may be ordered directly from Voler.com. voler.com/browse/collections/ details/li/MtBakerBicycleClub. MBBC members: discount code available on website Member Center: see Member Offers menu item.

Contacts:

Information-- bikebeham@gmail.com Chuckanut Classic -- chuckanut@mtbakerbikeclub.org Newsletter -- news@mtbakerbikeclub.org

Contribute to the MBBC newsletter

submission guidelines:

Articles, editorials, photographs, and artwork are welcome for inclusion in the newsletter. Anything related to bicycling will be considered; please discuss ideas with the editor (news@mtbakerbikeclub.org) in advance to reserve newsletter space or if you have questions. Final materials are due the last Friday before the last full week of every month, though earlier submissions are appreciated. Text can be submitted in any common format, for example: plain text, HTML, MS Word, PDF. Please use JPG, PNG, or TIFF format for photos, and ensure they are at least 250 ppi. Articles may be edited for grammar, spelling, and space considerations.

Please notify the MBBC of upcoming cycling events for inclusion in the events list/calendar. Provide details plus contact information.

Classified ads are a MBBC member privilege and are printed as space is available.

individual and corporate membership forms may be downloaded from: mtbakerbikeclub.org/membership

MBBC Membership Form for 2018

- New Member	- Renewing Member	- This is a chari	igo oi addicas					
Last name:		First name:						
Address:								
	State:		al Code:					
Contact telephone nu	ımber:							
Associate member: (An associate member is any person living at the same address as the individual member) I would like to receive my newsletter via (choose one): on-line or printed & mailed								
	·	•	•					
Would you like to help? Volunteers are our most valuable resource.								
Please check any of the boxes that appeal to you and we will be in touch:								
Board Membe	er 🗖 Ride Leader	□ Newsle ²	tter					
☐ Chuckanut Cla	assic 🗖 Bike to Work	☐ Bike to Work and School Day						
	s	•	ion					

MBBC memberships are valid January-December of each year. Renewals due every January.

-	Membership type:						
	Individual: \$20 Family/Associate: \$30 Additional Donation: (donations support community bicycling programs)						
-	Total enclosed: \$						
	Please enclose a check payable to: Mt. Baker Bicycle Club						

Mail to: Mount.Baker Bicycle Club attention: membership Post Office Box 2702 Bellingham, Washington 98227

BICYCLING WORK & STATUS NEWS FROM THE CITY

For many years, Bellingham has been honored to be designated as a Silver-level Bicycle Friendly Community by the League of American Bicyclists. Cities must reapply for this status every 5 years and the city's Transportation Planner, Chris Comeau, has recently submitted Bellingham's application to hopefully be promoted to a Gold-level Bicycle Friendly Community.

Bellingham's last application was in 2012, which maintained our Silver-level status. Since then we've accomplished a tremendous amount of work in planning, funding, and constructing bicycle infrastructure throughout the city, as well as continuing to provide education and resources for bicyclists in Bellingham. In September 2017 the city will begin installing wayfinding signage and markings on existing bicycle routes, the beginning of the implementation of the *Bicycle Wayfinding System* plan that was completed in 2016.

Lots of information about the city's ongoing bicycle infrastructure work can be found at cob.org/bikes. You are also encouraged to contact **Chris Comeau** directly: **ccomeau@cob.org** or **360.778.7946**.

League of American Bicyclists Survey

Members of the MBBC and other Whatcom County bicyclists are invited to participate in an online survey from the League of American Bicyclists. It takes about 5 minutes to complete and its results will be very helpful to Bellingham's bicycle planning work.

surveymonkey.com/r/BFC_FA17_BellinghamWA

Please share the above survey link with other cyclists and encourage all to take the survey. It will remain open until September 30th.

Let's Get Serious about Preventing Bike Theft in Whatcom County

Bellingham Police and Public Works departments are holding an information/discussion session about the Project 529 Bicycle Registration Program, to facilitate a community-wide effort to address bicycle theft in Bellingham.

September 7, 7pm, Bellingham Police Department training room. 505 Grand Avenue Kim Brown for more details: kimbrown@cob.org The *Project 529 Garage*: project529.com

Bike/Ped Count set for September 26-28, 2017 - Counters needed

The 2017 statewide bicycle and pedestrian counts will be held Tuesday through Thursday, September 26-28, during morning and afternoon peak periods. This is the tenth year for the project in Washington.

Collecting data about bicycling and walking is critical to improving transportation systems. Compared to other transportation modes, bicycling and walking have historically received little attention when it comes to data collection and analysis. The count data will play a valuable role in planning, designing and funding bicycle and pedestrian projects, while helping us to better understand the factors that influence the levels of bicycling and walking in our communities.

Kim Brown, ADA Coordinator for the City of Bellingham, is coordinating the volunteer effort in Bellingham. Volunteers count at one location for a two-hour shift at either a morning (7-9am) or an afternoon (4-6pm) time on the date of their choice. If you'd like to help out with this important project, contact **Kim Brown**, Count Coordinator, at **kimbrown@cob.org** or **778-7950**.

For more information about the state's documentation project, see www.wsdot.wa.gov/bike/count.htm.
Bellingham's count data from previous years can be found at www.cob.org/bike.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Come De	ATO C	Service C			Sept 1	2 Donut Ride
Rabbit Ride Edison social ride Great NW Fall Tour	4 Labor Day	Tues Summer Ride Ferndale social ride Cycle Moles begins	6 Wed Workout Rides Cyclocross Practice	7 Up the County Ride Edison social ride Prevent Bike Theft city meeting	8	9 Donut Ride Recumbent Ride Hidden Gem MBBC Passport 2 Pain MS Ride day 1 Whistler Gran Fondo
10 Rabbit Ride Edison social ride REI Bike Maint class Spokefest	11 WaCanID Ride begins	12 Ferndale social ride Fanatik MTB ride	Wed Workout Rides Cyclocross Practice REI Bike Maint class	14 Edison social ride	15	16 Donut Ride Ride the Rim #2
Rabbit Ride Edison social ride Cycle the WAVE	18 Shoot the Trails tickets on sale	19 Ferndale social ride	20 Wed Rides Cyclocross Practice Rosh Hashanah begins	21 Edison social ride	22 Hutumn Equinox	23 Donut Ride Friday Harbor Bike-n-Brew Coeur d'Fondo Winthrop Gran Fondo
24 Rabbit Ride Edison social ride Kitsap Color Classic MEC Century Victoria	MBBC Oct/Nov Newsletter Deadline	26 Ferndale social ride Bellinghan	Wed Workout Rides Cyclocross Practice n Bicycle/Pedestrian C	28 Edison social ride ount Project	29 Yom Xijpur begins	30 Donut Ride Reach the Beach







Mount Baker Bicycle Club

Post Office Box 2702 Bellingham, Washington 98227



Bellingham, WA

SILVER



Welcome to Bellingham
Now Get on Your Bike!



BELLINGHAM .

TRAINING & TENNIS

CLUB

If you are a club member and wish to receive a printed version of the newsletter rather than online, please inform news@mtbakerbikeclub.org. Club members are entitled to a printed/mailed version sent to a US address..